

Follow these simple steps to dispose of
medicines in the household trash*

MIX

Mix medicines (do not crush tablets or capsules)
with an unpalatable substance such as dirt,
kitty litter, or used coffee grounds;



PLACE

Place the mixture **in a container**
such as a sealed plastic bag;



THROW

Throw the container
in your household trash;



SCRATCH OUT

Scratch out **all personal information** on the
prescription label of your empty pill bottle or
empty medicine packaging to make it
unreadable, then dispose of the container.

