

# **2016 Community Health Needs Assessment**

## University of Pennsylvania Health System

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University of Pennsylvania Health System

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## UNIVERSITY OF PENNSYLVANIA HEALTH SYSTEM

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### 2016 COMMUNITY HEALTH NEEDS ASSESSMENT



## **I. INTRODUCTION TO ASSESSMENT**

The **purpose** of the needs assessment is to **identify and prioritize community health needs** so that the University of Pennsylvania Health System can develop strategies and implementation plans that benefit the public as well as satisfy the requirements of the Affordable Care Act.

### **ABOUT THE UNIVERSITY OF PENNSYLVANIA HEALTH SYSTEM**

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The University of Pennsylvania Health System ("UPHS") is one of the world's leading academic medical centers, dedicated to the related missions of medical education, biomedical research, and excellence in patient care. Penn Medicine consists of the Raymond and Ruth Perelman School of Medicine at the University of Pennsylvania (founded in 1765 as the nation's first medical school) and UPHS, which together form a \$5.3 billion enterprise. The Perelman School of Medicine has been ranked among the top five medical schools in the United States for the past 18 years, according to U.S. News & World Report's survey of research-oriented medical schools. The School is consistently among the nation's top recipients of funding from the National Institutes of Health, with \$373 million awarded in the 2015 fiscal year.

In the city of Philadelphia, UPHS's patient care facilities include: The Hospital of the University of Pennsylvania ("HUP") and Penn Presbyterian Medical Center -- which are recognized as one of the nation's top "Honor Roll" health systems by U.S. News & World Report -- and Pennsylvania Hospital -- the nation's first Hospital, founded in 1751. UPHS is committed to improving lives and health through a variety of community-based programs and activities. In fiscal year 2015, UPHS provided \$253.3 million to benefit our community and had 2,503 licensed beds. UPHS is a valued health-care resource, especially to people residing in the greater Philadelphia area. During the course of a year, it admits over 118,000 patients and accounts for over 4.7 million outpatient visits, more than 295,000 emergency room visits and more than 16,000 births.

The Hospital of the University of Pennsylvania ("HUP"), the flagship hospital, was established in 1874 as a teaching hospital to complement the medical education received by students at the University of Pennsylvania's medical school, the Perelman School of Medicine. It has 18 clinical departments and provides training in more than 40 clinical specialties. Major areas of investigation include heart disease, cancer, and

diseases of aging, such as Alzheimer's disease, women's health, endocrine disorders, and obesity. HUP is the only hospital in this area that performs transplants of all major organs. UPHS's Level 1 trauma center, which operates around the clock to care for patients who have been critically injured in car accidents, falls, and through blunt and penetrating traumas, is now located at Penn Presbyterian Medical Center. The Center cares for more than 2,200 patients annually, several hundred of whom are transferred from other Health Systems via the fleet of PennStar medical helicopters and ground ambulances. Both HUP and Penn Presbyterian Medical Center also care for a large number of patients who are transferred here with time-sensitive cardiac and surgical emergencies.

In keeping with its charitable purpose, UPHS accepts patients in serious need of medical care regardless of their financial status. UPHS also provides care to patients who do not have health insurance or meet the criteria to qualify for its charity care policy. UPHS operates emergency rooms open to the public 24 hours a day, 7 days a week; maintains research facilities for the study of disease and injuries; provides facilities for teaching and training various students and medical personnel; facilitates the advancement of medical and surgical education; and provides various community services such as providing basic medical care for the homeless, treating of chronic disease for low-income residents, and providing women's health services to uninsured and low-income women of all ages; screenings for the detection of cancer particularly cancers of the breast, colon/rectum, lung, and skin, cancer support groups, a toll free number for cancer information, free immunization shots, training programs for the city fire and police departments, health education classes and speeches in a variety of settings throughout the city and throughout the year. UPHS also partners with many entities including foundations such as the American Cancer Society to extend the reach of its services to the community.

## **PURPOSE**

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This report summarizes the results of an assessment of the health status and unmet health care needs of residents in UPHS's Philadelphia-based acute care hospitals' service area.

The purpose of this needs assessment is to identify and prioritize community health needs to enable UPHS to develop strategies and an implementation plan that benefit the public, as well as satisfy the requirements of the Affordable Care Act. The needs assessment was conducted by Public Health Management Corporation (PHMC), a private non-profit public health institute.

This Assessment section includes:

- a definition of the community assessed in the report;
- a description of the previous needs assessment; and
- the qualifications of PHMC to conduct the assessment.



## COMMUNITY DEFINITION

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The community (2015 Pop. 633,031) for purposes of this needs assessment was defined as the Zip codes where **75% of UPHS's inpatient admissions derive.**

For purposes of UPHS's Community Health Needs Assessment, UPHS's service area includes the following zip codes in the City of Philadelphia: 19102, 19103, 19104, 19106, 19107, 19123, 19130, 19131, 19139, 19142, 19143, 19145, 19146, 19147, 19148, and 19151. This service area comprises the zip codes in which 75% of inpatients discharged from UPHS reside.

## PREVIOUS NEEDS ASSESSMENT

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In addition to providing direct patient charity care, in furtherance of its exempt purpose to benefit the community, UPHS previously completed community health needs assessments to identify the most pressing health needs in the service area and determine how best to address those needs.

Below is a listing of the unmet health needs identified in those assessments:

### Hospital of the University of Pennsylvania

- Access to, and coordination of, primary, preventive and dental care for adults, particularly those individuals living in poverty;
- Access to dental care, prescription coverage, and specialty care for adults and children;
- Cultural and language barriers, particularly among non-English speakers, Asian and Latino populations;
- Navigation of the complex health care system;
- Heart disease and cancer for all residents;
- Smoking prevention, interventions, and cessation programs;
- Behavioral health conditions and treatment options for adults, teens, low-income and uninsured individuals;
- Neighborhood safety;
- Long waiting lists for services; and
- Women's health needs, specifically obstetrical care and routine cancer screenings.

### Penn Presbyterian Medical Center

- Access to, and coordination of, primary, preventive and dental care for adults, particularly those individuals living in poverty;
- Access to dental care, prescription coverage, and specialty care for adults and children;
- Cultural and language barriers, particularly among non-English speakers, Asian and Latino populations;
- Navigation of the complex health care system;
- Heart disease and cancer for all residents;
- Smoking prevention, interventions, and cessation programs;
- Behavioral health conditions and treatment options for adults, teens, low-income and uninsured individuals;
- Neighborhood safety;
- Long waiting lists for services; and
- Women's health needs, specifically obstetrical care and routine cancer screenings

### Pennsylvania Hospital

- Access to primary and preventive care for adults and children, particularly women and those individuals living in poverty;
- Access to behavioral health care, dental care, and prescription coverage for adults and children.
- Cultural and language barriers particularly among non-English speakers, Asian and Latino populations;
- Navigating the complexities of the health care system;
- Neighborhood safety;
- Long waits for certain health care services;
- Heart disease and cancer for all residents;
- Smoking prevention, interventions, and cessation programs; and
- Women's health needs, specifically for Obstetrical and routine Gynecological care and specifically for low-income women.

The next section identifies the areas that were prioritized, and the progress toward improving the health of UPHS's community.

## IMPACT OF THE 2013 NEEDS ASSESSMENT

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In 2013, UPHS completed Community Health Needs Assessments (CHNA) to identify the most pressing health needs in our service area and determine how best to address those needs. UPHS has been committed to improving lives and health outcomes for members of our community for decades. To that end, UPHS operates emergency rooms open to the public 24 hours a day, 7 days a week; maintains research facilities for the study of disease and injuries; provides facilities for teaching and training various students and medical personnel; facilitates the advancement of medical and surgical education; and provides various community services such as providing basic medical care for the homeless, treating chronic disease for low-income residents, and providing women's health services to uninsured and low-income women of all ages; screenings for the detection of breast, colorectal, and skin cancer, cancer support groups, a toll free number for cancer information, free immunization shots, training programs for the city fire and police departments, and health education classes and speeches.

We recognize that despite our best efforts, there remain some unmet health needs which were highlighted by our most recent CHNA in 2013. In recognition of those needs identified in the most recent CHNA, as well as our general familiarity with our community and the issues and obstacles they face, over recent years we have doubled down on our community related health improvement efforts. Below are some expanded program descriptions for just a small number of the many community care initiatives underway at UPHS:

Increasing access to primary care and health services:

- The Department of Family Medicine and Community Health (DFMCH) and the Division of General Internal Medicine (DGIM) have developed many programs to increase access to primary care for our populations:
  - DFMCH expanded its residency program (from 6 to 9 per year) to train additional primary physicians. Approximately 25% of residents graduating from the program practice in underserved areas in the community and staff several area FQHCs including Sayre Health Center, Spectrum Health Services, and Greater Philadelphia Health Action, Wilson Park Health Center.
  - DFMCH has continued to expand its clinical services consisting of full scope Family Medicine with the intention of expanding from 45,000 primary care visits annually to our current capacity of 65,000 visits. Approximately one third of DFMCH's patients receive Medicaid funding for insurance.

- Several specialized clinics have been developed to improve access to health care services for the West Philadelphia community including:
  - Imbedded mental health services through partnership with the Department of Psychiatry to provide direct access to mental health integrated with primary care using an integrative behavioral health care approach.
  - Direct Access Program to allow patients walk-in access to primary care without the need for an appointment for those with recognized challenges of coordinating and making scheduled appointments.
  - SuperUtilizer Program – This Priority Access program was developed as an outreach program for patients who frequently use the Emergency Department or require frequent inpatient admissions. The program identifies at risk patients using advanced hovering technologies in our EMR to allow real-time assessment of health status and utilization patterns, provide improved access and direct communication to proactively identify and address ambulatory care sensitive conditions to help support high quality, cost-effective care for this vulnerable population.
  - LGBT Program – DFMCH developed an embedded care clinic for this patient population to improve access to care as well as educational mentorship for medical students and primary care residents.
- Community Medicine Rotation: residents participate in a community medicine rotation in four-week blocks in their second and third years. DFMCH residents provide health promotion sessions (hypertension, diabetes, arthritis, cancer screening, cardiovascular disease and stroke prevention) at a variety of settings in West Philadelphia in addition to adult and pediatric health promotion sessions. They provide services at local FQHC's, United Community Clinics (UCC), which serves low-income patients in the West Philadelphia community; Unity Clinic, which provides service to a Southeast Asian immigrant population; Prevention Point Philadelphia Streetside Health Project, which provides care to patients struggling with homelessness and substance abuse; two federally qualified health centers (Haddington Health Services and Family Practice and Counseling Network), which provide care within the Philadelphia health care safety net; Mazzoni Center, which targets the lesbian, gay, bisexual, and transgender communities; a home visitation program; and Philadelphia Department of Public Health's food safety inspection services at the People's Emergency Center (PEC).

- Federally Qualified Health Care Centers. The DFMCH has physician service contracts with Family Practice & Counseling Network (FPCN), Sayre Health Center, Spectrum Health Services, and Health Annex at Myers Recreation Center to provide prenatal care and delivery services for patients presenting to those clinics. There are 279 deliveries across all FQHCs.
  - DFMCH faculty serve as the clinical leaders of the Dr. Bennett L. Johnson Jr. Sayre Health Center (SHC), a Bridging the Gap site. The DFMCH has physician service contracts to provide executive leadership for an interdisciplinary training program at SHC, supporting the Medical Director, and Director of Graduate Nursing Education (HUP grant) for the site. These roles also include hosting several funded health fairs throughout the year.
  - The SHC has been recognized for its high adolescent immunization rates that exceed 95% for several vaccines. Additionally, the center has one of the lowest missed vaccination rates in the City of Philadelphia and achieved one of the highest influenza vaccine uptake rates among African Americans.
- Residents in the Internal Medicine Primary Care program at Penn provide clinical care at a number of community based sites including Prevention Point Philadelphia, the Lax Center, Philadelphia Department of Public Health Ambulatory Health Centers 3 and 4, Puentes de Salud, Ralston House, Penn Health for Women at the Philadelphia Veterans Administration Medical Center, the United Community Clinics ("UCC"), and the Refugee clinic.
- UCC's *Heart Health Bridges to Care (HHBC)* clinic provides long-term continuity care for uninsured individuals with hypertension including free medications, diet and lifestyle counseling, and free lab testing.
- The Family Medicine Residency Program developed and implemented a longitudinal elective at UCC's HHBC to provide clinical care on a weekly basis, and mentor medical, nursing, and pharmacy students.
- University City Hospitality Coalition Medical Clinic, run by Penn medical students, physicians, and pharmacists, provides free health services to low-income and homeless individuals in West Philadelphia. It also provides hot meals, and dental, legal, and referral services for social needs (shelter, housing, food, and clothing).
- Unity Clinic, a free community clinic primarily for non-English speaking Southeast Asian immigrants, provides primary care with translation services with partnerships with family medicine residents and Penn medical students - Family Medicine residents and faculty contribute about 20 hours of time per month in both direct care and health promotion.

### Women's Health Services:

Women's health services for our underserved populations are provided as part of UPHS's operations and through safety net programs. Some examples are listed below:

- Pennsylvania Hospital's Women & Children's Health Services (WCHS) provides quality medical care to all patients, regardless of their ability to pay.
- Latina Community Health Services serves Hispanic, undocumented women through ongoing and high-risk obstetric and gynecologic care, prenatal diagnostic testing (ultrasound, biophysical profiles, non-stress tests), laboratory testing, contraceptives, cervical cancer screening, and medications to treat STDs. Neighborhood-based bilingual lay health promoters trained by Penn nurse coordinators also teach community members about cervical cancer prevention and schedule participants for pap screenings.

### Special Services for Immigrants and Refugees:

- Puentes De Salud/Bridges of Health, staffed by UPHS doctors, nurses, and students, provides primary care to undocumented and uninsured Latino immigrants. A UPHS emergency medicine physician oversees the program on a volunteer basis. Puentes has grown to include services by students from Penn's schools of social policy & practice, law, and dental medicine -- as well as students from other area universities and hospitals. More recently, the organization expanded to include Puentes Hacia el Futuro, an after-school program for elementary school students, which now includes more than 100 volunteer tutors from Penn and area colleges.
- The Penn Asian Health Initiatives (PAHI) in the Department of Family Medicine and Community Health provides primary health care services, including testing, treatment, and education, to low-income, mostly non-English speaking, Asian immigrants
- The Refugee Clinic at the Penn Center for Primary Care, run by the Internal Medicine Residency program and HIAS Pennsylvania operates every Monday afternoon with over 20 rotating residents, and, under the supervision of attending physicians, sees over 75 new arrivals per year.
- Refugee Women's Clinic provides health education and culturally competent healthcare to refugee women who have resettled in Philadelphia.

### Prescription assistance for the community:

- UPHS's Penn's Way Charitable Campaigns in 2014 and 2015 supported an outpatient pharmacy program at HUP to help support in need patients fill their prescriptions.

### Health Navigation Services:

- In Puentes De Salud/Bridges of Health, trained promotoras de salud/health promoters from the community escort patients to their visits and ensure compliance with their health care management plans.
- IMPaCT is a peer-support program that trains area residents to become community health workers, who in turn help low-income patients maintain their health and avoid hospitalization. The workers help patients schedule doctors' appointments and tests, obtain medications and maintain adherence to treatment, and find child care, transportation, and shelter. IMPaCT is also helping to train medical students to understand social and systemic determinants that shape the health of populations.
- The Penn Medicine Breast Health Initiative/Healthy Woman Program provides free SEPTA tokens for patients to get to their appointment, translator services, education about breast cancer prevention, and assistance with appointment scheduling and follow up.
- The Penn Medicine Colorectal Cancer Screening Navigation Program was established in 2011 and serves men and women over 50 who have insurance and have received a provider order to undergo colonoscopy. The program provides free assistance with Penn Medicine colonoscopy scheduling, translator services, prep materials, SEPTA tokens, and a personal navigator to escort them to the GI endoscopy suite once they arrive at Penn Medicine. This program has been funded by multiple foundations including the American Cancer Society, the Colon Cancer Alliance, the Get Your Rear in Gear Foundation, Penn CARES and an anonymous donor. To date, over 450 patients who previously had not been able to access and/or complete colonoscopy screening have been screened.
- Colorectal cancer screening: the free West Philadelphia colorectal cancer screening program was started by two UPHS physicians to improve colorectal health among African American residents of our community. A trained patient-navigator helps patients understand the preparation process for colorectal cancer screening, which they are often nervous about. The navigators also supply free preparation materials and transportation to and from the procedure, and ensure that patients receive information matched to their level of health literacy. Program staff work with community organizations on educating residents on the importance of screening and about this initiative.
- Philadelphia Promise Zone Health and Wellness Committee. In 2014, the City of Philadelphia was selected as one of only three cities in the U.S. for a Promise Zone designation. U.S. Promise Zones are a new federal initiative led



by the White House with support from federal agencies, including the U.S. Department of Housing and Urban Development, U.S. Department of Agriculture, U.S. Department of Justice and U.S. Department of Education. The Obama Administration created the Promise Zone initiative to address the challenges of areas of deep and persistent poverty. The target area of the Philadelphia Promise Zone (PPZ), which includes Penn Presbyterian Medical Center and is adjacent to the University of Pennsylvania campus, is roughly two square miles. Penn Medicine faculty and staff serve on the Promise Zone Health and Wellness committee and lead efforts for the Access to Care working group. This group provides Medicaid Enrollment outreach and support to West Philadelphia residents, and navigation support to increase access to primary care.

#### Health screening and promotion:

- United Community Clinics (UCC), an interdisciplinary student-run clinic, provides weekly screening and prevention/counseling services to the underserved population in West Philadelphia supported by faculty from the Departments of Medicine and Family Medicine and Community Health. In 2015, UCC saw a total of 478 patients (56% had no health insurance and 68% had no prescription drug coverage). Residents and faculty contribute approximately 20 hours of time per month to this clinic.
- UCC services also include dental screenings by the Dental School, HIV screening, behavioral health counseling with the Penn School of Social Policy & Practice, and Eye exams by a Scheie Eye program.
- Cut Hypertension, operated by Penn medical students, provides onsite blood pressure screening, referral and evidence-based recommendations for men in West Philadelphia barbershops.
- Old St. Joseph's Homeless Program features health presentations at old St. Joseph's Church in Philadelphia. Once a month, Pennsylvania Hospital nurses provide health education ranging from psychiatry to diabetes.
- Every autumn, Penn Asian Health Initiatives administers free influenza vaccines to uninsured and underinsured members of the Vietnamese American community (about 3,000 vaccine doses have been administered to date). Dozens of health education workshops have also been delivered on topics such as cancer screening and prevention, diabetes, and hypertension.
- In 2014 - HUP joined forces with the City of Philadelphia Department of Health, by offering influenza vaccines to community members. At the height of the Ebola Virus Disease outbreak of 2014, Penn Medicine met with leaders in the African community to address health concerns and screening protocols. The initial talks, coordinated by Palms Solutions, led to a community



discussion/educational program in January 2015. At the conclusion of the program, which had over one hundred attendees, the influenza vaccine was offered; approximately thirty persons received the vaccine. In 2015 HUP's Community Health Outreach Program and DFMCH collaborated with community organizations and offered influenza vaccines at the beginning of the season at many events: a soccer tournament featuring a community health and resource fair, a local church program highlighting health, and at three local women's shelters. Vaccines were provided to women, children, and employees of the three participating shelters. The 2015 campaign reached about 300 people in a variety of locations in Philadelphia

- Cancer screening: Penn Medicine has multiple, free cancer screening programs to improve colorectal and breast health among residents of our community.
  - The Penn Medicine Breast Health Initiative/Healthy Woman Program was created in 2014 to provide women over 40 years of age with access to free mammography screening and diagnostic studies at Penn Medicine. This program is funded by the Pennsylvania Department of Health's Healthy Woman Program as well as multiple grants including two Komen Foundation grants, the First Hospital Foundation, The PPMC Bach Fund, the Department of Surgery's Harrison Fund, and Penn CARES. To date, over 450 female residents of Philadelphia have received mammography and other breast health services through this program.
  - DFMCH continues to pilot colorectal cancer screening programs to meet the growing need of colorectal cancer screenings for patients overdue for screening. Patients overdue for screening are mailed a fecal Immunochemical Test (FIT) to complete at home and mail it directly to the lab. DFMCH is also collaborating with the VA and FQHCs to implement a similar program.
  - Penn Medicine is also supporting the 80 by 2018 campaign of the National Colorectal Cancer Roundtable to improve access to colorectal cancer screening in four communities and our faculty are leading both regional and local efforts to increase access to screening.

#### School-based programs:

- Philadelphia School District: In collaboration with the Center for Public Health Initiatives, Family Medicine residents and faculty developed a community-academic partnership, with the Henry C. Lea Elementary school in West Philadelphia to address identified health curriculum gaps. This model

engages Family Medicine residents in the development and implementation of a middle school health curriculum. The model serves 40 youth each week.

- DFMCH partners with the School District of Philadelphia, through the William Sayre High School, to provide after school educational and physical activity programming: Sayre's On the Move, as well as Prescription for Nutrition: vegetable bags for patients of the BLJ Sayre Health Center.
- DFMCH faculty, residents and medical students provide sports physicals for local schools, including: West Catholic High School, Bartram High School, Southern, Girard Academic Music Program (GAMP), Overbrook High School, Sayre High School, Paul Robeson High School for Human Services, Academy at Palumbo, Parkway West High School and West Philadelphia High School, utilizing volunteer faculty time.

Grant making program to fund community initiatives:

- CAREs Grant. Penn Medicine faculty, staff and students throughout the organization donate their time and expertise to provide countless hours of work to improve the health and well-being of the communities we serve. To help with these efforts, the Penn Medicine CAREs Grant program was established to offer institutional support to these individuals and programs in the form of grants — awarded quarterly — that can be used for the purchase of supplies and other resources needed to perform this important work in the community. Penn CAREs supported 40 community programs in 2015 – see [https://issuu.com/pennmedicineneeds/docs/cares\\_grant\\_recip\\_brochure/1](https://issuu.com/pennmedicineneeds/docs/cares_grant_recip_brochure/1)

Gift of Life – a Hospital and Healthsystem Association of Pennsylvania Campaign – increases organ and tissue donation in the region. In 2013-2015, Penn Medicine received awards to work with our local Organ Procurement Organization for organ harvesting and transplanting. Penn Medicine's campaign focused on the need for kidneys due to high percentage of renal disease in this area.

UPHS also works to educate the public about navigating the health care system and health and wellness by regularly providing health-related information to print, electronic, and internet media for broad public dissemination. In addition, educational programs in area high schools familiarize and prepare young people for careers in the health care arena. UPHS physicians, pharmacists, nurses, residents, and medical students share their expertise at dozens of free community events and health fairs every year. In addition to the programs discussed at length above, other examples include: vision, glucose, blood pressure, and prostate cancer screening; CPR training; stroke-

prevention classes at senior centers; monthly health education talks to homeless people at the Broad Street Ministry; Spanish-language presentations at community events and celebrations; body mass index readings; HIV/AIDS awareness education and testing; and healthy-sleep techniques. UPHS also operates the health education tent for the African American-themed Odunde festival, which attracts 500,000 people annually. And our hospitals host “pharmacy brown bags” where everyone who brings their medications, vitamins, and supplements receives a detailed overview of their drugs and tips for taking them properly. As a service to the community, UPHS also links eligible patients with appropriate subsidized health care and financial aid resources including patients from the city's district health centers who require specialized care not available in the community setting. UPHS faculty also volunteer their expertise to numerous public health committees and agencies at the community, state and national level, as well as professional organizations responsible for setting best-practice guidelines. Faculty also provide professional guidance and counsel to patient advocacy organizations throughout the area.

## **II. PROCESS AND METHODS**

PHMC applied the following five steps in conducting the needs assessment process:

- defining the community;
- identifying existing primary and secondary data and data needs;
- collecting primary and secondary data;
- analyzing data; and
- preparing a written narrative report.

To assist UPHS in further targeting community health needs, PHMC provided additional UPHS and geographic specific data in the Appendices to this report.

The data acquisition and analysis, community representatives, and information gaps are described in more detail below.

### **DATA ACQUISITION AND ANALYSIS**

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Both primary and secondary and quantitative and qualitative data were obtained and analyzed for this needs assessment.

Obtaining information from multiple sources, known as triangulation, helps provide context for information and allowed UPHS to identify actual needs.

**Quantitative information.** We obtained this information from the following sources:

- the 2013 American Community Survey, and 2015 and 2020 Nielsen-Claritas Pop-Facts;
- Pennsylvania Health Department vital statistics on births, deaths, communicable diseases, and cancer incidence (2008-2012 and 2009-2012); and
- PHMC's 2015 Southeastern Pennsylvania Household Health Survey.

These data were analyzed for the UPHS service area using the Statistical Program for Social Sciences (SPSS).

Frequency distributions were produced for variables with multiple years of data to determine trends over time. Also, for Household Health Survey measures, UPHS's service area was compared to Southeastern Pennsylvania to objectively identify and prioritize unmet needs.

In addition, quantitative data for each service area from the Household Health Survey was compared to health objectives for the United States from Healthy People (HP) 2020, and to data collected for Pennsylvania from the Center for Disease Control and Prevention's 2014 Behavioral Risk Factor Surveillance Survey.

**Qualitative information:** PHMC collaborated with UPHS to identify individuals living and/or working in the communities in the UPHS service areas near the Walnut Street West Branch Library at 40<sup>th</sup> and Walnut Streets in West Philadelphia and the Independence Branch Library at 7<sup>th</sup> and Market Streets who could provide input on the needs assessment as community members, public health experts, and as leaders or persons with knowledge of underserved racial minorities, low income residents, and/or the chronically ill. UPHS and PHMC worked together to obtain meeting venues, contact potential participants, and encourage attendance. The Walnut Street West meeting was held on January 20, 2016 and the Independence Branch Library meeting was held on January 27, 2016. Meeting participants were not compensated.

Participants who could not attend were invited to send written comments, and these were incorporated into the report. Input from the community meeting participants, including county and local health department officials and public health experts, was used to further identify and prioritize unmet needs, local problems with access to care, and populations with special health care needs. Qualitative information from the community meetings was analyzed by identifying and coding themes common to participants, and also themes that were unique. This information was organized into major topic areas related to health status, access to care, special populations, and unmet needs.

These data sources are described in more detail in the next section.

The information from this needs assessment will be used by UPHS to develop a community health implementation plan.

## PHMC SOUTHEASTERN PENNSYLVANIA HOUSEHOLD HEALTH SURVEY

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A total of **1,353 interviews were conducted with adults** residing in the UPHS service area, including 498 adults age 60 and over and 327 households with a selected child under the age of 18.

UPHS received input on the needs of the community, including the medically underserved, low-income, and minority populations from PHMC's 2015 Southeastern Pennsylvania Household Health Survey. The survey questionnaire examines health status and utilization of, and access to, health care among adults and children in the five-county area of Bucks, Chester, Delaware, and Montgomery Counties and the City of Philadelphia.

The survey was conducted through telephone interviews with people 18 years of age and older living in 10,018 households in Southeastern Pennsylvania. Of the total sample of 10,018 adults, 1,353 respondents lived in UPHS's service area. These 1,353 households also included 498 adults age 60 and over and 327 households with at least one child under the age of 18.

A total of 2,009 cell phone interviews were conducted with adults in the five county area. Cell phone respondents received the same survey questionnaire as landline respondents.

The survey includes many questions that have been administered and tested in national and local health surveys including:

- The National Health Interview Survey (NHIS) by the National Center for Health Statistics (NCHS);
- The Behavioral Risk Factor Surveillance Survey (BRFSS) by the Centers for Disease Control and Prevention (CDC);
- The California Women's Health Survey;
- The Social Capital Community Benchmark Survey (Kennedy School of Government, Harvard University); and
- The Survey on Childhood Obesity (Kaiser Family Foundation/San Jose Mercury News).

Households in each of the five counties were selected to guarantee representation from all geographic areas and from all population subgroups. When needed, the interviews were conducted in Spanish.

The survey was administered for PHMC by Abt/SRBI, Inc., a research firm in New York City, between December 2014 and March 2015.

The final sample of interviews is representative of the population in each of the five counties so that the results can be generalized to the populations of these counties.

Within each selected household with more than one eligible adult, the Last Birthday Method was used to select the adult who last had a birthday as the respondent for the interview (with the exception of the cell phone sample). In households with children, the child under age 18 who most recently had a birthday was selected as the subject of the child interview. The survey incorporates over-samples of people age 60-74 and 75 and older to provide a sufficient number of interviews for separate analyses of the responses of people in these subgroups.

Information from the survey was analyzed for the community as a whole and for the uninsured, medically underserved, poor, ethnic and racial minorities, children, and older adults. The results of the survey were taken into account in identifying the size and location of these medically underserved populations, their unmet health care needs, and any barriers they encounter in accessing services. Priorities among these needs were established by comparing the results of the 2015 HHS to Health People 2020 benchmarks, existing resources, and UPHS's existing programs and mission.

## **U.S. CENSUS**

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This report includes data on the characteristics of UPHS's service area residents and residents of Montgomery County and Philadelphia for the years 2013, 2015 and 2020. Data from the 2010 U.S. Census, estimates from the 2013 and 2015 American Community Survey, and the Nielsen-Claritas Pop-Facts Database projections for 2020 were also used. The Nielsen-Claritas Pop-Facts Database uses an internal methodology to calculate and project socio-demographic and socioeconomic characteristics for non-census years, relying on the U.S. Census, the Current Population Survey, and the American Community Survey.

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## VITAL STATISTICS

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The most recent information on births, birth outcomes, deaths, cancer, and reportable diseases and conditions for residents of the UPHS service area and for Montgomery County and the City of Philadelphia was obtained from the Pennsylvania Department of Health, Bureau of Health Statistics and Research. Five year (2009-2012) annualized average rates for natality and four year (2008-2012) annualized average rates for mortality and cancer incidence were calculated by PHMC. Mortality rates were age-adjusted using the Direct Method using the 2000 U.S. standard million population.

The denominators for all 2008-2012 and 2009-2012 vital statistics rates for the city, county, and state were interpolated from the 2010 U.S. Census and the 2015 American Community Survey. The number of women age 15-44 and age 15-17 was also interpolated from the 2010 US Census and 2015 American Community Survey.

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## 2015 COUNTY HEALTH RANKINGS AND ROADMAPS

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The *County Health Rankings* measure the health of nearly all counties in the nation and ranks them within states. The *Rankings* are compiled using county-level measures from a variety of national and state data sources. These measures are standardized and combined using scientifically-informed weights.

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## COMMUNITY MEETINGS AND INTERVIEWS

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UPHS solicited and took into account input from persons or organizations that represent the broad interests of the community it serves, including:

- Local city and county health departments in Southeastern Pennsylvania (SEPA);
- Members and/or representatives of medically underserved, low-income, and minority populations; and
- Written comments received on the most recent service and Implementation Strategy.

UPHS solicited and took into account input from persons or organizations that represent the broad interests of the community it serves. In general, input was received on the unmet health care needs, existing health care resources, and



special needs of minority and medically underserved populations. The community meetings in West and Center City Philadelphia on January 20 and 27, 2016, respectively, were guided by a set of written questions that focused on participants' perceptions of the most important physical and behavioral health problems in the area, programs that successfully address these issues, gaps in services, barriers to care, vulnerable and underserved populations, and how to best reach individuals in the community.

This input was solicited from 20 community representatives of the medically underserved, low-income, and minority populations in the service area and from the Deputy Health Commissioner of the Philadelphia Department of Public Health.

The input was received from 20 residents at the community meetings held at the Free Library of Philadelphia, Walnut Street West Branch on January 20, 2016, at a separate community meeting held at the Free Library of Philadelphia, Independence Branch, on January 27th, 2016, and in an interview with the Deputy Health Commissioner of the Philadelphia Department of Public Health on September 8, 2015. Anyone who could not attend was invited to send written comments at any time.

The 20 community members attending the meetings represented the organizations listed below, and included local government, public health experts, and members and representatives of medically underserved, low-income, and minority populations.

**Organizations representing medically underserved, low income and minority populations:**

Resources for Human Development  
United Block Captains  
Compassionate CDC, Better Health Network  
West Powelton/Saunders Park RCO (4)  
University of Pennsylvania/Help, Inc.  
Mt. Zion Baptist Church  
People's Emergency Center  
Odunde Festival  
Promise Zone  
Living Independently for Elders  
Sky Community Partners, Inc. (2)  
Penn's Village

Society Hill Civic Association  
Center City Residents Association  
LIFE UPenn (2)

**Government Agencies:**

City of Philadelphia Department of Public Health

The input from these community meetings is summarized in each section of this report, as pertinent.

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## INFORMATION GAPS

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Quantitative information for socioeconomic and demographic information, vital statistics, and health data was available at the zip code level for the service area. To fill potential gaps in information, these data were supplemented by detailed information about the service area obtained from the two community meetings held in West Philadelphia and Center City in January 2016.

### **III. COMMUNITY DEMOGRAPHICS**

Healthy People 2020<sup>1</sup> defines the **social determinants of health** (SDOH) as conditions in the environments in which people live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks. Conditions (e.g., social, economic, and physical) in these various environments and settings (e.g., school, church, workplace, and neighborhood) have been referred to as “place.” In addition to the more material attributes of “place,” the patterns of social engagement and sense of security and well-being are also affected by where people live.

Healthy People 2020 developed a “place-based” organizing framework, reflecting five key areas of SDOH:

- Economic Stability
- Education
- Social and Community Context
- Health and Health Care
- Neighborhood and Built Environment

We know that poverty limits access to healthy foods and safe neighborhoods and that more education is a predictor of better health. We also know that differences in health are striking in communities with poor SDOH such as unstable housing, low income, unsafe neighborhoods, or substandard education. By applying what we know about the SDOH, we can not only improve individual and population health but also advance health equity. Therefore, this section of the assessment provides information on many of the social determinants of health for the population living in the UPHS's service area.

#### **POPULATION SIZE**

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The population of the UPHS service area is 537,161.

It was 529,474 in 2013 and is predicted to increase to 550,986 in 2020; this represents an increase of approximately 21,000 persons over the next five years.

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<sup>1</sup> Healthy People 2020. Social Determinants of Health

## AGE

The age structure of the UPHS service area population is very similar to the population of Philadelphia as a whole.

Nearly one-half (46%) of the population of the UPHS service area is 18-44 years old; this represents 244,380 persons. This age group's share in the population is predicted to decline from 46% to 44% by 2020.

- The 18-44 year old age group in Philadelphia (41%) makes up a smaller percentage of the population than it does in the service area and is predicted to decline slightly to 40% by 2020.

More than one in five UPHS service area residents (22%) are between the ages of 45-65 (117,702). This percentage has not changed since 2013, and is predicted to remain the same into 2020.

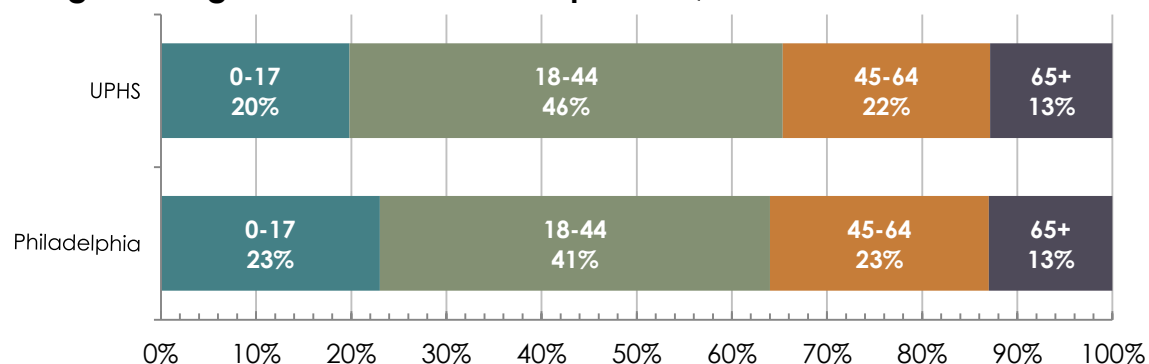
- A similar percentage of the Philadelphia population (23%) is 45-65 years old. This percentage is also expected to hold steady in the next five years.

One in five UPHS service area residents (20%; or 106,375 children) is a child age 0-17. This percentage has increased slightly from 19% since 2013, and is predicted to remain the same for the next five years.

- Similar to the UPHS service area, 23% of the Philadelphia population are children ages 0-17.

The 65+ population (68,704) makes up 13% of the service area population. This service area age group is predicted to increase slightly to 14% in the next five years.

**Figure 1. Age Distribution of the Population, 2015**



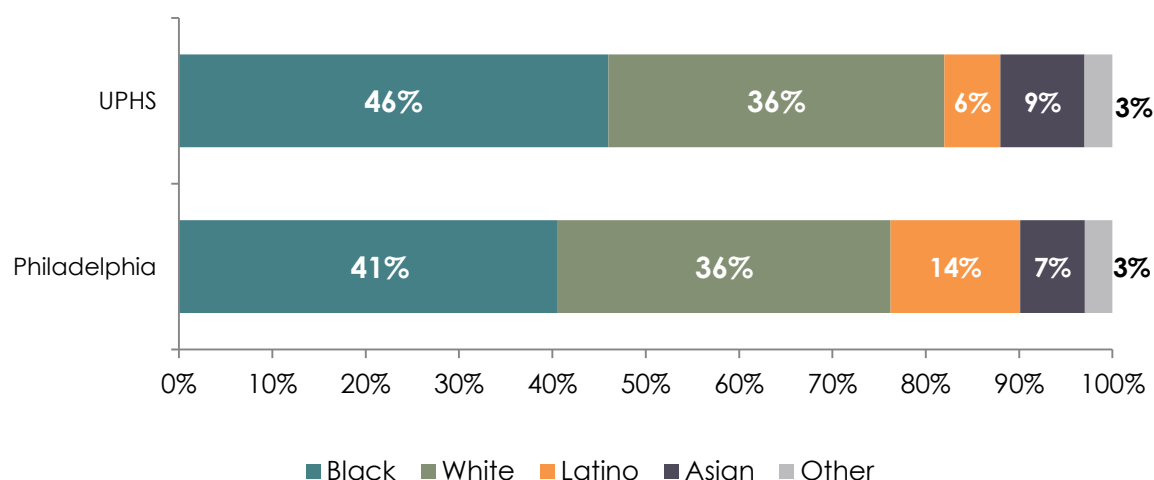
Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

## RACE/ETHNICITY

The UPHS service area is racially and ethnically heterogeneous. Blacks (46%) are the largest racial or ethnic group in the UPHS service area population. In addition, more than one-third of the population (36%) is White, 9% are Asian, 6% are Latino, and 3% identify as "Other".

- This pattern is slightly different than the pattern in Philadelphia overall, where the Latino and Asian populations are slightly larger: 41% of the population is Black, 36% are White, 14% are Latino, 7% are Asian and 3% identify as "Other."
- The proportion of Latino and Asian residents of the UPHS service area is predicted to increase slightly, from 6% to 7% and from 9% to 10%, respectively, by 2020. The Black population is predicted to decline slightly from 46% to 44% during that same time period.

**Figure 2. Race and Ethnicity, 2015**



Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

## LANGUAGE SPOKEN AT HOME

The overwhelming majority of residents of the UPHS service area (84%) speak English at home. Seven percent speak an Asian language, 6% speak another language, and 4% speak Spanish at home.

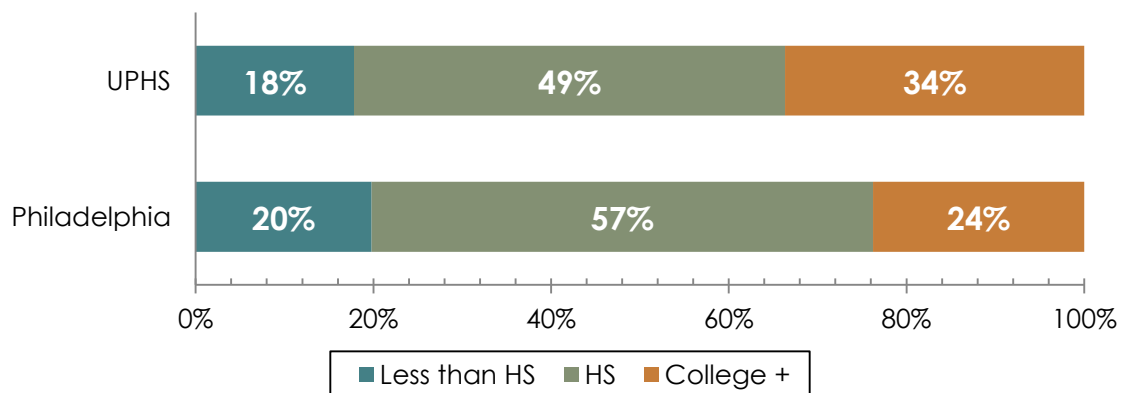
- The service area has a lower percentage of individuals who speak Spanish at home (4%) than Philadelphia as a whole (10%).
- The area has a slightly higher percentage of residents, 7% versus 5%, who speak an Asian language at home, than Philadelphia overall.

## EDUCATION

Slightly less than a majority of service area residents age 25 and over (49%) graduated from high school. An additional one-third (34%) have a college degree or more. Eighteen percent of residents did not graduate from high school.

- The educational attainment of residents in the service area has remained fairly stable over time.
- The UPHS service area has a higher percentage of residents with a college degree or more (34%) than Philadelphia as a whole (24%).

**Figure 3. Educational Attainment of Adults 25+, 2015**



Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

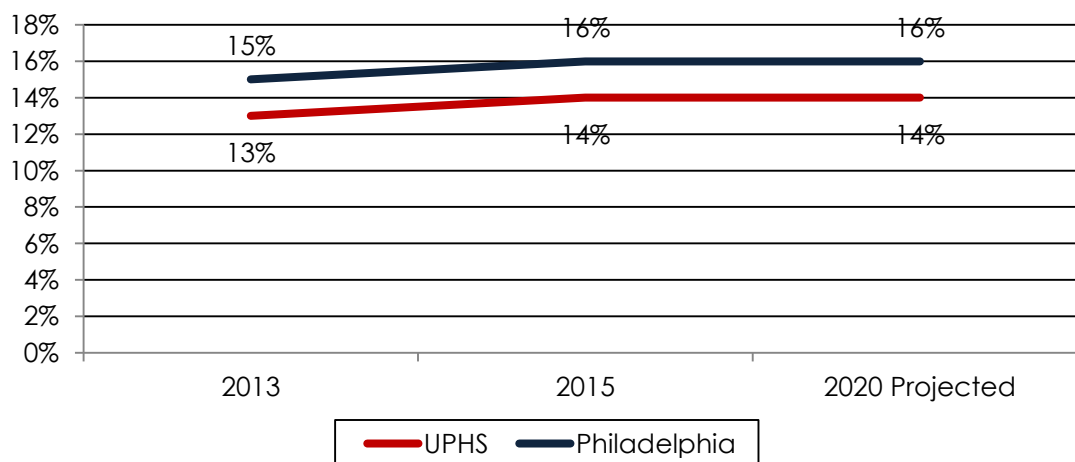
## EMPLOYMENT

The overwhelming majority of service area residents age 16 and over are employed (86%); 14% are unemployed.

- Unemployment has increased from 13% since 2013, and is predicted to stay at the current levels through 2020.

Unemployment is slightly lower in the UPHS service area (14%) compared to Philadelphia as a whole (16%).

**Figure 4. Unemployment Age 16+, 2013, 2015, and 2020**



Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

## POVERTY STATUS

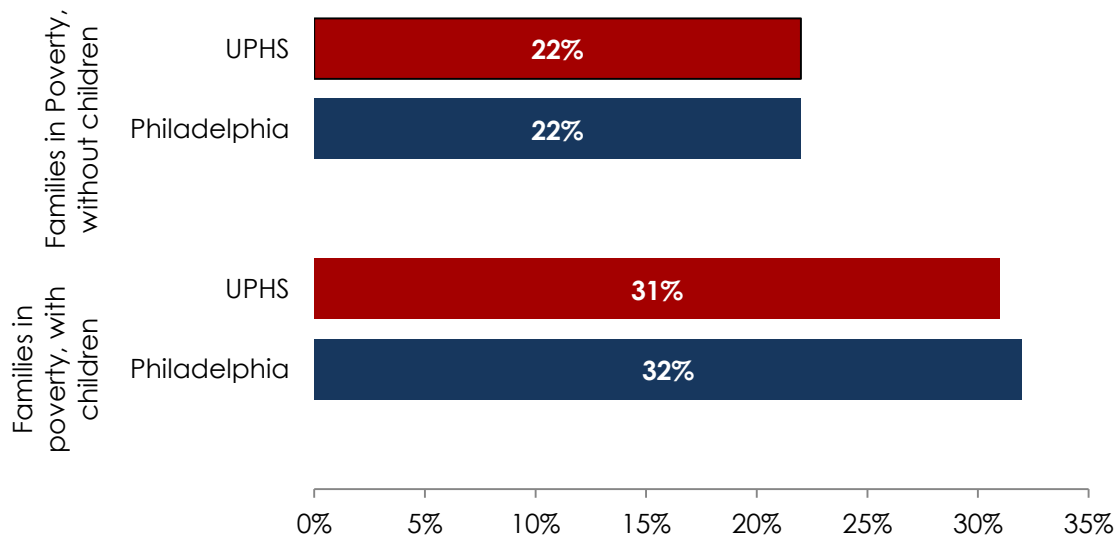
The majority of families in the UPHS service area (53%) are living in poverty.

About three in ten families with children (31%) and more than one in five families without children (22%) in the UPHS service area are living in households at or below the federal poverty level.

These percentages are expected to remain the same for the next five years.

Family poverty rates in the service area are comparable to rates in Philadelphia as a whole, where 32% of families with children, and 22% of families without children, also live in poverty.

**Figure 5. Families in Poverty, 2015**



Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

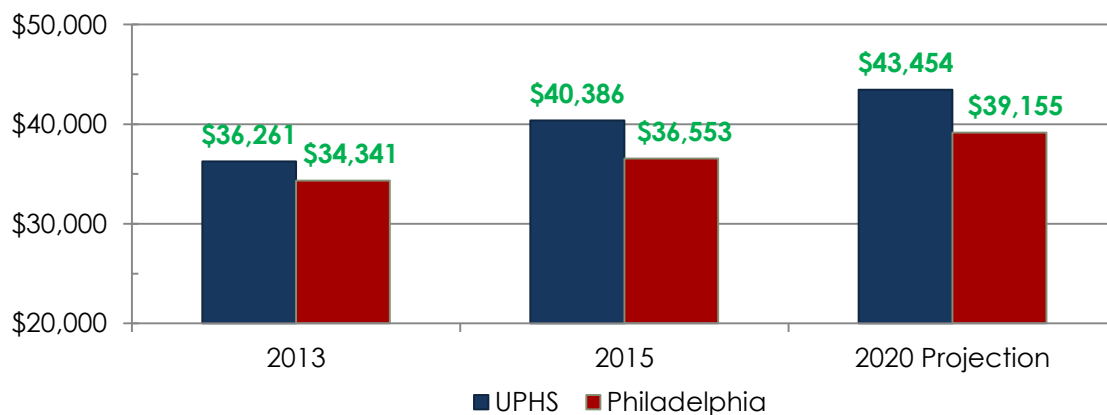


## MEDIAN HOUSEHOLD INCOME

The median household income in the UPHS service area is \$40,386. This represents a minimal increase from 2013 when it was \$36,261. It is predicted to grow to \$43,454 by 2020.

- The median household income in the service area (\$40,386) is slightly higher than the median household income in Philadelphia overall (\$36,553).

**Figure 6. Median Household Income, 2013, 2015, and 2020.**

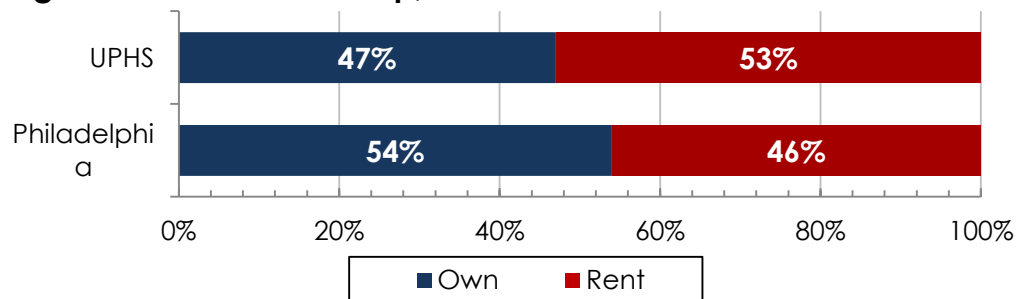


Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

## HOME OWNERSHIP

The majority of service area residents (53%) rent their homes, and 47% of residents are home owners. Home ownership rates in the UPHS service area are lower than in Philadelphia overall, where 46% rent and 54% own their homes.

**Figure 7. Home Ownership, 2015**



Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

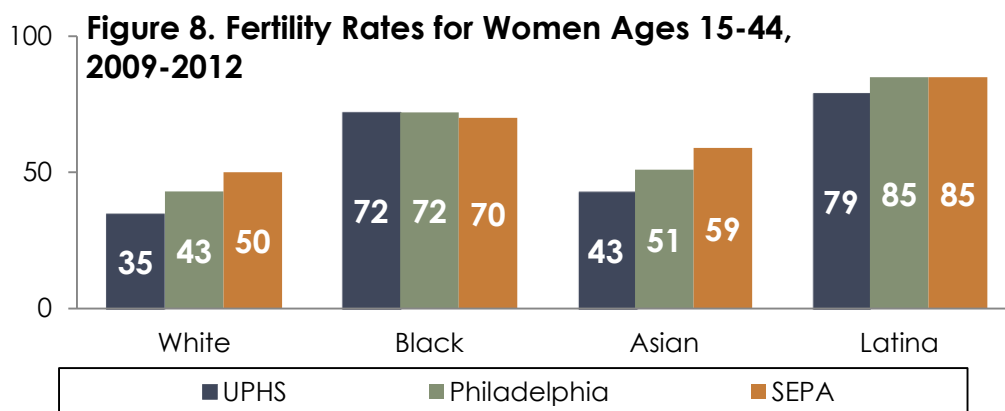
## IV. HEALTH OF THE COMMUNITY

The health of a community can be assessed by comparing birth outcomes, self-reported health status and health conditions, communicable disease rates, self-reported health concerns and perceptions, and mortality rates to statewide indicators and HP 2020 goals for the nation. This section examines information for the UPHS service area.

### BIRTH OUTCOMES

#### FERTILITY

There is an average of 7,528 births annually to women living in the UPHS service area. This represents a fertility rate of 56 per 1,000 women ages 15-44. This fertility rate is lower than the rate in Philadelphia (64) and the rate in the Southeastern Pennsylvania (60).



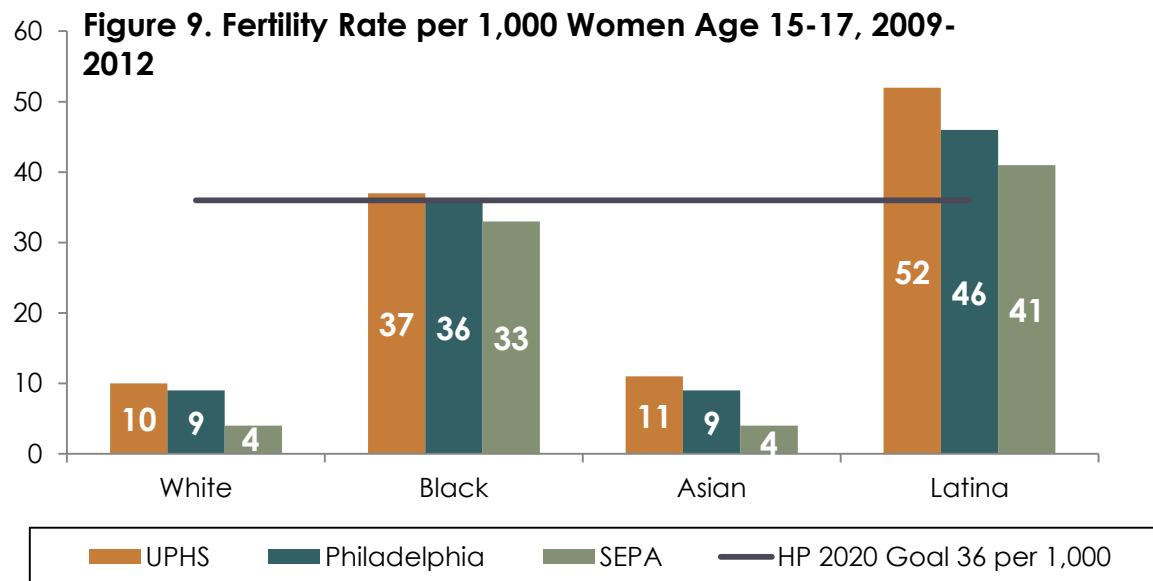
Sources: Pennsylvania Department of Health, Bureau of Health Statistics and Research. 2010 U.S. Census. Calculations prepared by PHMC.

Latina women (79, representing 547 births) have the highest fertility rate in the service area. This rate (79) is more than double the fertility rate of White women in the area (35: 1,904).

- Black women have the second highest fertility rate in the UPHS service area (72: 4,183), followed by Asian women (43: 653). White women have the lowest fertility rate in the UPHS service area (35).
- Black women have the same fertility rate as their counterparts in Philadelphia overall (72) and a similar fertility rate as Black women in SEPA (70).

- Every racial and ethnic group in the UPHS service area, other than Black women, has a lower fertility rate than their counterparts in Philadelphia overall and the SEPA region.

Infants born to teenagers have been associated with a number of negative birth outcomes, including prematurity and low birth weight, making it an important outcome to track. In the UPHS service area, the fertility rate of women age 15-17 is 33 per 1,000, representing an average of 282 births annually.



Sources: Pennsylvania Department of Health, Bureau of Health Statistics and Research. Calculations prepared by PHMC

The fertility rate of 15-17 year olds in the UPHS service area (33) is similar to the adolescent fertility rate in Philadelphia as a whole (31), and twice the rate in the SEPA region (16).

Latina women age 15-17 have the highest fertility rate (52) among the racial and ethnic groups in the UPHS service area.

Black women age 15-17 (37) and Asian women (11), have the next highest fertility rates in the UPHS service area.

White women age 15-17 have the lowest fertility rate (10) in the UPHS service area. However, this rate is still higher than the fertility rate for this group in Philadelphia (9) and SEPA (4).

## LOW BIRTH WEIGHT

Low birth weight infants (<2,500 grams or 5lb 8 oz) are at greater risk for dying within the first year of life than infants of normal birth weight.

In the UPHS service area, 107 infants per 1,000 live births are low birth weight. This represents an annual average of 812 infants.

- This rate exceeds the HP 2020 goal of 78 per 1,000.
- The UPHS service area low birth weight rate (107) is comparable to the Philadelphia rate (109), but higher than the rate for SEPA (91).

**Figure 10. Rates of Low Birth Weight Births, 2009-2012**



Sources: Pennsylvania Department of Health, Bureau of Health Statistics and Research. Calculations prepared by PHMC.

Black infants in the service area are most likely to be born with a low birth weight (131), followed by Latina/o (86), Asian (81), and White infants (68).

- The low birth weight rates for all racial and ethnic groups in the UPHS service area are lower than the corresponding rates in Philadelphia overall.

Among all racial and ethnic groups in the UPHS service area, only White infants (68) meet the HP 2020 goal for low birth weight (78).

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**PREMATURE BIRTHS**

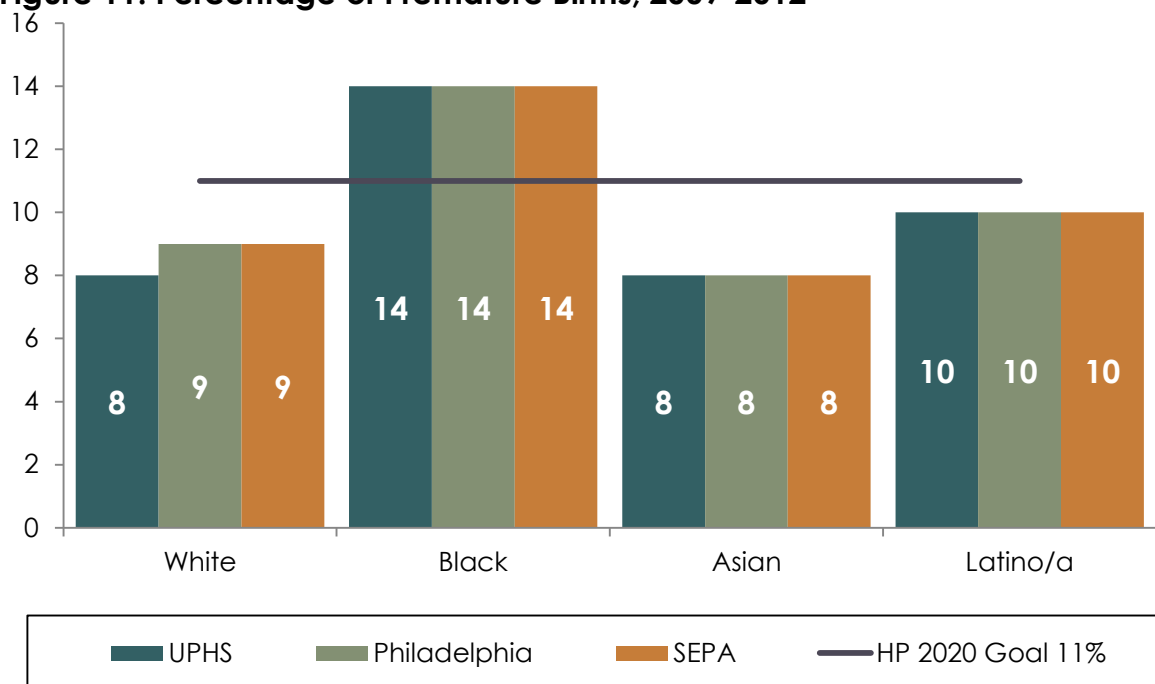
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There is an average of 855 premature births (less than 37 weeks gestation) to women living in the UPHS service area every year. This represents 11% of all live births, and meets the HP 2020 goal (11%).

This is similar to the percentage of premature births in Philadelphia (12%, representing 2,670 births) and in SEPA (10%, representing 5,058 births)

- Black infants in the UPHS service area (14%) are the most likely to be premature among all racial and ethnic groups, while Latino/a (10%) and White and Asian infants (8%) are least likely to be premature.

**Figure 11. Percentage of Premature Births, 2009-2012**



Sources: Pennsylvania Department of Health, Bureau of Health Statistics and Research. Calculations prepared by PHMC.

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## PRENATAL CARE

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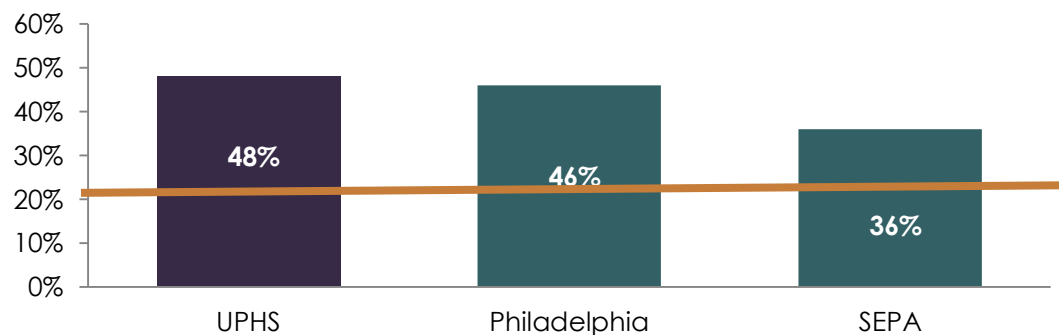
Receiving prenatal care during the first trimester of pregnancy can help ensure that health concerns are identified and addressed in a timely manner. Almost one-half of women in the UPHS service area (48%) receive prenatal care beginning after the first trimester or have no prenatal care.

- This percentage (48%) is more than double the HP 2020 goal of 22.1%.
- It is also higher than the percentage of women with late or no prenatal care in Philadelphia (46%) and in SEPA (36%).

The percentage of Black women in the service area (54%) who receive late or no prenatal care is substantially higher than the percentage among White women (35%).

- After Black women (54%), Latina (52%) and Asian women (44%) are more likely to receive late or no prenatal care than White women (35%).
- Not one racial or ethnic group in the UPHS service area meets the HP 2020 goal for prenatal care (22.1%).

**Figure 12. Late or No Prenatal Care, 2009-2012**



Sources: Pennsylvania Department of Health, Bureau of Health Statistics and Research. Calculations prepared by PHMC.

MORTALITY

INFANT MORTALITY

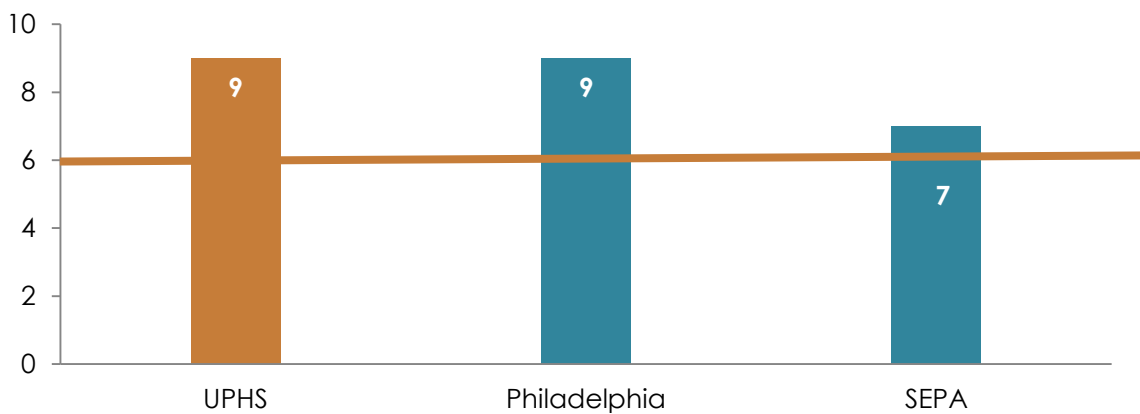
Every year, an average of 67 infants living in the UPHS service area die before their first birthday. The service area infant mortality rate is 9 infant deaths per 1,000 live births. This rate (9) matches the overall Philadelphia rate (9), and is slightly higher than the rate in SEPA (7).

The service area's overall infant mortality rate (9) does not meet the HP 2020 goal of 6 infant deaths per 1,000 live births.

Black infants (13) die at more than four times the rate of Asian infants (3) and at more than twice the rate of White infants (5), infants in the "Other" category (5), and Latino infants (6). The Black infant mortality rate (13) in the service area matches the Black infant mortality rate in Philadelphia (13) and SEPA (13).

The mortality rates of White, Asian, Latino and "Other" infants in the UPHS service area all meet the HP 2020 goal (6). Only Black infants in the service area (13) do not meet the HP 2020 goal.

Figure 13. Infant Mortality Rates, 2009-2012

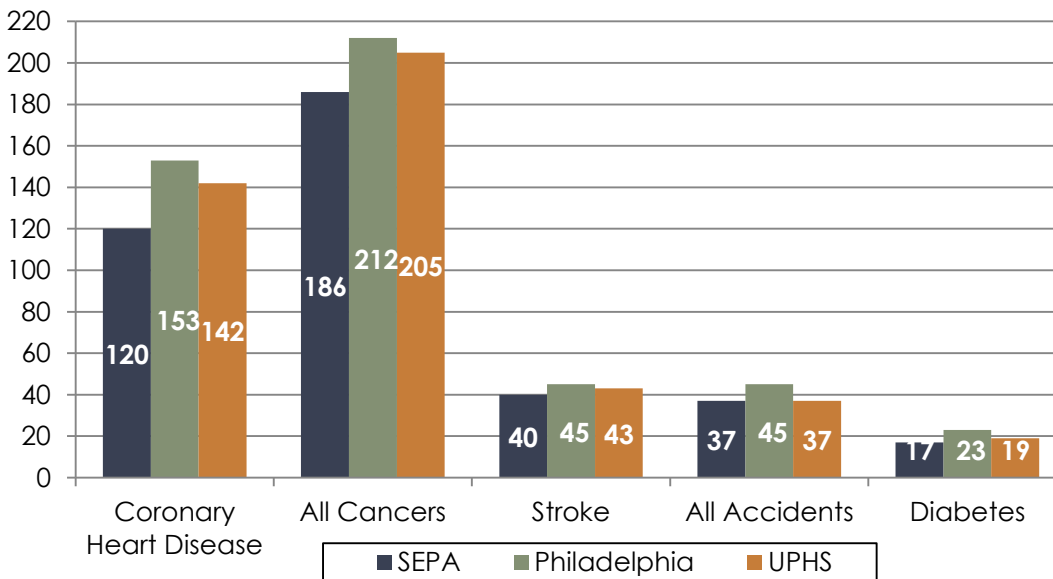


Sources: Pennsylvania Department of Health, Bureau of Health Statistics and Research. Calculations prepared by PHMC.

## OVERALL MORTALITY

The overall mortality rate in the UPHS service area is 842 deaths per 100,000, representing 4,470 deaths. This is lower than the Philadelphia rate, which is 893 per 100,000 (representing 14,009 deaths), but higher than the overall SEPA rate (756 per 100,000 (representing 34,900 deaths)). The only specific mortality rate in the service area that falls below the HP 2020 goal is Suicide (9; the HP 2020 goal is 10.2).

**Figure 14. Mortality Rates for Top Five Causes of Death, 2009-2012**



Sources: Pennsylvania Department of Health, Bureau of Health Statistics and Research and 2010 U.S. Census. Calculations prepared by PHMC.

Cancer is the leading cause of death in the UPHS service area (205: representing 1,062 deaths). This does not meet the HP 2020 goal of 161.

The other leading causes of death in the service area are Coronary Heart Disease (142: 757), Stroke (43: 230), Accidents (37; 187), Homicide (19: 113), Diabetes (19: 98), Suicide (9: 48) and HIV/AIDS (9: 45).

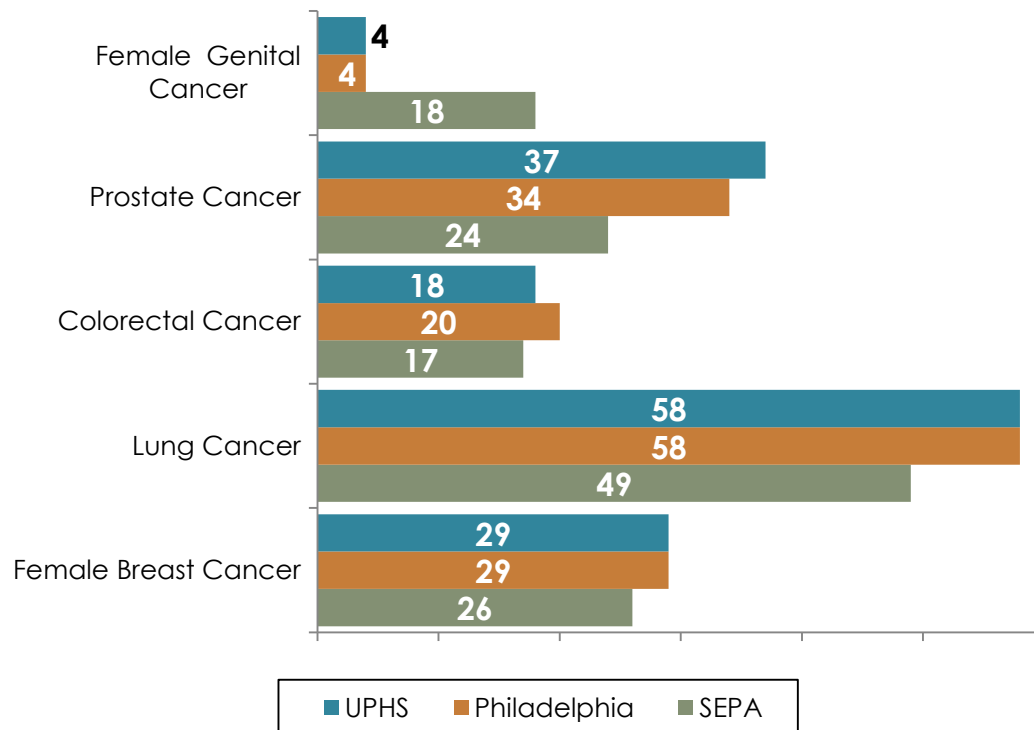
The HIV rate in the UPHS service area (9) is higher than the rate in Philadelphia (8) and the SEPA region overall (4).



Lung cancer has the highest mortality rate (58: 297) among all cancers, followed by Prostate (37: 70), Breast (29: 86), and Colorectal Cancer (18: 94).

- The Prostate Cancer rate (37) in the UPHS service area is higher than the rate in Philadelphia (34) and the SEPA region overall (24).

**Figure 15. Cancer Mortality Rates for Selected Sites, 2009-2012**



Sources: Pennsylvania Department of Health, Bureau of Health Statistics and Research. Calculations prepared by PHMC.

## MORBIDITY

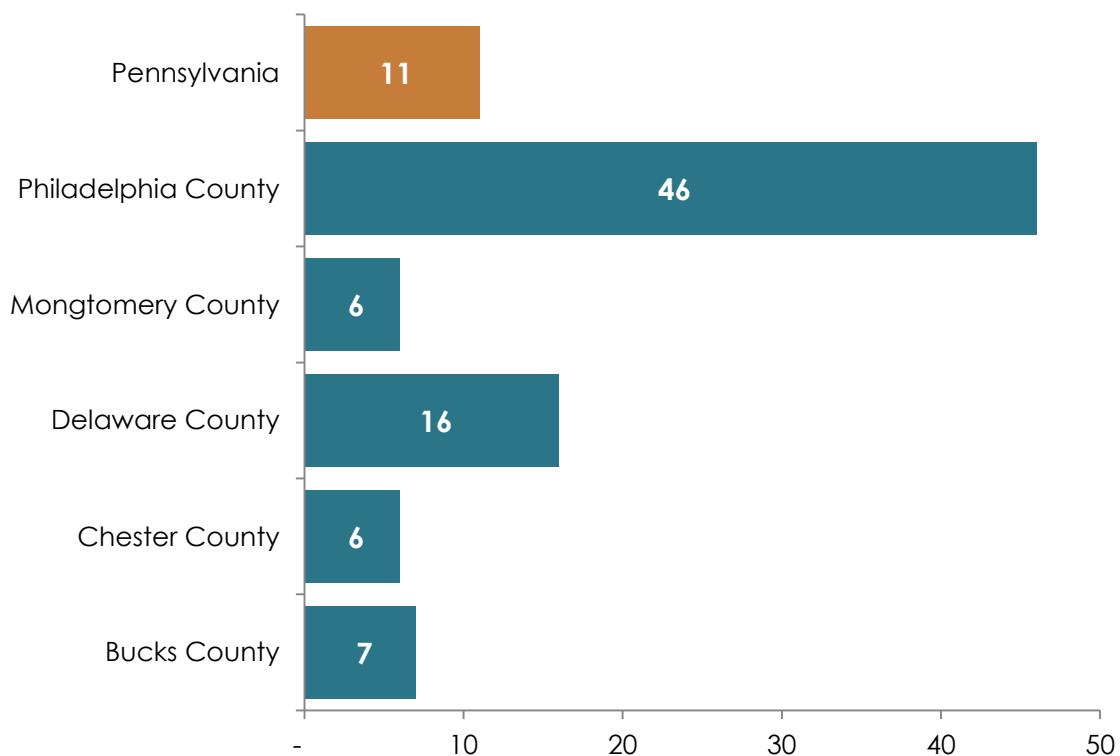
### HIV AND AIDS

The prevalence of individuals who are living with HIV or AIDS in Philadelphia (46 per 100,000) is the highest in the region. This represents 2,100 persons in Philadelphia. The rate in Montgomery County is far lower at 6 per 100,000, representing 155 persons.

- HIV/AIDS rates are lower in Chester (6) and Montgomery Counties (6) and highest in Philadelphia (46) and Delaware (16) Counties.

The overall rate of people living with HIV and AIDS in the state of Pennsylvania is 11, representing 4,320 people.

**Figure 16. Currently Living with HIV/AIDS per 100,000, 2014**



Sources: Pennsylvania Department of Health, HIV/AIDS Investigations-Bureau of Epidemiology and American Community Survey.

## COMMUNICABLE DISEASE

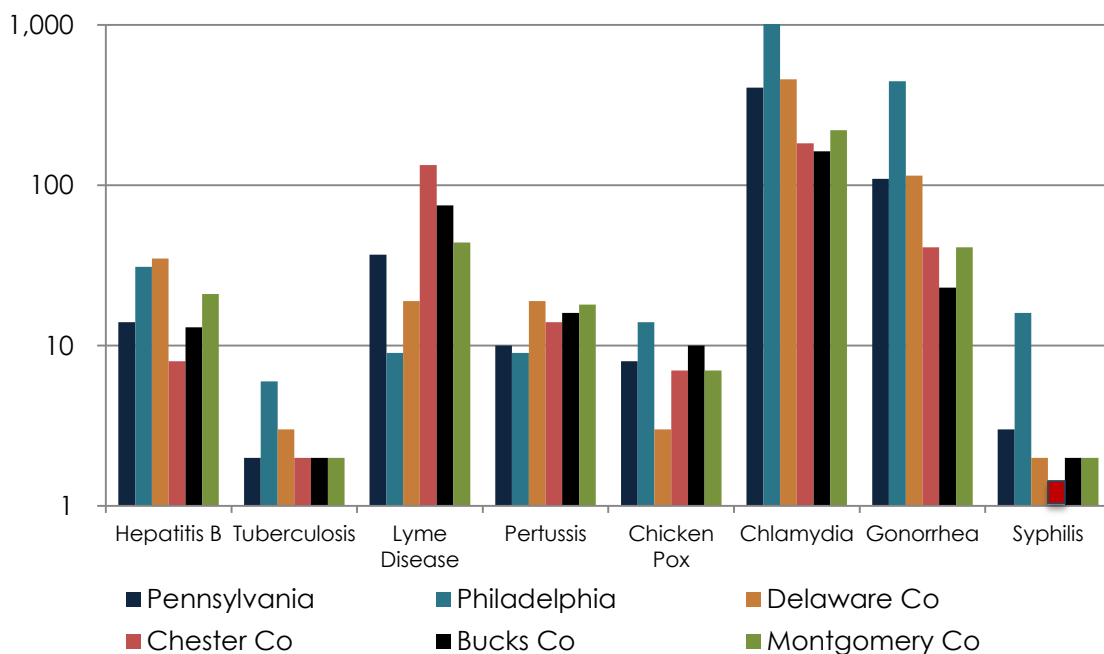
The Hepatitis B rate in Delaware County (35 per 100,000) is the highest rate in the region, with Philadelphia having the second highest rate (31 per 100,000) and Chester County having the lowest (8 per 100,000). The rate in Montgomery County is 21 per 100,000.

Chlamydia rates in Philadelphia are the highest in the region (1,317 per 100,000) and more than double the next highest County rate, which is Delaware (458 per 100,000). The rate in Montgomery County is 221 per 100,000. Gonorrhea rates in Philadelphia are the highest in the region (447 per 100,000) followed by Delaware County (115 per 100,000). The rate in Montgomery County is 41 per 100,000. Syphilis rates continue to be highest in Philadelphia (16); this is 8 times higher than the next highest rate in Delaware County (2). Montgomery County has the same rate as Delaware County (2).

Philadelphia has the highest Chicken Pox rate in the region (14). The second highest rate is in Bucks County (10) followed by Montgomery County (7).

Philadelphia has the highest rate of Tuberculosis in the region (6). Bucks, Chester and Montgomery Counties have the lowest rate (2). The rate for Tuberculosis in the State of Pennsylvania is also 2.

**Figure 17. Communicable Disease Incidence per 100,000, 2013-2014**



Source: Pennsylvania Department of Health, Bureau of Health Statistics and Research, EpiQMS

## HEALTH STATUS

A **majority** of adults in the service area describe their health as excellent, very good or good

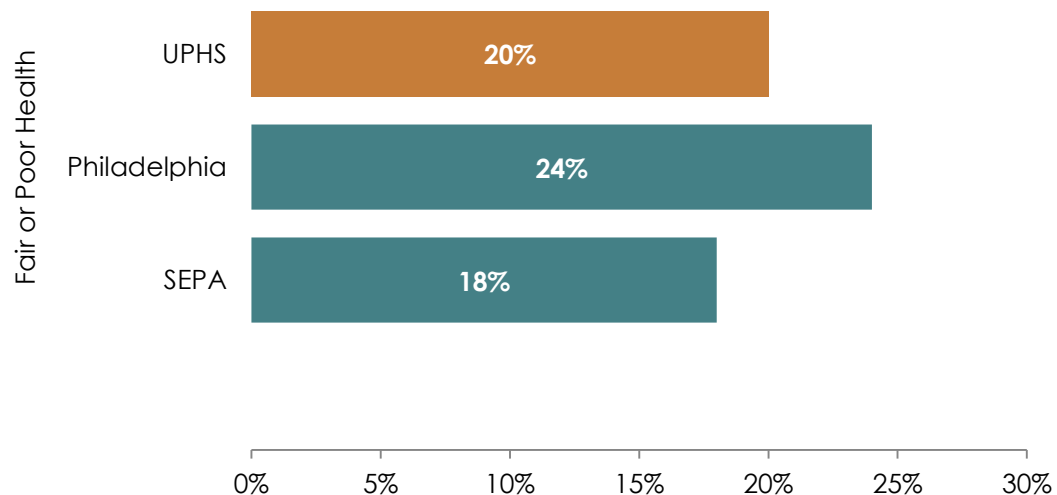
### SELF-REPORTED HEALTH STATUS

Self-reported health status is one of the best indicators of population health. This measure has consistently shown to correlate very strongly with mortality rates.<sup>2</sup>

The majority of service area adults (80%) are in excellent, very good, or good health. This is similar to Philadelphia (78%) and just lower than across SEPA, where 84% describe their health as excellent, very good, or good.

- About 20% of adults in the UPHS service area (89,100) are in fair or poor health.

**Figure 18. Health Status of Adults 18+, 2015**

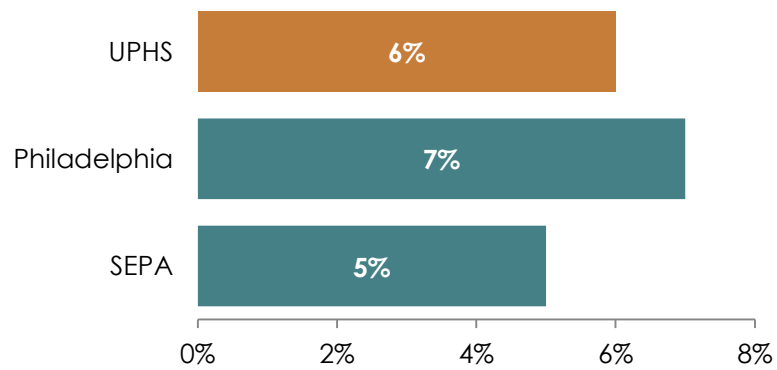


Source: PHMC's 2015 Southeastern Pennsylvania Household Health

<sup>2</sup> Idler EL, Benyamini Y. Self-Rated Health and Mortality: A Review of Twenty-Seven Community Studies. *Journal of Health and Social Behavior*. 1997; 21-37. Doubeni CA, Schootman M, Major JM, Stone RA, Laiyemo AO, Park Y, Lian M, Messer L, Graubard BI, Sinha R, Hollenbeck AR, Schatzkin A. Health status, neighborhood socioeconomic context, and premature mortality in the United States: The National Institutes of Health-AARP Diet and Health Study. *Am J Public Health*. 2012 Apr;102(4):680-8

Six percent of children (5,900) in the service area are in fair or poor health, which is comparable to Philadelphia (7%) and SEPA, where five percent of children are in fair or poor health.

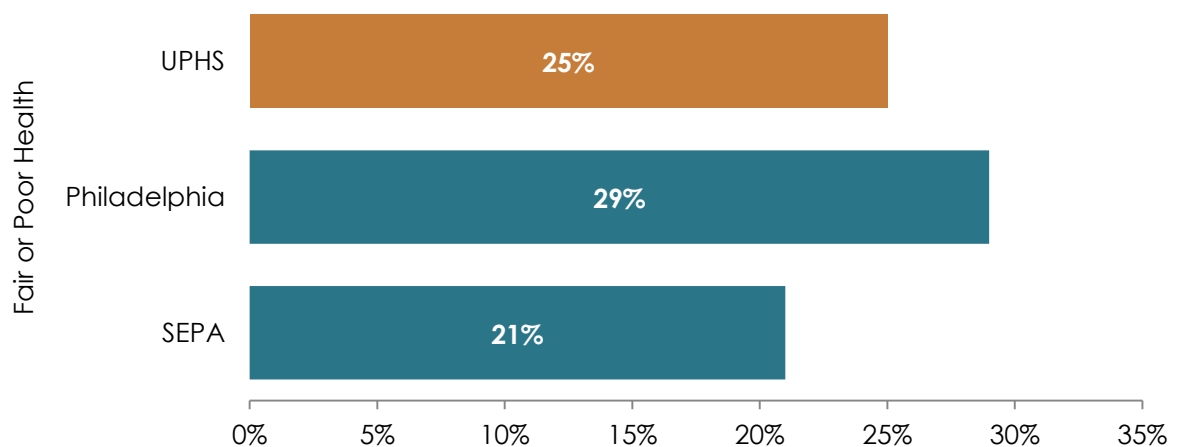
**Figure 19. Children 0-17 in Fair or Poor Health, 2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

Across the UPHS service area, about 23,800 older adults 60+ are in fair or poor health (25%). This is lower than Philadelphia, where 29% of older adults are in fair or poor health, and higher than the 21% of older adults in SEPA in fair or poor health.

**Figure 20. Health Status of Older Adults 60+, 2015**



Source: PHMC's 2012 and 2015 Southeastern Pennsylvania Household Health Surveys

**Instrumental Activities of Daily Living (IADLs)**

IADLs are activities related to living independently, such as using the telephone, shopping, cleaning, cooking, paying bills, and taking medication

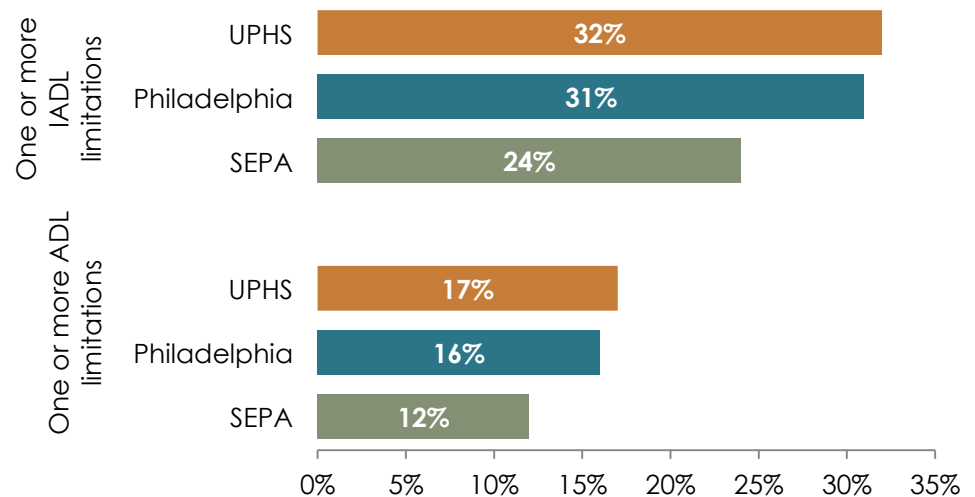
**Activities of Daily Living (ADLs)**

IADLs are activities related self-care, such as eating, dressing, grooming, walking indoors, bathing, and getting in and out of bed.

About one-third of older adults in the service area, 32% or about 31,500, have at least one limitation in the Instrumental Activities of Daily Living (IADLs). This is higher than in both Philadelphia and across SEPA, where 31% and 24% of older adults, respectively, report at least one of these limitations.

Approximately 16,200 older adults 60+, or 17%, have at least one limitation in the Activities of Daily Living (ADLs). Throughout SEPA, the proportion of older adults with any ADL limitations is 12%, while in Philadelphia, 16% of older adults report a limitation.

**Figure 21. ADL and IADL Limitations, Older Adults 60+, 2015**



Source: PHMC's 2012 and 2015 Southeastern Pennsylvania Household Health Surveys

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## SPECIFIC HEALTH CONDITIONS

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High blood pressure, diabetes, asthma, cancer, and mental and behavioral health conditions are chronic illnesses that require ongoing care.

Community meeting attendees at the Walnut West Library listed asthma and diabetes among the leading health issues in the service area.

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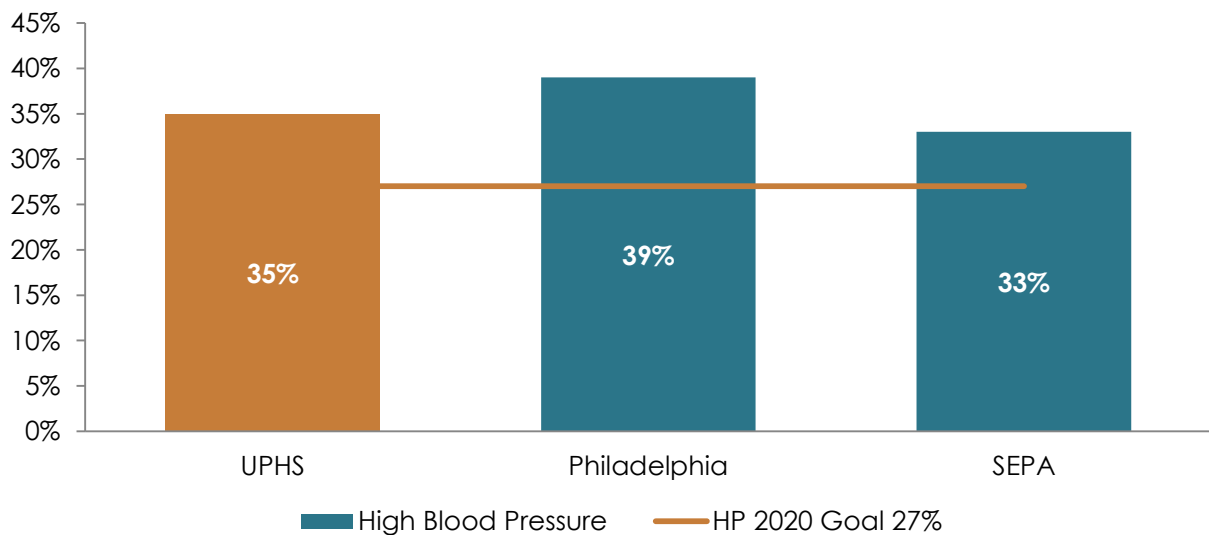
## HYPERTENSION

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Nearly one-third of adults in the UPHS service area (32%, age adjusted, or 149,900 adults) have been diagnosed with high blood pressure.

- This does not meet the Healthy People 2020 goal of 27%.
- Among adults with high blood pressure in the service area, one in ten (10%) report not taking all or nearly all of their medication all of the time.
- More than six in ten older adults age 60+ in the service area (63%) have high blood pressure.

**Figure 22. High Blood Pressure, Adults 18+, 2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

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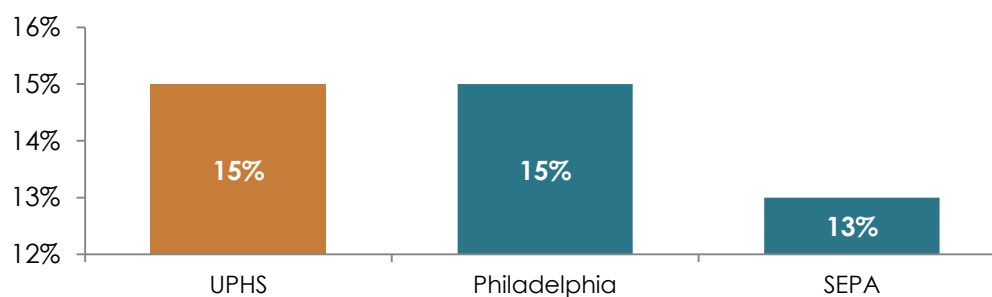
**DIABETES**

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About 61,700 adults in the UPHS service area, or 15%, have been diagnosed with diabetes.

- This is the same as Philadelphia (15%), and just higher than SEPA (13%).
- More than one-quarter of older adults age 60+ in the service area (26%) have diabetes; this represents 24,900 older adults.

**Figure 23. Diabetes, Adults 18+ , 2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

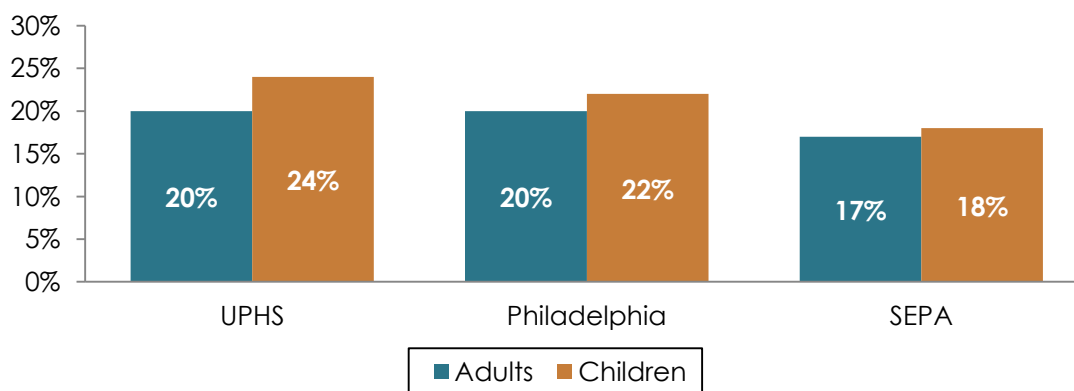
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**ASTHMA**

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One in five adults in the UPHS service area (20%, or about 86,900 adults) has been diagnosed with asthma. Nearly one-quarter of children, 24%, have been diagnosed with asthma, representing about 25,100 children in the service area. This is higher than children in the SEPA region (18%) and Philadelphia (22%).

**Figure 24. Asthma, Adults 18+ and Children 0-17, 2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey



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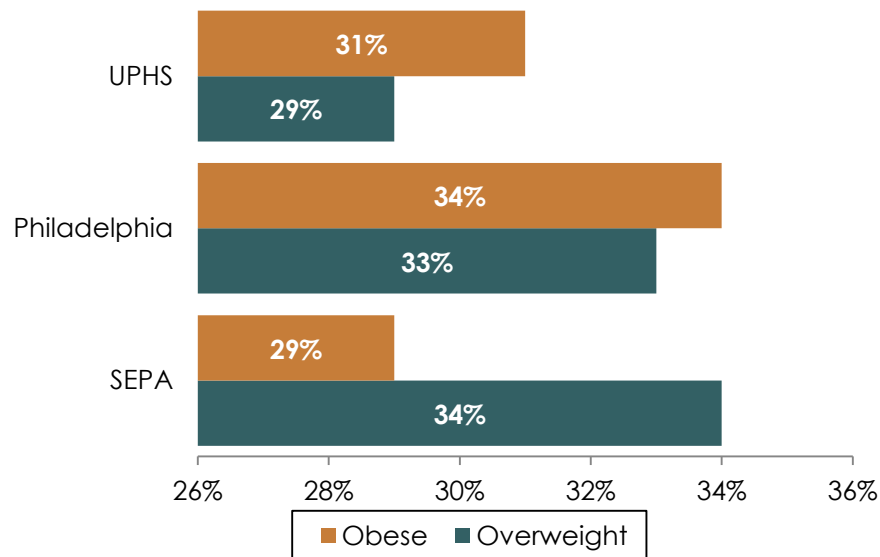
**OVERWEIGHT AND OBESITY**

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Overweight and obesity are strongly correlated with high blood pressure, diabetes, cancer, heart disease, and asthma.

- Three in ten service area adults age 20 and over (31%) are obese, and a similar proportion are overweight (29%). This represents approximately 245,500 adults who are overweight or obese in the UPHS service area.

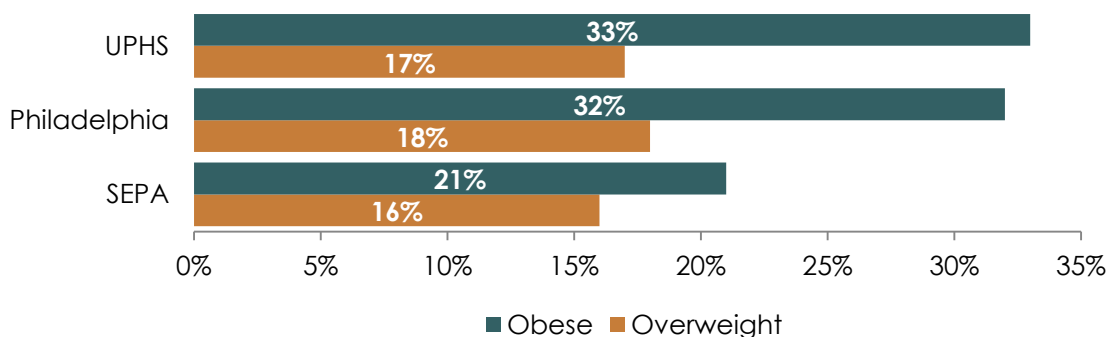
**Figure 25. Obese and Overweight Adults (18+), 2014-2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

About 21,000 children in the service area (33%) are classified as obese, and 17% are overweight.

**Figure 26. Obese and Overweight Children (0-17), 2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

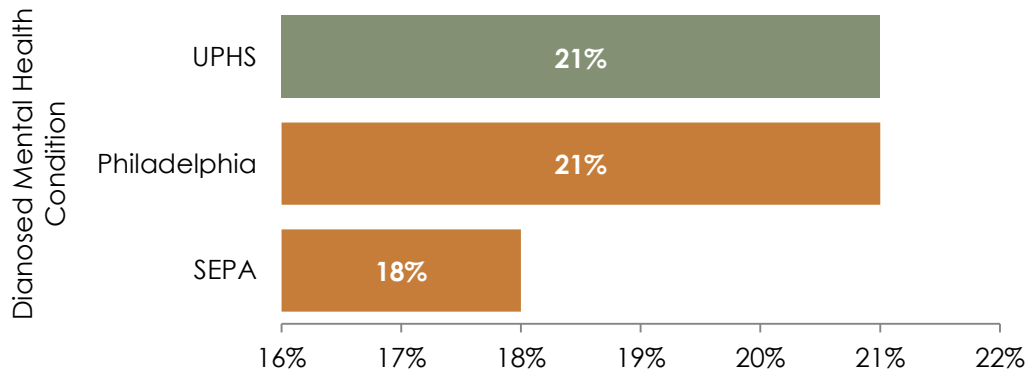
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## MENTAL AND BEHAVIORAL HEALTH

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About one in five adults in the service area (21% or about 90,700) have been diagnosed with a mental health condition.

**Figure 27. Mental Health Status of Adults 18+, 2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

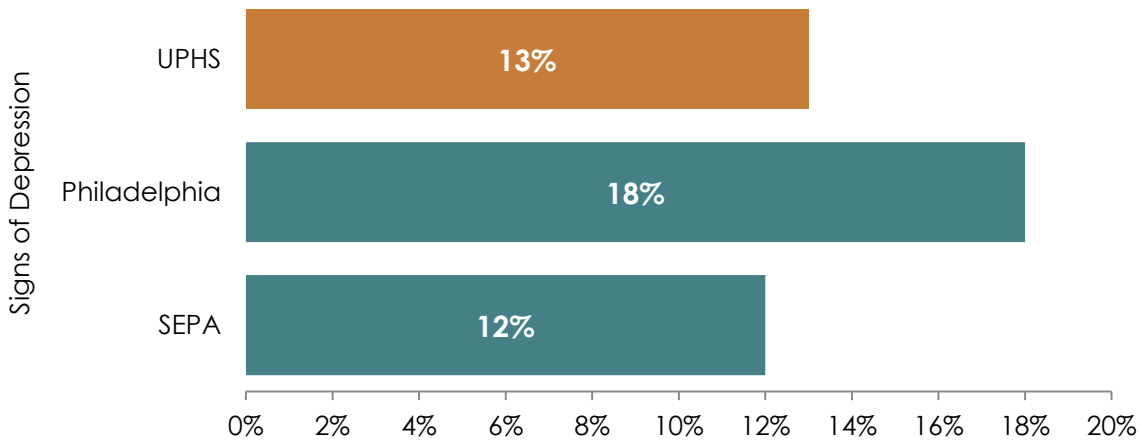
Of those with a mental health condition, more than one-third (36%) are not receiving treatment for the condition.

Mental health was listed as a key concern, and West Walnut Library community meeting attendees said there were not enough mental and behavioral health care providers, specifically in West Philadelphia.

Taboos and stigma around mental health care also serve as barriers. Independence Library Branch meeting participants noted that substance abuse was an important concern in the service area but that there was a "revolving door" effect in substance abuse treatment in the area.

About 11,100 older adults age 60+ in the service area (13%) have four or more signs of depression on the CES-D 10 Item Depression Scale. This is comparable to SEPA (12%) and lower than Philadelphia (18%).

**Figure 28. Depression in Older Adults 60+, 2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

About 4% of older adults in the UPHS service area, or 4,000 older adults 60+, report speaking to friends or relatives less than once a week. This may be an indicator of social isolation, and reflects a percentage slightly higher than the surrounding counties and region.

Walnut West Library Community meeting attendees noted difficulties faced by older adults who were isolated without family assistance. They said there are not enough affordable services to help older adults stay in their homes.

## V.ACCESS AND BARRIERS TO HEALTH CARE

Having a regular source of care, a person residents can go to if they are sick or have a question about their health, is important as people who have a regular source of care are more likely to seek care when they are sick compared with those who do not. This allows people to receive earlier, less expensive treatment, get well sooner, and prevents costly complications and longer illnesses.

Attendees at the Walnut West and Independence Library community meetings listed the cost of transportation as a barrier to health care, and Independence Branch participants said that van service is not sufficient.

### **Access to Care in Healthy People 2020**

Increase the proportion of the population with health insurance to **100%**.

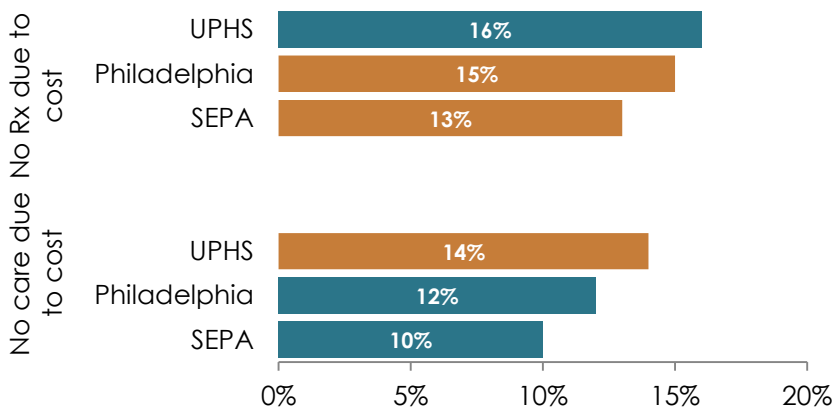
Reduce the proportion of individuals who are unable to obtain or delay in obtaining necessary medical care, dental care or prescription medicines to **9% overall** (4.2% for medical care, 5% for dental care and 2.8% for prescription medications).

Increase the proportion of persons with a usual primary care provider to **83.9%**.

## ECONOMIC BARRIERS

With or without health insurance, 57,800 adults in the service area were unable to get needed care due to the cost of that care; 14% of adults reported that there was a time in the past year when they needed healthcare, but did not receive it due to the cost. About 67,900 adults in UPHS's service area (16%) were prescribed a medication but did not fill the prescription in the past year due to cost.

**Figure 29. Cost Barriers to Care, Adults, 2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

Participants in both community meetings (Walnut West Library and Independence Library) expressed concern for undocumented individuals in the community who are not eligible for public insurance or ACA plans.

Access to affordable prescription drugs was listed as a key concern by attendees of both community meetings (Walnut West Library and Independence Library).

Participants in the Independence Library community meeting described changes in health insurance as barriers to continuity of care and connections to primary care; individuals need to follow their coverage, rather than with whom they're comfortable, when choosing a provider.

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## HEALTH INSURANCE STATUS

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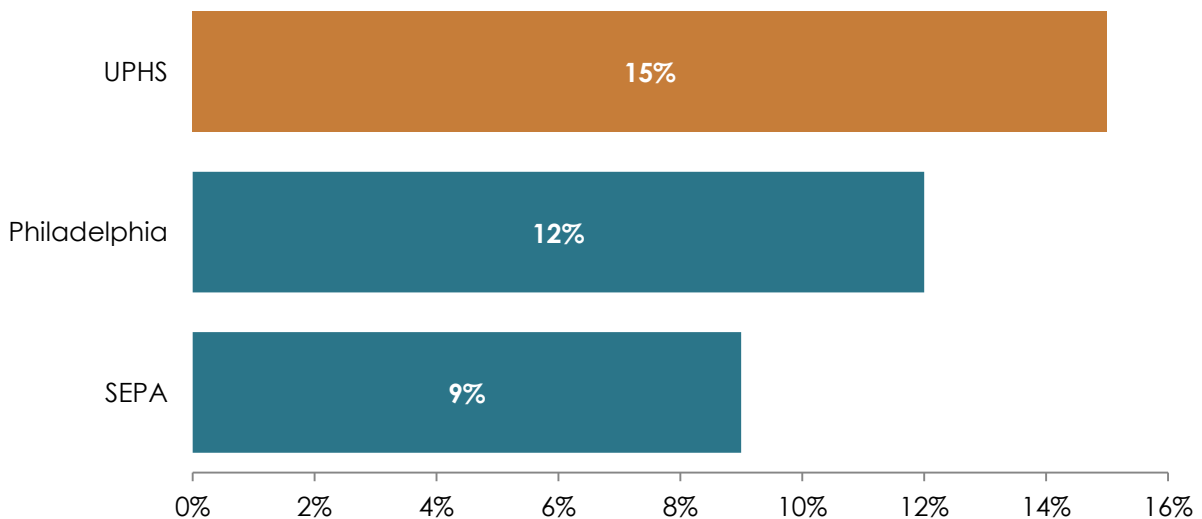
Having health insurance and a regular place to go when sick are important in ensuring continuity of care over time. The service area does not meet the Healthy People 2020 goal of 100% coverage.

The majority of adults in the service area (85%) have health insurance coverage.

However, a sizable percentage of adults age 18-64 do not have any private or public health insurance; 15% of adults age 18-64 in the service area are uninsured, representing 51,900 uninsured adults.

- This is higher than Philadelphia (12%) and across SEPA (9%).

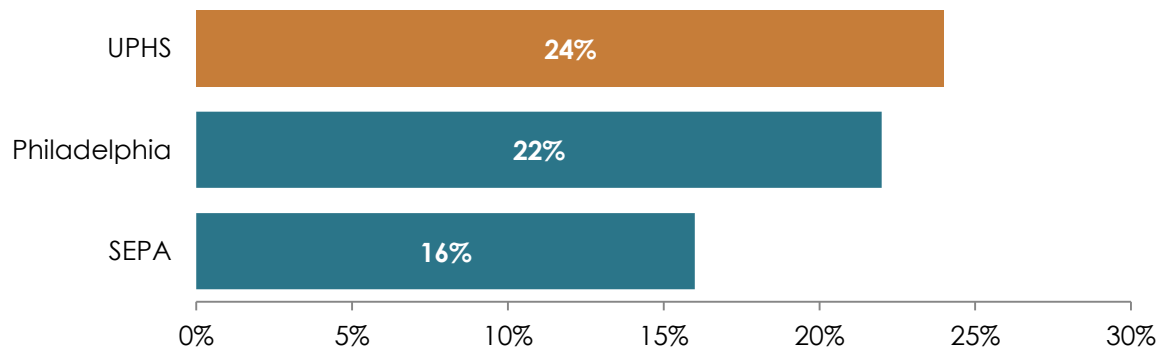
**Figure 30. No Health Insurance, Adults 18-64, 2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

Nearly one-quarter of adults in the service area (24% or 100,200) do not have prescription drug coverage.

**Figure 31. No Prescription Drug Insurance, Adults, 2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

Independence Library community meeting attendees said that people in the service area try to make their medications stretch by lowering their dosage and spacing out their pills. *"Am I going to eat this week, or am I going to get my pills this week? ... That's a question nobody should have to ask."*

Nearly four in ten adults in the UPHS service area (38% or about 33,300) enrolled in health insurance plans through the Federal Marketplace since 2013.

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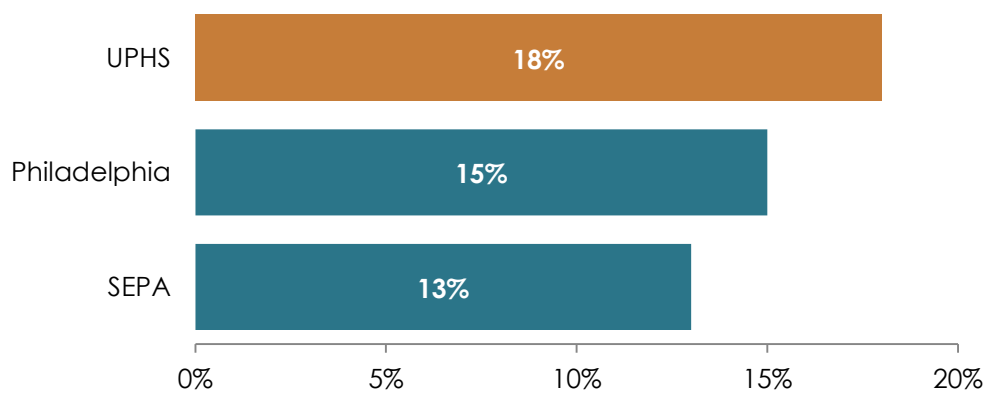
## PRIMARY CARE

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Having a regular source of care is important because people who have a regular source of care are more likely to seek care when they are sick compared with those who do not.

In the UPHS service area, 18% of adults (about 75,600) do not have a regular source of primary care they can consult if they are ill or have a question about their health. This is higher than Philadelphia (15%) and SEPA (13%).

**Figure 32. No Regular Source of Care, Adults, 2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

Approximately 4,000 children in the service area do not have a regular source of care.

Walnut West Library community meeting attendees said that young people in particular don't build relationships with primary care providers.

Participants in both Walnut West Library and Independence Library community meetings also noted that language and cultural barriers made accessing primary care difficult, and that health literacy was important for communication, as health care providers and patients don't use the same vocabulary or bring the same assumptions to a conversation about health. In addition, at the Independence Library meeting they talked about the importance of the tone used by the provider, noting that people become afraid to see a doctor when they receive lectures at each visit.

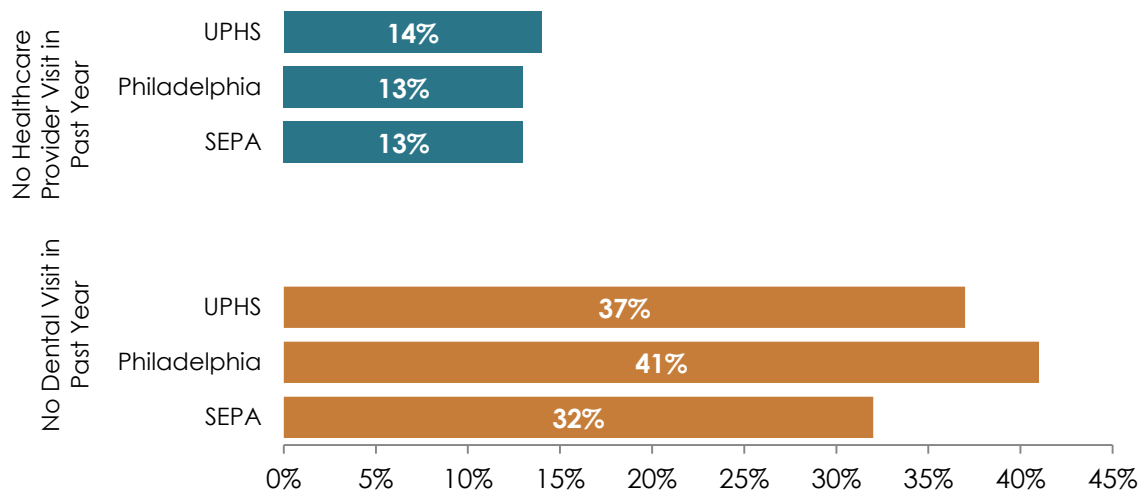
Appointment scheduling was also addressed in the Independence Library community meeting. Service area residents who work during the day have difficulty finding care during the times they are available.



## PREVENTIVE CARE

Regular health screenings can help identify health problems before they start. Early detection can improve chances for treatment and cure and help individuals to live longer, healthier lives. In the UPHS service area, 14% of adults did not visit a health care provider in the past year; this percentage represents 58,800 adults. Attendees of both the Walnut West and Independence Library community meetings described one-off screening programs that don't include follow-up as problematic.

**Figure 33. Healthcare Provider and Dental Visits, Adults, 2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

## DENTAL VISIT

Nearly four in ten adults in the service area (37% or about 158,700) did not have a dental visit during the past year. This is lower than Philadelphia, 41%, and higher than SEPA (32%). More than one in five children under 18 in the service area (22% or about 23,400) did not have a dental visit during the past year.

Attendees at both the Walnut West and Independence Library community meetings described the lack of affordable and available dental appointments as barriers, and said that people in the community view dental care as "optional."

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## **BLOOD PRESSURE**

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About 43,800 adults in the service area (10%) did not have a blood pressure check in the past year. This is comparable to the surrounding area.

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## **COLONOSCOPY AND SIGMOIDOSCOPY**

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Although a sigmoidoscopy or colonoscopy is not the only screening test for cancer of the colon, they are one type of regular screening that is recommended beginning at age 50 to prevent colorectal cancer.

One-quarter of adults 50 years of age and older in the service area (25%) did not have a colonoscopy or sigmoidoscopy in the past ten years.

Screening rates in the UPHS service area are somewhat better than the surrounding areas, with 30% of adults over 50 unscreened in both SEPA and Philadelphia.

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## **PAP SMEAR TEST**

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Approximately 20,300 women age 21 to 65 in the service area (10%, age adjusted) did not receive a Pap smear in the past three years.

This is somewhat better than Philadelphia (13%) and the SEPA region (14%).

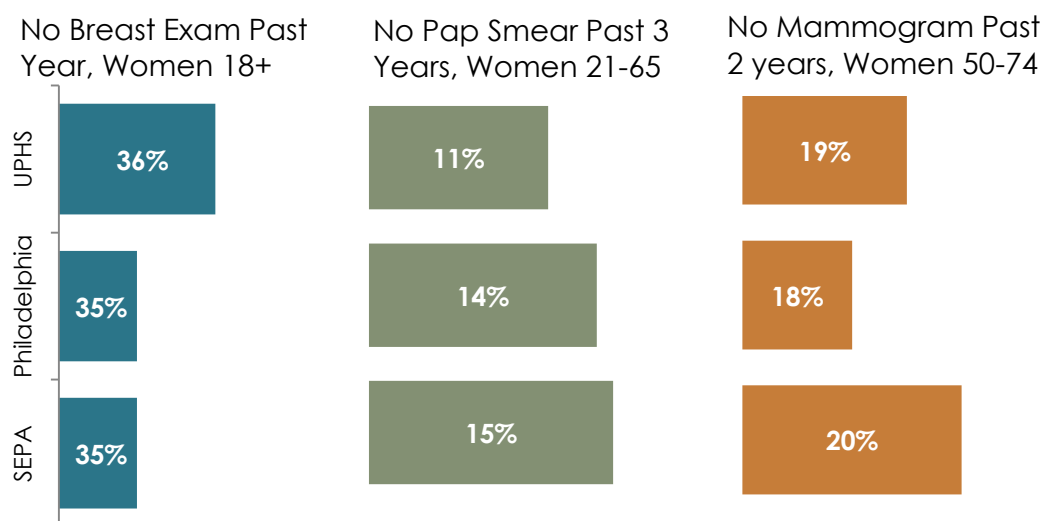
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## MAMMOGRAM

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The US Preventive Service Task Force recommends mammograms every two years for women age 50 to 74. About 17,300 women age 50-74 in the service area (19%) did not have a mammogram in the past two years. This is comparable to SEPA (20% unscreened) and just higher than Philadelphia (17% unscreened).

**Figure 34. Women's Health Screenings, 2015**



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

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## PSA OR RECTAL EXAMS FOR PROSTATE CANCER

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Prostate Specific Antigen (PSA) tests and rectal exams for prostate cancer are not always recommended as preventive screening. The fact that more than one-half of men age 45 years and older in the UPHS service area (53%) did not have a screening for prostate cancer in the past year may reflect this. This is just lower than Philadelphia (55%), and higher than the proportion of men unscreened across SEPA (49%).

## **VI. HEALTH BEHAVIORS**

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### **NUTRITION**

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According to the USDA's MyPlate food guidelines, adults should eat 4-5 servings of fruits and vegetables daily.<sup>3</sup> In the UPHS service area, 79% of adults do not reach this recommended goal. This is slightly better than in Philadelphia (82%) and SEPA as a whole (77%). Fast foods are often high in unhealthy calories, saturated fats, sugar, and salt. One-third of adults in the service area (34% or about 146,500) reported eating fast food in the past week.

Attendees at the Independence Library community meetings noted the importance of coordination between primary care providers and nutritionists.

In addition, participants at the Independence Library meeting described a difficult food environment in some neighborhoods (Point Breeze was an example) where access to healthy food can be a challenge for area residents.

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### **EXERCISE**

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The U.S. Department of Health and Human Services' 2008 Physical Activity Guidelines for Americans recommends that adults (ages 18-64) get 2.5 hours of moderate aerobic physical activity each week.<sup>4</sup> Nearly one in five adults in the service area (19%) does not participate in any exercise, and more than four in ten (44%) exercise fewer than three times each week.

Participants at the Walnut West Library community meeting suggested more structured recreation programs for children would increase their physical activity.

Across SEPA, 22% report not exercising, and in Philadelphia, 23% of adults said they did not exercise in the past month.

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<sup>3</sup>The U.S. Departments of Agriculture, (2011). Dietary Guidelines Consumer Brochure. Retrieved online on October 23, 2012 at <http://www.choosemyplate.gov/food-groups/downloads/MyPlate/DG2010Brochure.pdf>

<sup>4</sup>U.S. Department of Health and Human Services. 2008 Physical Activity Guidelines for Americans, 2008.

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**TOBACCO USE**

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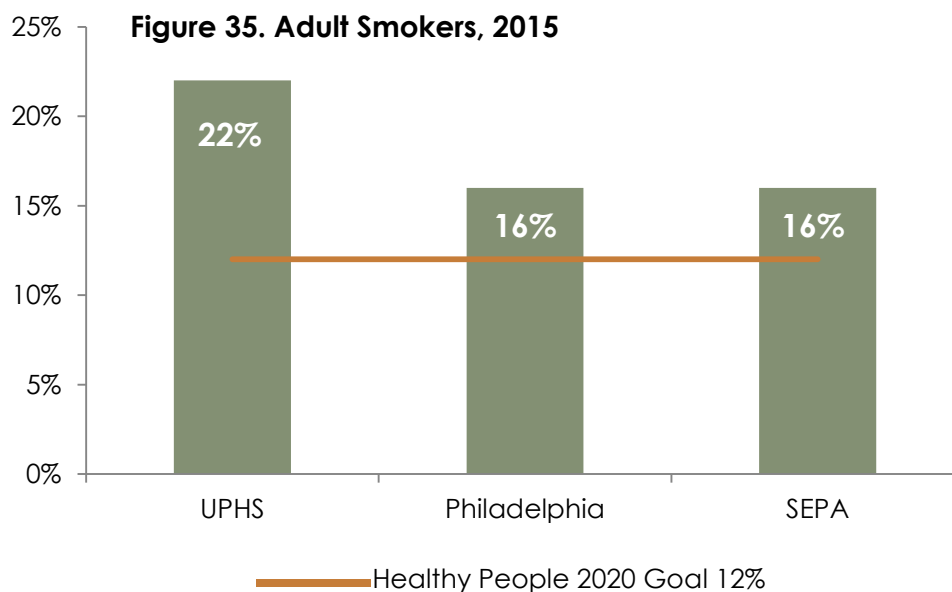
The percentage of adults who smoke in the service area **does not meet** the Healthy People 2020 goal of 12%. The percentage of smokers who have tried to quit in the past year **does not meet** the Healthy People 2020 goal of 80%.

In the UPHS service area, 22% of adults smoke cigarettes. This represents approximately 94,500 adults.

- This is higher than the surrounding area; 16% of Philadelphia adults and 16% of all adults across SEPA smoke cigarettes.

Within the service area, more than one-half of smokers (54%) have tried to quit during the past year.

- This is lower than in Philadelphia (61%) and SEPA as a whole (59%), and does not meet the Healthy People 2020 goal of 80% of smokers trying to quit.



Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

## **VII.EXISTING RESOURCES**

The existing health and social services in the service area, and for Southeastern Pennsylvania as a whole, were inventoried for this report. Information on health and social services was obtained by internet searches and from the Yellow Pages. Health services included: acute care general hospitals; inpatient psychiatric hospitals and long-term psychiatric facilities; and rehabilitation hospitals. Skilled and intermediate care nursing facilities were not included. Health services also included community health centers and clinics, urgent care centers, and state, city, and county health department service locations. Existing social services which were inventoried included: food pantries, WIC centers, farmer's markets, and soup kitchens; community outpatient mental health and mental retardation services; senior services; social work services; homeless and domestic violence shelters; and YMCA's. These existing health care and social service resources are shown on the lists for Philadelphia in Appendix F.

## **VIII. SPECIAL POPULATIONS**

One of the goals of this needs assessment was to identify health needs of special populations across the UPHS service area. This section focuses on selected health status and access to care needs of special populations in the service area.

### **LOW AND MODERATE INCOME POPULATIONS**

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Many households in the UPHS service area struggle financially. The median income for the service area is just over \$40,000, compared to about \$60,500 for SEPA as a whole. Nearly one in three (32%) households with children has an income below the poverty line, as do more than one in five (22%) households without children. The unemployment rate is higher than most other areas in SEPA, with 14% of the work force unemployed. Walnut West Library community meeting participants raised concerns about the health and health care needs of those who have limited means, pointing out, "Being poor is a health issue."

- Frequency of financial barriers to care are significantly higher than in other areas of SEPA. Among adults, 15% do not have health insurance, and 24% lack prescription insurance.
  - About one in seven adults (14%) did not receive health care when they were sick due to cost; this is significantly higher than other areas of SEPA.
  - Independence Library community meeting participants said that prescription costs are often a surprise when arriving at the pharmacy, making it challenging to plan and sometimes impossible to afford after paying co-pays. It can also force choices between buying prescriptions and paying other bills. According to HHS data, about one in six (16%) adults in the service area did not fill a needed prescription due to cost in the past year, significantly more than in other areas of SEPA.
  - Independence Library and Walnut West Library community meeting participants also described practices to "stretch" medications by taking less of them or taking them less frequently, which they felt were quite widespread; these practices mean that more people who do not report failure to fill prescriptions may still not be receiving the full benefits of their medications, because of financial pressures. HHS data supports this: about 10% of adults with high blood pressure are not

taking their medication “all or nearly all of the time”, about twice the noncompliance rate in SEPA overall.

- Walnut West and Independence Library community meeting attendees were also concerned about continuity of care for low and moderate income residents of the service area. Many physicians change what insurance they take, or do not take all insurance plans, especially some of the CHIP, Medicaid HMO, and lower cost ACA insurance plans. This means that many people do not have a consistent source of medical care.
  - One in six (18%) adults does not have a regular source of care, significantly higher than the rest of SEPA. About one in twenty-five children (4%) also does not have a regular source of care.
  - Among adults, one in seven (14%) did not visit a health care provider in the past year at all.
- Community meeting attendees also discussed non-financial barriers to routine medical care among those who have limited incomes.
  - Walnut West Library community members discussed intertwined trust and communication issues between health care providers and lower income residents. One issue discussed was the failure of providers to use “laymen’s terms”—medical language that is unfamiliar to residents increases the distrust and misunderstanding that some community members feel toward the health care system.
  - Many in lower-income communities have a lot to deal with in the present, and are not looking to the future yet.
  - Some believe that there is no reason to get screenings when treatment will not really be available to them due to poor or no insurance coverage.
- Access to dental care was a serious concern for community members in the Walnut West and Independence Library areas:
  - More than one in three adults (37%) and one in five (22%) children did not visit a dentist in the past year, both significantly higher than the rest of SEPA.
  - Furthermore, financial barriers kept one in twelve (8%) children away from the dentist, despite a dental need, twice the rate of SEPA overall.
  - Walnut West Library meeting participants emphasized the impact of financial barriers to dental care for low and moderate income residents. They also emphasized the importance of dental health for overall health for adults and children.



## CHILDREN

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Community meeting attendees at both the Walnut West Library and the Independence Library were concerned about children's health. One in five residents (20%) of the service area is a child or youth under age 18, and the proportion of residents in this age group is expected to continue to increase in the next five years. Obesity, nutrition, and physical activity were all areas of intertwined concern for community meeting attendees. In addition, residents felt that it was difficult for children to access some types of needed care.

- One-half of the children in the service area are at risk for weight conditions, with 17% overweight and one in three (33%) obese, significantly more than children in the rest of SEPA.
- About one in six children (16%) in the service area engages in physical activity less than three or more times a week. Walnut West Library community meeting attendees discussed the dangers of outdoor locations: there are insufficient safe locations to allow children to play outside, and also insufficient sports/activity programs in many of the service area neighborhoods.
- Three in four children in the service area (75%) eat insufficient fruits and vegetables, according to Household Health Survey data. Although this is similar to other areas in SEPA, it is still a striking finding. Walnut West Library community members also reported more general concerns about food security for children overall. Many children have a prejudice against eating vegetables and are not learning how to eat and enjoy them. Furthermore, children need education in nutrition more generally.
- Specialist care for children is very difficult to access. Although Independence Library community meeting attendees felt that most children are able to get primary care, specialists for both physical and mental health treatment are difficult to find. Although they cited insurance and cost as a barrier, it appears that there is also a work force issue in the service area, especially in the area of mental health care for children.

## YOUNG ADULTS

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Both Walnut West Library and Independence Library community meeting attendees emphasized concerns related to the health of young adults and their health care needs.

- Transitioning from pediatric care to adult care can be difficult, especially without insurance or with gaps in insurance coverage. Walnut West Library community members said that many young adults do not have stable

insurance, which means they may not keep or never identify a primary care provider, causing challenges with continuity of care.

- Young adults may be in good enough health that they do not understand the need to develop a relationship with a primary care provider, or get screenings and preventive care (Walnut West Library).
- Walnut West Library community meeting attendees noted that although young women have more reason to engage with regular medical care than young men, they still often do not seek routine care. In the service area, pregnant women are less likely than women in SEPA overall to get prenatal care beginning in the first trimester.
  - Nearly one-half of babies (48%) are born to mothers who did not get prenatal care in the first trimester. Women in the service area were less likely than peers in SEPA to get prenatal care across racial groups, but Latinas (52%) and Black women (54%) in the service area were more likely to lack care than receive it.

## OLDER ADULTS

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Both of the community meetings at Walnut West Library and Independence Library also identified older adults as a population with specific needs and challenges related to health care. About 13% of the population in the service is age 60 or older, with the proportion of older adults expected to increase in the coming years.

- Older adults in the UPHS service area are similar to older adults in other areas of SEPA, but still vulnerable to poor health and chronic conditions.
  - One in four (25%) older adults in the service area reported fair or poor health.
  - About one in seven (13%) older adults in the service area reported signs of depression.
  - The prevalence of chronic conditions in older adults does not differ from other areas of SEPA, but are worth noting: nearly two in three older adults in the service area have (63%) high blood pressure; a majority (59%) has arthritis; one in four (26%) has diabetes, and one in seven (13%) has asthma. Thus, many older adults in the service area have more than one chronic condition, and community members raised concerns that more may have undiagnosed conditions or have trouble managing multiple conditions (Independence Library Community Meeting).
- Aging in place was a great concern to community meeting attendees, who feel that older adults want to stay in their homes, citing fear about costs and

treatment in senior housing or nursing homes. However, there are a number of concerns associated with aging in place:

- Falls were a great concern to the Walnut West Library community meeting attendees. More than one in five (22%) older adults in the service area fell in the past year. Community members at the Independence Library discussed the impact of housing in poor repair, or that lacks appropriate assistive devices and has dangerous stairs.
- One in six (17%) older adults needs assistance with at least one activity of daily living, such bathing, toileting, and eating; one in three (32%) needs assistance with instrumental activities of daily living, such as shopping, managing medication, or cooking.
- One in ten (9%) are already paying for personal care in their home and 8% reported needing meal or food programs.
- Transportation challenges were noted as a significant barrier for older adults' ability to get around generally, but were cited as a specific barrier to medical care and related services at both Walnut West and Independence Library meetings.
  - One in nine (11%) older adults in the service area reported needing transportation services, almost double that of older adults in SEPA overall.

## **NEIGHBORHOOD CONCERNS**

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Community members from both Walnut West and Independence Library meetings expressed concerns about disparities in health and health care access among populations of color in the service area. However, rather than emphasizing that there are racial/ethnic differences, they discussed them in ways that emphasized the neighborhood of residence. No single racial/ethnic group is a majority in this service area. Nearly one-half of the residents are Black (46%); one in three are White (36%); one in ten (9%) are Asian; six percent are Latino, and three percent are other ethnicities. Several themes came out that were common to many neighborhoods in the service area:

- Language barriers:
  - Some populations experience language barriers when trying to access care, according to community meeting participants at the Walnut West and Independence Libraries. Although most residents of the service area (84%) speak English at home, many residents of the service area speak Asian languages (7%, more than 32,000 residents); Spanish (4%, or more than 19,000 residents) or other languages (6%, more than 30,000 residents).

- In West and Southwest Philadelphia specifically, Walnut West Library community meeting attendees report communities that speak African and Asian languages, including, but not limited to, Ghanaian, Vietnamese, Korean, and Nigerian.
- Community members at the Independence Library meeting reported that it is very difficult to find primary care providers who speak languages other than English. Furthermore, meeting attendees felt that it is particularly difficult for consumers to discuss some types of health concerns through a family member or use the language line for interpretation.
- Appropriate interpretation services are needed; although often family members are willing to interpret and this is easy for the medical team, this is not an appropriate solution to language barriers (Independence Library).
- Knowing both language and culture is important to be able to communicate adequately, especially about behavioral health needs (West Walnut Library meeting).
- Access to primary care is needed in residents' home neighborhoods:
  - Specifically, in West Philadelphia there are not enough primary care physicians with offices in the neighborhood that residents can walk to (Walnut West Library).
  - In addition, community meeting attendees at the Walnut West Library discussed the importance of cultural competence and good communication in primary care.
  - More health care providers who "look like" the population they serve might break down barriers to care, according to Independence Library meeting attendees.
- Larger neighborhood challenges both affect health behaviors, vulnerability to health conditions, and access to care:
  - Access to safe opportunities for physical activity and green space was a major concern for community meeting attendees at both Walnut West and Independence Libraries. Although overall, adults in the service area were more likely than other SEPA residents to report three or more days a week of physical activity, 44% still did not meet this threshold, and nearly one in five (19%) did not exercise at all in the past month.
  - Only about three in four (76%) residents of the service area feel safe outdoors in their neighborhood during the day, significantly less than other areas of SEPA. Residents who do not feel safe outside

may want to minimize the time spent outside, including walking to, and waiting for, public transportation.

- In some neighborhoods, stress and trauma from neighborhood violence and drug use take a toll on everyone's physical and mental health, according to Walnut West Library meeting attendees.

## IMMIGRANT POPULATIONS

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Immigrant populations face additional issues related to their legal status when trying to access medical care. Some specific challenges discussed at the community meetings include:

- Payment challenges: Even those who have a green card or other legal immigration status often do not have insurance.
  - For those who are undocumented, eligibility for Medicare/Medicaid, and other sources of insurance creates serious barriers (Walnut West Library meeting).
- The US medical system is complex and confusing for people new to it:
  - Even those who do not fear deportation do not know where they can find affordable care (Walnut West Library meeting).
  - For some, the idea of preventive care and screenings may be completely new.
- Everyday health supports may be lacking for immigrants:
  - How people eat, cook, and take care of their body have changed because the traditional methods are not available or are difficult to access (Independence Library Meeting).
- People with undocumented status face specific challenges related to their legal status:
  - Fear of legal consequences: according to community meeting attendees, many are afraid to engage with even a non-profit agency, fearing that interacting with the system in any way will lead to deportation (Walnut West Library meeting).
  - Some families have mixed documentation status, which complicates care—especially when older children in a family are undocumented and younger children are citizens and have insurance, which complicates access for everyone.

## **IX. UNMET NEEDS**

The previous Community Health Needs Assessment conducted by UPHS identified the following priority areas to improve the health for the service area: (1) Improve access to, and coordination of, primary and preventive care for adults, especially those living in poverty; (2) Improve access to dental care, prescriptions, and specialty care for adults and children; (3) Address heart disease and risk factors for heart disease, including high blood pressure, diabetes, obesity, and smoking; (4) Address health education needs to improve understanding of prevention, screening, and treatment for heart disease, diabetes, and cancer; (5) Address cultural and language barriers, particularly among non-English speaking populations; (6) Address health behaviors, such as smoking, nutrition, and physical activity; (7) Address behavioral health conditions and treatment, especially for low-income and uninsured adults and teens; (8) Address women's health needs, especially obstetrical care and cancer screenings; (9) Address neighborhood safety; and (10) Address long waiting lists for care.

The current unmet health care needs for the UPHS service area were identified and prioritized by comparing the health status, access to care, health behaviors, and utilization of services for residents of the service area to results for the region and the Healthy People 2020 goals for the nation. In addition, for Household Health Survey variables, statistical tests of significance were conducted to identify and help to prioritize unmet needs. Lastly, input from the community meeting participants was also used to further identify and prioritize unmet needs, local problems with access to care, and populations with special health care needs. The following are the major findings of this assessment. (For Significance Tables, see Appendix E).

The leading cause of death in the UPHS service area is coronary heart disease (142.4 deaths per 100,000 population), followed by lung cancer (57.8 deaths per 100,000), and stroke (42.6). All of these causes of death occur at higher rates in the service area than in SEPA overall, and at rates above the HP 2020 goals. Other cancer deaths, including prostate, (37.2), breast (28.5), and colorectal (18.0) cancer are also occurring at rates higher than other areas in SEPA, and above HP 2020 goals.

Although most residents of the service area are in good health, they are also more likely to have certain chronic conditions than the remainder of SEPA ( $p < .05$ ), or exceed the HP 2020 goals.

- Although the majority of adult residents are in excellent, very good, or good health (79%) this is below the HP 2020 goal for adults in “good” health. In addition, significantly more adults in the service area are in fair or poor health than the rest of SEPA, with one in five (21%) reporting fair/poor health.

- One in five (21%) adults in the service area has been diagnosed with a mental health condition, significantly more than in SEPA overall. Community members at the Independence Library meeting noted that the real burden of mental health conditions in the service area may be understated here because of stigma against seeking help for mental health conditions in African-American communities, who make up nearly half of the population of the service area.
- Rates of high blood pressure were similar to rates in other areas of SEPA, with one in three (35%) residents reporting high blood pressure, far above the HP 2020 goal.
- Asthma (20%) and diabetes (15%) are also significantly more prevalent in the service area than in other areas of SEPA.

Access to care overall, including primary care, prescriptions, mental/behavioral health care, dental care, screenings, and specialists, remains an unmet need in the service area for many, especially low and moderate income people. Navigating the system remains difficult, especially as health insurance becomes more complex.

- Although the proportion of uninsured adults has decreased since the last assessment, 15% of adults age 18-64 in the service area are still uninsured. This is above the HP 2020 goal of zero uninsured. About one in three (38%) reported that they enrolled in ACA marketplace plans since 2013, significantly more than other areas of SEPA, but adults in the service area were still more likely than others in SEPA to report it was difficult to find a plan with affordable monthly premiums.
- Access to primary care: Adults in the service area are less likely to have a regular source of health care than adults in other areas of SEPA, with one in six (17%) lacking a regular source of care. Community members at both the Walnut West and Independence Library meetings also pointed out a need for better access to primary care, especially culturally competent, geographically accessible medical homes.
- Prescription access remains an issue as well: significantly more adults in the service area were not able to get prescriptions, compared to other residents of SEPA: nearly one in four (24%) has no insurance for prescriptions, and one in six (16%) reported that they could not afford to fill a needed prescription in the past year. Community members at the Walnut West Library meeting also discussed behaviors that they felt were common, where people did not take medications as prescribed in order to “stretch” them due to financial concerns.
- Access to mental and behavioral health care remains a serious issue for middle and lower income adults and children in the service area. Diagnosis of mental health conditions is significantly higher than other areas in SEPA—about 21% of adults have been diagnosed with a mental health condition. However, community members at the Walnut West and Independent Library meetings



indicated that many in the community who suffer from addiction, depression, or the aftermath of trauma from violence are undiagnosed. Furthermore, community members described a serious need for mental and behavioral health care that includes continuity of care and follow-up. According to community members at both meetings, there is a lack of culturally competent mental health care providers that take insurance, particularly psychiatrists, and particularly providers who see children.

- Dental care also remains a serious need for both adults and children in the UPHS service area. Inflammation and bacterial exposure from neglected dental health affect general health and many chronic conditions. Despite this, significantly fewer adults and children in the service area received past-year dental care compared to peers in other areas of SEPA, with 37% of adults and 22% of children lacking past-year dental care. Community members at the Walnut West Library meeting reported that competent dental care providers, especially affordable ones, are difficult to find.
- Screenings: Although overall, screening rates for major screenings were the same (blood pressure, breast exam, mammogram, prostate screening) or better (colonoscopy, pap tests) than in other parts of SEPA, Walnut West Library community members still emphasized that many neighborhoods are underserved with screenings and, importantly, follow-up to those screenings. Better linkages to primary care for uninsured/underinsured residents of the service area are needed.
- Transportation to health care settings as a barrier emphasized by community meeting attendees: the cost and logistics of SEPTA, cabs, CCT connect, and parking were all difficult and/or expensive for many in the service area, especially those with mobility challenges or with children in tow. Community members at the Walnut West Library meeting suggested since UPHS tends to centralize services on UPHS campuses, providing transportation to patients would help access.
- Access to specialist care, especially for children, was an issue discussed by the both groups of community meeting attendees. Finding specialists that take insurance or treat children sometimes requires leaving the UPHS service area, according to some community members at the Walnut West Library meeting.

All three of the leading causes of death in the service area are closely tied to health behaviors, particularly nutrition, physical activity, and smoking. Although findings from the 2015 Southeast Pennsylvania Household Health survey indicate that most behavioral indicators have improved in comparison to the earlier assessment, and in some cases are better than other areas of SEPA, they remain areas of concern to community members and in light of HP 2020 goals.



- Although rates of adult obesity and overweight were significantly lower in the service area than other areas of SEPA, the age adjusted obesity rate of 30.8% was still higher than the HP 2020 goal. Rates of child obesity, in contrast, were significantly higher in the service area than in other areas of SEPA, with one in three children (33%) obese.
- Access to nutritious food was a serious concern among the community members at both meetings. Both adults and children in the service area overall had similar fruit and vegetable consumption to peers in SEPA, but about three out of four adults (79%) and children (75%) still consume fewer than the threshold of four servings of fruit and vegetables daily.
- Physical activity rates were significantly better than other areas of SEPA for adults in the service area overall, but community members reported that access to opportunities for physical activity vary greatly by neighborhood, and expressed concerns about children's access to safe places and programs for physical activity in West and Southwest Philadelphia neighborhoods, in particular (Walnut West Library meeting).
- More than one in five adults (22%) still smokes cigarettes. Although this rate has decreased since the last assessment, it is still significantly higher than other areas of SEPA and above the HP 2020 goal of 12% or under. Although a majority (54%) of smokers tried to quit in the past year, this rate remains under the 80% quit attempt goal for HP 2020.

Maternal and child health also remains a need in the service area. The birth rate in the area is 55.9 per 1,000 women age 15-44, somewhat lower than for SEPA as a whole. Latinas have a higher birth rate than non-Latinas, with 78.8 births per 1,000 women. The service area has a higher birth rate for young women, with 32.5 births per 1,000 women age 15-17; births to young women are more common than average among Black women (37.0 per 1,000) and women of "Other" races (36.4) and are more common among Latinas (51.8 per 1,000) than non-Latinas in the service area.

- Nearly half of the pregnant women in the service area (48%) do not obtain prenatal care in the first trimester. HP 2020 goals are for 77% of all women to obtain prenatal care starting in the first trimester. Although there were some racial differences in access to care during the first trimester, with White women (65%) most likely to receive early care and Black women least likely to (46%), no racial/ethnic group in the service area meets the HP 2020 access goal for prenatal care.
- Low birth weight and premature births also remain a concern: In the service area, 107.4 births per 1,000 (or about 11%) were low birth weight, above the HP 2020 goal for low birth weight births at 78 per 1,000 births. Black women were more likely than other mothers to have a low birth weight infant, with 131.4 births

per 1,000. About one in nine (11%) of all live births in the service area are premature, according to vital statistics data. Black mothers are more likely than mothers of other race/ethnicities to give birth early, with 14% of births to Black mothers in the service area premature; this is above the HP 2020 target of 11.4% or fewer of births premature.

- The infant mortality rate in the service area was 8.8 per 1,000 live births; this rate is above the HP 2020 goal of 6.0 or fewer deaths per 1,000 live births. Mortality for Black infants in the service area was twice this goal (12.5 per 1,000), but rates for infants of other racial/ethnic groups met the goal.

Health education about a wide variety of health topics is needed in the service area. People need to understand chronic illnesses, mental health, the impact of violence, the importance of screenings, and how to advocate for themselves in the system.

- Community members at the Walnut West Library meeting emphasized the need for UPHS to strengthen bonds with more community organization, who have established trust with neighborhood residents.
- Community health workers were applauded, but community members said more workers of more backgrounds and more consistent public programming in various neighborhoods, especially in West and Southwest Philadelphia, are needed (Walnut West meeting).
- Children and youth, especially, need health education, including physical activity and nutrition education, while they are still young to change their attitudes (Walnut West meeting).

According to community meeting participants, access to culturally competent and linguistically appropriate health care and health education remain overarching issues in the service area (Independence Library meeting). Community members report that the health care system feels increasingly complicated to many residents, who need help navigating the system and identifying appropriate medical homes. In addition, many community members do not understand preventive health care approaches, or do not see the benefits of screenings because of perceived barriers to treatment or belief that many treatments do more harm than good. Community members recommended that health care providers continue to partner with, and expand partnerships with, community organizations, churches, schools, and other stakeholders to help educate residents and aid with access to health care.

## **APPENDIX A: PHMC'S COMMUNITY AND POPULATION ASSESSMENTS**

**A list of community and population assessments PHMC has completed includes:**

- 28 Community Health Needs Assessments for DVHC Member Hospitals, 2012
- Berks County Community Health Needs Assessment, 2012
- Philadelphia Health Care Trust Needs Assessment, 2011
- School District of Philadelphia Head Start Needs Assessment, 2010
- Jewish Federation of Greater Philadelphia Older Adult Needs Assessment, 2010
- Main Line Area Older Adults Needs Assessment, 2010
- William Penn Foundation Youth Development Initiative Population Studies, 2006, 2008, 2010
- National Nursing Centers Consortium Northeast Philadelphia Needs Assessment, 2009
- Latino Youth Needs Assessment, 2009
- National Children's Study Montgomery County Vanguard Center Needs Assessment, 2008
- Planned Parenthood of Bucks County LGBTQ Needs Assessment, 2007
- Project HOME North Philadelphia Needs Assessment, 2006
- Children's Hospital of Philadelphia Early Head Start Needs Assessment, 2003 and 2006
- Philadelphia Corporation for Aging Older Adults Needs Assessment, 2004
- North Penn (Montco) Community Health Special Populations Needs Assessment, 2003
- North Penn (Montco) Community Health Needs Assessment, 2002
- Brandywine Health Foundation Community Needs Assessment, 2002
- Philadelphia Chinatown Health Needs Assessment, 2001
- Philadelphia Latino Community Health Needs Assessment, 2001
- Burlington County, NJ Homeless Veterans Needs Assessment, 2001
- Phoenixville Community Health Foundation Special Populations Needs Assessment, 2000
- American Red Cross (SEPA Chapter) Needs and Impact Assessments, 1999
- Berwick, Pennsylvania Community Health Needs Assessment, 1999
- East Parkside Needs Assessment, 1999
- Phoenixville Community Health Foundation Needs Assessment, 1999
- City of Philadelphia Office of Housing and Community Development Elderly Housing Needs Assessment, 1997
- Presbyterian Foundation Assisted Living Assessment of West Philadelphia, 1997
- Five County (NJ) Elderly Health Needs Assessment, 1997

- Suburban Camden County Health Needs Assessment, 1997
- Bucks County Community Health Needs Assessment - Quantitative Analysis, 1994; Update, 1997
- Cumberland, Gloucester, and Salem Counties Health Needs Assessments, 1996
- Presbyterian Foundation Assisted Living Assessment of South and North Philadelphia, 1996
- Montgomery County Health Department Maternal and Child Health Needs Assessment - quantitative data analysis, 1996
- Haddington Area Needs Assessment, 1996
- Partnership for Community Health in the Lehigh Valley - implementation phase, 1996
- Delaware Valley Health Care Council Regional Health Profile, 1996
- City of Camden Needs Assessment, 1996
- Paoli Memorial Hospital Needs Assessment, 1994
- Northeast Philadelphia Partnership for a Healthier Community - qualitative data analysis, 1994
- Misericordia Hospital Community Health Needs Assessment , 1993
- Crozer-Keystone Health System, Delaware County Needs Assessment - quantitative data analysis, 1993
- Chester County Title V Maternal and Child Health Needs Assessment , 1993
- Chester County Maternal and Child Health Consortium Needs Assessment, 1993
- Bucks County Title V Maternal and Child Health Needs Assessment , 1993

## **APPENDIX B: U.S. CENSUS TABLES**

KEY

Trends over time are shown as a  
brown line at the end of the  
table.

## Univ. of Penn Health System Service Area

**Table 1. Socio-Demographic Indicators, U.S. Census**





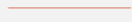





	2013	2015	2020	Trend
	N %	N %	N %	%
<b>Total Population</b>	529,474	537,161	550,986	4.1%
<b>Age</b>				
0-17	101,275 19.1%	106,375 19.8%	111,960 20.3%	
18-44	244,356 46.2%	244,380 45.5%	240,690 43.7%	
45-65	116,818 22.1%	117,702 21.9%	120,136 21.8%	
65+	67,025 12.7%	68,704 12.8%	78,200 14.2%	
<b>Gender</b>				
Male	250,496 47.3%	254,498 47.4%	262,402 47.6%	
Female	278,978 52.7%	282,663 52.6%	288,584 52.4%	
<b>Race/Ethnicity*</b>				
White	187,617 35.4%	195,092 36.3%	202,378 36.7%	
Black	250,414 47.3%	245,781 45.8%	238,924 43.4%	
Asian	48,867 9.2%	50,175 9.3%	55,526 10.1%	
Other	13,642 2.6%	14,487 2.7%	15,944 2.9%	
Latino	28,934 5.5%	31,626 5.9%	38,214 6.9%	

Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

PUBLIC HEALTH MANAGEMENT CORPORATION, COMMUNITY HEALTH DATA BASE

## Univ. of Penn Health System Service Area

**Table 2. Economic Indicators, U.S. Census**

	2013	2015	2020	Trend
	N %	N %	N %	%
<b>Total Population</b>	529,474	537,161	550,986	4.1%
<b>Income</b>				
Median Household Income	\$36,261	\$40,386	\$43,454	
<b>Education</b>				
Less than HS	64,589 18.3%	60,384 18.3%	63,118 16.5%	
HS Graduate	177,160 50.1%	180,077 49.4%	189,600 49.4%	
College or More	111,575 31.6%	123,832 34.0%	130,938 34.1%	
<b>Employment</b>				
Employed	223,928 87.0%	224,264 86.1%	228,692 86.1%	
Unemployed	33,492 13.0%	36,207 13.9%	36,803 13.9%	
<b>Poverty Status</b>				
Families living in poverty WITHOUT children	23,015 21.5%	23,415 21.6%	23,912 21.4%	
Families living in poverty WITH children	16,498 31.3%	16,808 31.9%	17,160 31.8%	
<b>Housing Unit Type</b>				
Renter-occupied	119,702 52.8%	122,400 53.0%	126,694 53.2%	
Owner-occupied	107,033 47.2%	108,691 47.0%	111,578 46.8%	

Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census



## Univ. of Penn Health System Service Area

**Table 3. Language Spoken at Home, U.S. Census**

	<b>2013</b>	<b>2015</b>	<b>2020</b>	<b>Trend</b>
	N %	N %	N %	%
<b>Total Population</b>	529,474	537,161	550,986	4.1%
<b>Language Spoken at Home</b>				
English	417,659 83.8%	422,207 83.7%	434,665 83.7%	_____
Spanish	19,400 3.9%	19,163 3.8%	19,709 3.8%	_____
Asian Language	31,375 6.3%	32,663 6.5%	33,411 6.4%	_____
Other Language	29,739 6.0%	30,625 6.1%	31,380 6.0%	_____

Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

## Philadelphia County


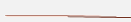
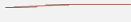
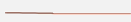



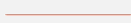

**Table 1. Socio-Demographic Indicators, U.S. Census**

	2013	2015	2020	Trend
	N %	N %	N %	%
<b>Total Population</b>	1,548,343	1,562,939	1,594,004	2.9%
<b>Age</b>				
0-17	346,802 22.4%	355,910 22.8%	366,280 23.0%	
18-44	639,228 41.3%	639,303 40.9%	633,139 39.7%	
45-65	365,043 23.6%	366,004 23.4%	364,051 22.8%	
65+	197,270 12.7%	201,722 12.9%	230,534 14.5%	
<b>Gender</b>				
Male	732,377 47.3%	740,196 47.4%	758,795 47.6%	
Female	815,966 52.7%	822,743 52.6%	835,209 52.4%	
<b>Race/Ethnicity*</b>				
White	551,134 35.6%	560,038 35.8%	553,818 34.7%	
Black	650,865 42.0%	640,976 41.0%	633,421 39.7%	
Asian	103,633 6.7%	105,925 6.8%	116,718 7.3%	
Other	37,833 2.4%	39,653 2.5%	43,425 2.7%	
Latino	204,878 13.2%	216,347 13.8%	246,622 15.5%	

Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

## Philadelphia County

**Table 2. Economic Indicators, U.S. Census**

	2013	2015	2020	Trend
	N %	N %	N %	%
<b>Total Population</b>	1,548,343	1,562,939	1,594,004	2.9%
<b>Income</b>				
Median Household Income	\$34,341	\$36,553	\$39,155	
<b>Education</b>				
Less than HS	202,166 20.0%	194,316 20.0%	202,692 18.9%	
HS Graduate	580,174 57.5%	588,576 57.2%	615,438 57.3%	
College or More	226,748 22.5%	245,718 23.9%	256,153 23.8%	
<b>Employment</b>				
Employed	618,227 85.4%	613,373 84.0%	623,191 84.0%	
Unemployed	105,990 14.6%	116,534 16.0%	118,546 16.0%	
<b>Poverty Status</b>				
Families living in poverty WITHOUT children	71,644 20.7%	75,010 21.5%	76,463 21.5%	
Families living in poverty WITH children	53,139 30.0%	55,674 31.5%	56,771 31.5%	
<b>Housing Unit Type</b>				
Renter-occupied	280,570 46.0%	284,697 46.1%	292,523 46.3%	
Owner-occupied	329,537 54.0%	332,482 53.9%	339,115 53.7%	

Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

## Philadelphia County












**Table 3. Language Spoken at Home, U.S. Census**

	<b>2013</b>	<b>2015</b>	<b>2020</b>	<b>Trend</b>
	N %	N %	N %	%
<b>Total Population</b>	1,548,343	1,562,939	1,594,004	2.9%
<b>Language Spoken at Home</b>				
English	1,142,550 79.0%	1,144,670 78.6%	1,172,056 78.7%	_____
Spanish	140,265 9.7%	146,596 10.1%	149,211 10.0%	_____
Asian Language	67,214 4.7%	69,399 4.8%	70,471 4.7%	_____
Other Language	95,388 6.6%	96,391 6.6%	98,214 6.6%	_____

Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

## SEPA

**Table 1. Socio-Demographic Indicators, U.S. Census**

	2013	2015	2020	Trend
	N %	N %	N %	%
<b>Total Population</b>	4,055,414	4,085,892	4,155,027	2.5%
<b>Age</b>				
0-17	921,995 22.7%	912,553 22.3%	905,435 21.8%	
18-44	1,459,355 36.0%	1,466,580 35.9%	1,467,792 35.3%	
45-65	1,095,631 27.0%	1,100,328 26.9%	1,081,639 26.0%	
65+	578,433 14.3%	606,431 14.8%	700,161 16.9%	
<b>Gender</b>				
Male	1,952,081 48.1%	1,968,505 48.2%	2,006,783 48.3%	
Female	2,103,333 51.9%	2,117,387 51.8%	2,148,244 51.7%	
<b>Race/Ethnicity*</b>				
White	2,516,792 62.1%	2,522,832 61.7%	2,491,661 60.0%	
Black	887,701 21.9%	883,437 21.6%	892,616 21.5%	
Asian	236,279 5.8%	245,564 6.0%	276,714 6.7%	
Other	85,668 2.1%	89,556 2.2%	99,961 2.4%	
Latino	328,974 8.1%	344,503 8.4%	394,075 9.5%	

Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

## SEPA

**Table 2. Economic Indicators, U.S. Census**

	2013	2015	2020	Trend
	N %	N %	N %	%
<b>Total Population</b>	4,055,414	4,085,892	4,155,027	2.5%
<b>Income</b>				
Median Household Income	\$58,640	\$60,593	\$64,164	
<b>Education</b>				
Less than HS	328,304 12.1%	313,807 12.1%	324,596 11.4%	
HS Graduate	1,460,282 53.8%	1,481,278 53.7%	1,528,644 53.8%	
College or More	923,668 34.1%	964,698 35.0%	989,974 34.8%	
<b>Employment</b>				
Employed	1,892,813 90.1%	1,887,350 89.4%	1,931,682 89.4%	
Unemployed	207,607 9.9%	223,853 10.6%	228,765 10.6%	
<b>Poverty Status</b>				
Families living in poverty WITHOUT children	100,280 10.0%	107,242 10.6%	109,240 10.7%	
Families living in poverty WITH children	74,730 15.3%	79,104 16.4%	80,512 16.4%	
<b>Housing Unit Type</b>				
Renter-occupied	525,424 33.8%	531,087 33.9%	543,310 34.0%	
Owner-occupied	1,028,653 66.2%	1,037,570 66.1%	1,055,837 66.0%	

Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

## SEPA


**Table 3. Language Spoken at Home, U.S. Census**

	<b>2013</b>	<b>2015</b>	<b>2020</b>	<b>Trend</b>
	N %	N %	N %	%
<b>Total Population</b>	4,055,414	4,085,892	4,155,027	2.5%
<b>Language Spoken at Home</b>				
English	3,230,195 84.9%	3,237,025 84.3%	3,299,197 84.4%	_____
Spanish	220,237 5.8%	229,436 6.0%	233,098 6.0%	_____
Asian Language	131,283 3.5%	138,267 3.6%	139,938 3.6%	_____
Other Language	221,918 5.8%	233,526 6.1%	236,863 6.1%	_____

Source: Nielsen-Claritas Pop-Facts Database and 2010 U.S. Census

## **APPENDIX C: VITAL STATISTICS TABLES**





### KEY

 Blue shading indicates HP2020 Goal is not been met.

Bar graphs in right column show differences in indicators.








**Table 1. Average Annualized Fertility Rates for Women 15-44 Years by Race and Ethnicity, 2009-2012, in Univ. of Penn Health System Service Area**

	Service Area	Philadelphia County	SEPA	
	Rate per 1,000 Number	Rate per 1,000 Number	Rate per 1,000 Number	
<b>All Women 15-44</b>	55.9 7,528	63.8 23,033	59.9 49,720	
<b>Race/Ethnicity*</b>				
White	34.5 1,904	42.8 6,238	50.0 25,570	
Black	72.4 4,183	72.1 10,969	69.9 14,412	
Asian	43.3 653	51.0 1,411	58.7 3,380	
Other	71.7 481	93.4 3,353	87.6 4,848	
Latina	78.8 547	84.6 3,965	84.7 6,106	
Non-Latina	52.1 6,663	58.6 18,435	56.3 42,708	

Notes:

**The fertility rate is calculated per 1,000 women 15-44 years of age.****White, Black, Asian and Other races include Latinas.****\*Unknown race and ethnicity appear only for the total.****Source: Pennsylvania Department of Health, Bureau of Health Statistics and Research. Calculations prepared by PHMC.**

**Table 2. Average Annualized Fertility Rates for Women 15-17 Years by Race and Ethnicity, 2009-2012, in Univ. of Penn Health System Service Area**





















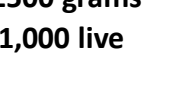
	Service Area	Philadelphia County	SEPA	
	Rate per 1,000 Number	Rate per 1,000 Number	Rate per 1,000 Number	
<b>All Women 15-17</b>	32.5 282	30.7 944	15.7 1,299	
<b>Race/Ethnicity*</b>				
White	10.1 13	9.2 76	4.3 209	
Black	37.0 236	36.1 615	33.1 769	
Asian	10.7 6	9.0 15	4.3 18	
Other	36.4 16	50.7 194	38.5 244	
Latina	51.8 18	45.8 232	40.6 309	
Non-Latina	29.3 243	26.6 683	12.7 951	

Notes:

The fertility rate is calculated per 1,000 women 15-17 years of age. White, Black, Asian and Other races include Latinas. \*Unknown race and ethnicity appear only for the total.

Source: Pennsylvania Department of Health, Bureau of Health Statistics and Research. Calculations prepared by PHMC.

**Table 3. Average Annualized Low Birth Rates by Race and Ethnicity, 2009-2012, in UPHS Service Area**

	Service Area	Philadelphia County	SEPA			
	Rate per 1,000 Number	Rate per 1,000 Number	Rate per 1,000 Number			
All Live Births	107.4	108.7	90.6			
	812	2,514	4,525			
Race/Ethnicity*						
White	67.7	73.5	67.6			
	130	460	1,736			
Black	131.4	135.8	133.0			
	552	1,497	1,926			
Asian	80.5	83.5	79.5			
	53	118	269			
Other	83.9	96.8	89.3			
	41	326	435			
Latino/a	85.6	95.6	85.1			
	47	381	522			
Non-Latino/a	106.4	109.7	90.0			
	712	2,031	3,860			





Notes:

**Low birth weight is defined as an infant weighing less than 2500 grams (5.5 lbs.) at birth. The low birth weight rate is calculate per 1,000 live births.**

**White, Black, Asian and Other races include Latino/as. \*Unknown race and ethnicity appear only for the total.**

**Source: Pennsylvania Department of Health, Bureau of Health Statistics and Research. Calculations prepared by PHMC.**

**Table 4. Average Annualized Percentage of Infants Born Prematurely by Race and Ethnicity, 2009-2012, in UPHS Service Area**

	Service Area	Philadelphia County	SEPA	
	Percentage Number	Percentage Number	Percentage Number	
<b>All Live Births</b>	11.4 855	11.6 2,670	10.2 5,058	
<b>Race/Ethnicity*</b>				
White	7.6 145	8.9 554	8.6 2,192	
Black	13.7 573	13.9 1,523	13.6 1,955	
Asian	8.4 55	8.4 119	7.7 258	
Other	8.3 40	10.3 346	9.8 476	
Latino/a	9.5 52	10.3 410	9.7 591	
Non-Latino/a	11.3 753	11.7 2,158	10.2 4,325	

Notes:





**Prematurity is defined as the birth of an infant before 37 weeks gestation. The percentage of infants born prematurely is calculated as a percentage of all live births that have birth certificate data on gestational age.**

**White, Black, Asian and Other races include Latino/as.**

**\*Unknown race and ethnicity appear only for the total.**

**Source: Pennsylvania Department of Health, Bureau of Health Statistics and Research. Calculations prepared by PHMC.**

**Table 5. Average Annualized Percentage of Women Receiving Late or No Prenatal Care by Race and Ethnicity, 2009-2012, in UPHS Service Area**

	Service Area	Philadelphia County	SEPA	
	Percentage Number	Percentage Number	Percentage Number	
<b>All Live Births</b>	48.3 3,389	46.2 9,939	35.8 17,051	
<b>Race/Ethnicity*</b>				
White	35.1	32.5	24.1	
	652	1,953	6,045	
Black	54.4	53.0	51.7	
	2,065	5,317	6,905	
Asian	44.4	41.9	33.0	
	277	556	1,073	
Other	54.2	51.7	51.3	
	250	1,645	2,373	
Latina	52.0	50.2	49.3	
	272	1,883	2,875	
Non-Latina	47.7	45.2	33.5	
	2,968	7,766	13,756	

Notes:

The percentage of women receiving late or no pre-natal care is calculated as the percentage of all live births that have birth certificate data on receipt of prenatal care.

Late prenatal care is defined as not having a recorded prenatal care visit in the 1st or 2nd trimesters, or none at all.

White, Black, Asian, and Other races include Latina/os. \*Unknown race and ethnicity only appear for the total.

Source: Pennsylvania Department of Health, Bureau of Health Statistics and Research. Calculations prepared by PHMC.

**Table 6. Average Annualized Infant Mortality Rate by Race and Ethnicity, 2009-2012, in UPHS Service Area**

	Service Area	Philadelphia County	SEPA	
	Rate per 1000 Number	Rate per 1000 Number	Rate per 1000 Number	
<b>All Live Births</b>	8.8 67	9.3 215	7.3 365	
<b>Race/Ethnicity*</b>				
White	5.2	8.0	5.4	
	10	50	139	
Black	12.5	13.4	13.4	
	53	148	194	
Asian	3.1	4.2	3.6	
	2	6	12	
Other	4.7	3.4	4.0	
	2	12	20	
Latino/a	5.5	6.1	5.7	
	3	24	35	
Non-Latino/a	9.3	10.0	7.5	
	63	186	322	

















Notes:

**Infant mortality is defined as the death of an infant within the first year of birth and is calculated per 1,000 live infant births.**

**White, Black, Asian and Other races include Latino/as. \*Unknown race and ethnicity is included only in the total.**

**Source: Pennsylvania Department of Health, Bureau of Health Statistics and Research. Calculations prepared by PHMC.**

**Table 7. Age-Adjusted Annualized Mortality Rates for Selected Causes of Death, 2009-2012, in UPHS Service Area**

	Healthy People 2020 Goal	Service Area	Philadelphia County	SEPA	
	Rate per 100,000	Rate per 100,000 Avg. Number	Rate per 100,000 Avg. Number	Rate per 100,000 Avg. Number	
<b>All Causes of Death</b>		842.2 4,470	893.4 14,009	756.38 34,900	
<b>All Cancers</b>	<b>161.4</b>	204.8 1,062	211.9 3,267	183.9 8,325	
Female Breast Cancer	20.7	28.5 86	28.5 259	25.6 664	
Lung Cancer	45.5	57.8 297	58.0 888	49.0 2,193	
Colorectal Cancer	14.5	18.0 94	19.5 302	16.6 758	
Prostate Cancer	21.8	37.2 70	33.7 190	24.3 421	
Cervical Cancer	2.2	4.0 11	3.6 31	2.3 664	
Coronary Heart Disease	103.4	142.4 757	153.3 2,415	119.7 5,657	
Stroke	34.8	42.6 230	44.8 711	40.3 1,917	
HIV/AIDS	3.3	9.1 45	7.7 115	3.6 152	
Homicide	-	19.0 113	18.5 307	9.4 374	
Suicide	10.2	9.0 48	10.0 152	10.9 458	
All Accidents	-	36.5 187	45.0 692	37.0 1,576	
Motor Vehicle Accidents	-	4.9 27	6.2 98	6.0 248	
Accidental Drug/Alcohol Poisoning	-	2.8 14	3.2 49	3.6 1,576	
Diabetes	66.6*	18.9 98	23.0 357	17.4 796	


Highlighted cells do not meet HP2020 Goal.

Note:

**Mortality rates are calculated per 100,000 population.****Denominators to calculate age-adjusted rates to the Standard 2000 population derive from 2010 Census ZCTA data broken down into 19 age groups.**

**\*Methodology Notes:** Diabetes-related mortality data are derived from the multiple-cause-of-death files. Data include all mentions of diabetes on the death certificate, whether as an underlying or a multiple cause of death. Diabetes is approximately three times as likely to be listed as multiple cause of death than as underlying cause.

**Table 8. Currently Living with HIV/AIDS by County, 2014**

	Bucks County	Chester County	Delaware County	Montgomery County	Philadelphia County	Pennsylvania	
	Rate per 100,000 Number	Rate per 100,000 Number	Rate per 100,000 Number	Rate per 100,000 Number	Rate per 100,000 Number	Rate per 100,000 Number	
Currently living with HIV, including AIDS	6.5 122	5.6 85	15.8 265	6.4 155	45.7 2,106	11.3 4,320	







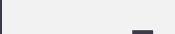

Note:

**\*Rates calculated by PHMC using HIV prevalence estimates provided by the Pennsylvania Department of Health divided by population estimates from the 2008 American Community Survey.**

**Source: Pennsylvania Department of Health, HIV/AIDS Investigations-Bureau of Epidemiology and American Community Survey.**




**Table 9. Communicable Disease Rates by Pennsylvania County, 2013 and 2014**

	Bucks County	Chester County	Delaware County	Montgomery County	Philadelphia County	Pennsylvania	
	Rate per 100,000 Number	Rate per 100,000 Number	Rate per 100,000 Number	Rate per 100,000 Number	Rate per 100,000 Number	Rate per 100,000 Number	
Hepatitis B, Chronic	13.2 248	8.2 124	34.7 583	21.3 513	30.8 1,422	14.0 5,361	
Tuberculosis	1.6 30	1.6 24	3.2 53	2.3 55	6.1 283	1.9 732	
Lyme Disease	74.5 1,300	134.0 2,022	19.1 320	43.6 1,062	9.4 435	37.2 14,200	
Pertussis	15.8 297	14.3 216	19.2 323	18.0 434	8.6 396	9.6 3,666	
Chickenpox	10.0 187	7.0 106	3.1 52	7.3 175	13.9 641	8.3 3,157	
Chlamydia*	163.0 3,063	183.4 2,766	457.9 7,691	220.7 5,324	1316.7 60,702	406.7 155,395	
Gonorrhea*	23.4 440	41.0 619	114.6 1,924	40.9 986	446.6 20,587	110.0 42,043	
Syphilis, Primary and Secondary*	2.0 37	0.9 14	2.4 41	2.1 50	15.5 714	3.2 1,236	

Note:

**Communicable disease rates are calculated per 100,000 population. \* Indicates that data are from 2013.****Source: Pennsylvania Department of Health, Bureau of Health Statistics and Research, EpiQMS**

## **APPENDIX D: HOUSEHOLD HEALTH SURVEY TABLES**

KEY	
	Teal shading indicates HP2020 Goal is not been met.
Bar graphs in right column show differences in indicators.	

○

**Table 1. Health Status of Adults 18+, 2015**

	Service Area	Philadelphia County	SEPA	
	N %	N %	N %	
<b>Overall Health Status</b>				
Excellent/Very Good/Good	341,600 79.3	904,400 76.4	2,604,600 82.3	
Excellent/Very Good/Good (age adjusted)*	79.8	78.2	83.8	
Fair/Poor	89,100 20.7	278,700 23.6	560,800 17.7	
Healthy People 2020 Goal for Good or Better Health: 79.8%. Highlighted cells do not meet HP2020 Goal.				

<b>Mental Health</b>				
Diagnosed with mental health condition	90,700 21.1	245,800 20.8	551,400 17.5	
Receiving treatment for mental health condition	58,200 64.4	159,300 65.1	344,100 62.6	

<b>Body Mass Index, Adults 20+</b>				
Overweight	118,500 28.6	377,800 33.0	1,057,800 34.4	
Obese	127,000 30.6	388,300 33.9	926,500 30.1	
Obese (age adjusted)*	30.8	34.0	29.3	
Healthy People 2020 Goal for Obesity is 30.6% of adults 20+. Highlighted cells do not meet HP2020 Goal. Overweight is defined as having a BMI of 25-29 and obese is defined as having a BMI of 30 or greater.				

<b>Chronic Health Conditions</b>				
Ever diagnosed with asthma	86,900 20.3	230,300 19.5	539,300 17.0	
Ever diagnosed with diabetes	61,700 14.5	181,500 15.4	401,500 12.7	
Ever diagnosed with high blood pressure	149,900 35.1	449,000 39.1	1,051,100 33.3	
High BP (age adjusted)*	32.2	33.5	27.4	
Not taking prescribed BP medication all or nearly all the time	12,000 10.0	28,000 7.3	46,300 5.2	
Not taking prescribed BP medication all or nearly all the time (age adjusted)*	12.9	7.4	6.7	
Healthy People 2020 Goal for adults with hypertension is 26.9% or fewer, and for adults with hypertension taking medication, 69.5% or more. Highlighted cells do not meet HP2020 Goal.				

**Notes:**

\*Age adjusted using the direct method and the 2000 U.S. standard million population.

Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

○ **Table 2. Health Insurance and Access to Care for Adults 18+, 2015**

	Service Area	Philadelphia County	SEPA	
	N	N	N	
	%	%	%	
<b>Insurance Status</b>				
Uninsured (18-64)	51,900	118,700	214,200	
	15.0	12.4	8.6	
No RX insurance	100,200	253,600	503,100	
	23.9	21.9	16.2	
Enrolled in Marketplace plan since 2013	33,300	84,000	198,200	
	38.0	38.0	36.3	
Healthy People 2020 Goal for health insurance is 100% of all adults. Highlighted cells do not meet HP2020 Goal.				
<b>Access to Care</b>				
No regular source of care	75,600	174,400	400,600	
	17.6	14.7	12.7	
<b>In the past year did not...</b>				
Receive health care due to cost	57,800	136,100	323,400	
	13.5	11.5	10.2	
Fill a prescription due to cost	67,900	179,000	419,800	
	15.8	15.1	13.3	
Healthy People 2020 Goal for adults with no regular source of care is 26.1% Highlighted cells do not meet HP2020 Goal.				

**Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey**

○ **Table 3. Personal Health Behaviors of Adults 18+, 2015**

	Service Area	Philadelphia County	SEPA	
	N %	N %	N %	
<b>Diet and Nutrition</b>				
Fewer than four servings of fruits and vegetables in a typical day	324,400 79.0	922,800 81.4	2,369,100 77.1	
Ate fast food in the past week	146,500 34.1	457,300 38.6	1,087,700 34.3	
Cut a meal in the past year due to cost	12,700 11.3	36,400 11.6	61,500 6.6	

<b>Physical Activity</b>				
Did not exercise in the past month	81,200 18.9	271,600 23.0	685,400 21.7	
Exercised fewer than 3 days per week	189,900 44.2	558,500 47.3	1,526,800 48.4	
Comfortable visiting neighborhood outdoor space during the day	318,600 75.7	849,200 73.1	2,431,800 78.2	
Healthy People 2020 Goal for no leisuretime physical activity is 32.6%. Highlighted cells do not meet HP 2020 Goal.				

<b>Cigarette Smoking</b>				
Smokes cigarettes*	94,500 22.1	263,800 16.0	538,700 15.5	
Tried to quit smoking in past year (among smokers)	50,600 53.6	160,000 60.7	316,300 58.7	
Used e-cigarettes once or more in past month	31,200 7.3	86,700 7.3	217,900 6.9	
Someone smokes cigarettes inside home	63,000 14.6	180,800 15.3	372,100 11.7	
Healthy People 2020 Goal for cigarette smoking is 12%, Goal for smokers trying to quit is 80%, and goal for smokefree homes is 87%. Highlighted cells do not meet HP2020 Goal.				

**Notes:**

\*Age adjusted using the direct method and the 2000 U.S. standard million population.

Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

○ **Table 4. Utilization of Services by Adults 18+, 2015**

	Service Area	Philadelphia County	SEPA	
	N %	N %	N %	
<b>Healthcare Visits</b>				
Did not visit healthcare provider in past year	58,800 14.2	150,000 13.1	411,000 13.2	
Did not visit dentist in past year	158,700 37.2	481,100 40.8	1,012,900 32.1	
<b>Health Screenings</b>				
Did not ever have HIV test	149,400 35.5	443,500 38.6	1,576,200 52.2	
Did not have blood pressure test in past year	43,800 10.3	119,400 10.2	280,700 8.9	
Did not have colonoscopy in past 10 years (adults 50+)	50,600 25.0	176,600 29.5	527,400 29.6	
Did not have Pap test in past three years (women 21-65)	20,300 11.4	69,800 14.4	195,600 15.4	
No Pap test (age adjusted)*	10.2	12.7	13.3	
Did not have clinical breast exam in past year (women)	83,500 35.8	224,100 35.2	593,200 35.2	
Did not have mammogram in past two years (women 50-74)	17,300 18.9	49,800 17.5	161,700 19.6	
No mammogram (age adjusted)*	18.7	17.3	19.5	
Did not have PSA or rectal exam for prostate cancer in past year (men 45+)	53,800 53.2	162,700 54.8	435,900 49.4	
Healthy People 2020 Goal for cervical cancer screenings is 93%, mammograms is 81.1%. Highlighted cells do not meet HP 2020 Goal.				

**Notes:**

\*Age adjusted using the direct method and the 2000 U.S. standard million population.

Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

○

**Table 5. Health Status and Service Needs of Older Adults 60+, 2015**

	Service Area	Philadelphia County	SEPA	
	N %	N %	N %	
<b>Health Status</b>				
Excellent/Very Good/Good	73,200 75.5	205,000 70.7	689,900 79.3	
Fair/Poor	23,800 24.5	85,100 29.3	180,000 20.7	
Fallen in past year	21,600 22.3	63,500 21.9	191,500 22.0	
<b>Activities of Daily Living</b>				
At least one ADL limitation	16,200 16.7	46,300 15.9	105,400 12.1	
At least one IADL limitation	31,500 32.4	88,900 30.6	210,400 24.1	
ADL refers to Activities of Daily Living. IADL refers to Instrumental Activities of Daily Living.				
<b>Mental Health and Social Isolation</b>				
Signs of depression	11,100 12.6	48,200 18.2	97,400 12.1	
Talks to friends or relatives less than once a week	4,000 4.2	13,500 4.7	49,000 5.7	
Signs of depression is defined as having four or more depression symptoms on a ten item scale.				
<b>Health Conditions</b>				
Diagnosed with asthma	12,800 13.2	47,400 16.4	106,600 12.3	
Diagnosed with high blood pressure	61,100 63.3	191,400 66.1	493,600 56.8	
Diagnosed with diabetes	24,900 25.8	78,100 27.0	194,400 22.4	
Diagnosed with arthritis (2012)	52,300 59.4	348,000 29.1	440,100 52.8	
<b>Wishes to Remain in Current Home</b>				
Five years or less	18,900 21.6	59,900 22.8	162,500 20.4	
More than five years, less than ten	10,700 12.2	38,200 14.5	124,500 15.6	
Ten or more years	57,900 66.2	165,000 62.7	508,900 63.9	
<b>Home Care &amp; Other Services</b>				
Paid for care in the home in past year	8,600 8.8	26,400 9.1	67,600 7.8	
Needs meal or food programs	6,500 7.5	18,200 7.0	25,000 3.1	
Needs transportation services	8,300 11.1	24,900 10.5	47,300 6.1	

**Notes:**

\*Age adjusted using the direct method and the 2000 U.S. standard million population.

Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey

○

**Table 6. Selected Child (Ages 0-17) Health Indicators, 2015**

	Service Area	Philadelphia County	SEPA	
	N %	N %	N %	
<b>Health Status</b>				
Excellent/Very Good/Good	100,500 94.4	318,400 93.4	867,600 95.3	
Fair/Poor	5,900 5.6	22,500 6.6	42,700 4.7	
Diagnosed with asthma	25,100 23.6	73,500 21.5	167,500 18.4	
<b>Access to Care</b>				
No regular source of care	4,000 3.8	14,600 4.3	31,800 3.5	
Did not visit dentist in past year	23,400 22.0	69,500 20.4	161,000 17.7	
Did not receive needed dental care due to cost	8,400 8.0	16,900 4.9	35,000 3.8	
<b>Body Mass Index (age 6+)</b>				
Overweight	10,600 16.8	36,900 17.9	93,400 16.2	
Obese	21,000 33.3	65,700 32.0	123,500 21.4	
Overweight is calculated for children 6-17 years and is defined as scoring in the 85th-94th BMI-for-age percentile. Obese is calculated for children 6-17 years and is defined as scoring in the 95th of greater BMI-for-age percentile.				
<b>Nutrition and Physical Activity</b>				
Fewer than four servings of fruits and vegetables in a typical day	62,300 75.1	211,200 74.0	579,300 74.0	
Exercised fewer than 3 times per week (age 3+)	13,600 16.3	53,300 19.0	140,800 18.1	
<b>Early Childhood Education</b>				
Average number of hours/week in ECE setting (age 0-6)	12.8	14.4	13.6	

Source: PHMC's 2015 Southeastern Pennsylvania Household Health Survey



## **APPENDIX E: SIGNIFICANCE TESTING**

### KEY

**Green** = the value for this variable for the service area is significantly better than for the remainder of SEPA

**Red** = the value for this variable for the service area is significantly worse than for the remainder of SEPA

**Comparison of the UPHS Service Area to Remainder of SEPA****Adults (18-64)**

KEY: NS = not statistically significant, .05 = statistically significant, .01 = highly statistically significant, .001 = very highly statistically significant. **Green** = significantly better than remainder of SEPA, **Red** = significantly worse than remainder of SEPA

<b>Health Measure</b>	<b>Significance level</b>
<b>In fair or poor health</b>	<b>0.01</b>
Ever diagnosed with high blood pressure	NS
<b>Ever diagnosed with diabetes</b>	<b>0.05</b>
<b>Ever diagnosed with asthma</b>	<b>0.001</b>
<b>Overweight (age 20+) (BMI percentile = 25 - 29.9)</b>	<b>0.001</b>
<b>Obese (age 20+) (BMI percentile = 30 or higher)</b>	<b>0.05</b>
<b>Ever diagnosed with a mental health condition</b>	<b>0.001</b>
Receive treatment for a mental health condition	NS
<b>Did not receive care in past year due to cost</b>	<b>0.001</b>
<b>Did not fill prescription in past year due to cost</b>	<b>0.01</b>
<b>Currently uninsured (ages 18-64)</b>	<b>0.001</b>
<b>Looked into buying insurance through healthcare.gov</b>	<b>0.01</b>
<b>Difficult to find a plan with affordable monthly premiums</b>	<b>0.05</b>
Difficult to find a plan with affordable copays and deductibles	NS
<b>Does not have a regular source of healthcare</b>	<b>0.001</b>
No visits to healthcare provider in past year	NS
<b>No dental visit in past year</b>	<b>0.001</b>
Blood pressure not taken in past year	NS
<b>No colonoscopy or sigmoidoscopy in past 10 years (50+)</b>	<b>0.01</b>
<b>No pap test in past 3 years (female 21-65)</b>	<b>0.01</b>
No breast exam in past year (female)	NS
No mammogram in past 2 years (female 50-74)	NS
No prostate screening in past year (male 45+)	NS
<b>Consumed fast food three or more times in past week</b>	<b>0.05</b>
Fewer than 4 servings of fruits and vegetables per day	NS
<b>&lt;3 days with 30 minutes of exercise/week, past month</b>	<b>0.001</b>
<b>Currently smokes cigarettes</b>	<b>0.001</b>
Tried to quit smoking in past year	NS
<b>Low social capital</b>	<b>0.001</b>
<b>Older Adults (65+)</b>	
In fair or poor health	NS
Any ADL limitations	NS
Any IADL limitations	NS
Signs of depression ( 4+ symptoms in 10 point scale)	NS
<b>Children (0-17)</b>	
In fair or poor health	NS
Overweight (BMI percentile = 85 – 94.9)	NS
<b>Obese (BMI percentile = 95 or higher)</b>	<b>0.001</b>
Has no regular source of healthcare	NS
Fewer than 4 servings of fruits and vegetables per day	NS
<3 days with 30 minutes of exercise/week, past month	NS
<b>Examined by dentist in the past year</b>	<b>0.05</b>

## **APPENDIX F: RESOURCE LISTS**

## PHILADELPHIA HOSPITALS

Name	Address			
Hahnemann University Hospital	230 N Broad St	Philadelphia	PA	19102
Magee Rehabilitation Hospital	1513 Race Street	Philadelphia	PA	19102
Children's Hospital of Philadelphia	34th and Civic Center Blvd	Philadelphia	PA	19104
Hospital of the University of Pennsylvania	3400 Spruce Street	Philadelphia	PA	19104
Penn Presbyterian Medical Center	51 North 39th Street	Philadelphia	PA	19104
Philadelphia VA Medical Center	3900 Woodland Ave	Philadelphia	PA	19104
Thomas Jefferson University Hospital	111 South 11th Street	Philadelphia	PA	19107
Pennsylvania Hospital	800 Spruce Street	Philadelphia	PA	19107
Wills Eye Institute	840 Walnut Street	Philadelphia	PA	19107
Fox Chase Cancer Center	333 Cottman Ave	Philadelphia	PA	19111
Jeanes Hospital	7600 Central Ave	Philadelphia	PA	19111
Aria Health Torresdale	10800 Knights Road	Philadelphia	PA	19114
Chestnut Hill Hospital	8835 Germantown Ave	Philadelphia	PA	19118
Girard Medical Center	8th Street and Girard Avenue	Philadelphia	PA	19122
Cancer Treatment Centers of America	1331 East Wyoming Avenue	Philadelphia	PA	19124
Friends Hospital	4641 Roosevelt Boulevard	Philadelphia	PA	19124

Aria Health Frankford	4900 Frankford Ave	Philadelphia	PA	19124
Temple University Hospital - Episcopal Campus	100 E. Lehigh Avenue	Philadelphia	PA	19125
Roxborough Memorial Hospital	5800 Ridge Ave	Philadelphia	PA	19128
Saint Joseph's Hospital	16th Street and Girard Avenue	Philadelphia	PA	19130
Saint Christopher's Hospital for Children	3601 A Street	Philadelphia	PA	19131
Temple University Hospital	3401 North Broad St	Philadelphia	PA	19140
Albert Einstein Medical Center Philadelphia	5501 Old York Road	Philadelphia	PA	19141
Mercy Hospital of Philadelphia	501 S 54th Street	Philadelphia	PA	19143
Methodist Hospital	2301 South Broad Street	Philadelphia	PA	19148
Nazareth Hospital	2601 Holme Avenue	Philadelphia	PA	19152
Belmont Behavioral Health	4200 Monument Rd	Philadelphia	PA	19131

**PHILADELPHIA COMMUNITY HEALTH CLINICS****\*(Includes mental health centers, acute care, rehabilitation centers, behavioral health centers, urgent care centers, etc.)**

<b>Name</b>	<b>Address</b>	<b>Town</b>	<b>State</b>	<b>Zip</b>
Drexel Convenient Care Center	1625 Chestnut St	Philadelphia	PA	19103
Public Health Center #3	555 South 43rd St	Philadelphia	PA	19104
Public Health Center #4	4400 Haverford Ave	Philadelphia	PA	19104
Mary Howard Health Center	125 South 9th Street	Philadelphia	PA	19107
Rising Sun Health Center	500 Adams Avenue	Philadelphia	PA	19120
Public Health Center #5	1920 North 20th Street	Philadelphia	PA	19121
QCHC Meade Elementary School	18th and Oxford Streets	Philadelphia	PA	19121
QCHC Vaux Middle School	2300 W Master St	Philadelphia	PA	19121
QCHC Finley	2813 West Diamond Street	Philadelphia	PA	19121
Broad Street Health Center	1415 North Broad Street	Philadelphia	PA	19122
PHMC Health Connection	1035 West Berks Street	Philadelphia	PA	19122
FPCN Eleventh Street Family Health Services of Drexel University	800 North 11th Street	Philadelphia	PA	19123
Public Health Center #6	321 West Girard Ave	Philadelphia	PA	19123
GPHA Frankford Health Center	4500-4510 Frankford Avenue	Philadelphia	PA	19124
DVCH Parkview OB-Gyn	1331 East Wyoming Ave	Philadelphia	PA	19124
DVCH Fairmount Primary Care Center	1412 Fairmount Avenue	Philadelphia	PA	19130

Advanced Urgent Care	5058 City Ave	Philadelphia	PA	19131
QCHC Family Health Center	2501 West Lehigh Avenue	Philadelphia	PA	19132
Public Health Strawberry Mansion Health Center	2840 W. Dauphin Street	Philadelphia	PA	19132
Esperanza Health Center	2940 North 5th Street	Philadelphia	PA	19133
Esperanza Health Center	3156 Kensington Avenue	Philadelphia	PA	19134
Haddington Health Center	5619 Vine Street	Philadelphia	PA	19139
Sayre Health Center	5800 Walnut Street	Philadelphia	PA	19139
Esperanza Health Center	4417 North 6th Street	Philadelphia	PA	19140
GPHA Hunting Park Health Center	1999 West Hunting Park Avenue	Philadelphia	PA	19140
DVCH Maria de los Santos Health Center	455 West Allegheny Avenue	Philadelphia	PA	19140
QCHC Cooke Elementary School	1300 West Loudon Street	Philadelphia	PA	19141
FPCN Health Annex	6120 Woodland Avenue	Philadelphia	PA	19142
GPHA Woodland Avenue Medical Center	5000 Woodland Ave	Philadelphia	PA	19143
FPCN Abbottsford Falls Family Practice and Counseling	4700 Wissahickon Avenue	Philadelphia	PA	19144
Covenant House Health Services	251 East Brighthurst Street	Philadelphia	PA	19144
Public Health Center #9	131 East Chelton Ave	Philadelphia	PA	19144
Public Health Center #2	1720 South Broad Street	Philadelphia	PA	19145
GPHA Wilson Park Medical Center	2520 Snyder Avenue	Philadelphia	PA	19145
Public Health Center #1	500 South Broad St	Philadelphia	PA	19146

GPHA 4th Street Behavioral Health	1401 South 4th Street	Philadelphia	PA	19147
GPHA Chinatown Medical Services	930 Washington Avenue	Philadelphia	PA	19147
GPHA Southeast Health Center	800 Washington Avenue	Philadelphia	PA	19147
Public Health Center #10	2230 Cottman Avenue	Philadelphia	PA	19149
Concentra Urgent Care	2010 Levick St	Philadelphia	PA	19149
Covenant House - Mt Pleasant Health Center	8125 Stenton Ave	Philadelphia	PA	19150
Concentra Urgent Care	7000 Holstein Ave	Philadelphia	PA	19153



**PHILADELPHIA SOCIAL SERVICES (\*includes: senior centers, family resource centers, homeless shelters, community/rec centers, YMCAs/YWCAs, etc.)**

<b>Name</b>	<b>Address</b>					<b>Type</b>
Women Against Abuse	PO Box 13758	Philadelphia	PA	19101	Emergency Shelter	
Department of Human Services Division of Children and Youth	1515 Arch Street	Philadelphia	PA	19102	Emergency Shelter	
West Philadelphia Senior Community Center	1016-26 North 41st St	Philadelphia	PA	19104	Senior Center	
People's Emergency Center	325 N. 39th Street	Philadelphia	PA	19104	Emergency Shelter	
People's Emergency Center	3902 Spring Garden Street	Philadelphia	PA	19104	Emergency Shelter	
ARU Detox	University & Woodland Aves.	Philadelphia	PA	19104	VA Services	
Veteran's Affairs Medical Center	3900 Woodland Ave.	Philadelphia	PA	19104	VA Services	
University City Hospitality Coalition	3741 Walnut Street	Philadelphia	PA	19104	Homeless Services	
St. John's Hospice	1221 Race Street	Philadelphia	PA	19105	Emergency Shelter	
Sunday Breakfast Association	302 North 13th Street	Philadelphia	PA	19105	Emergency Shelter	
VA Drop In Center	213-217 N. 4th Street	Philadelphia	PA	19106	VA Services	
On Lok House	219 North 10th St	Philadelphia	PA	19107	Senior Center	
Philadelphia Senior Center Coffee Cup Satellite & Asian Pacific Senior Resource Center	247 South 10th St	Philadelphia	PA	19107	Senior Center	
The Salvation Army Eliza Shirley House	1320 Arch Street	Philadelphia	PA	19107	Salvation Army Community Centers	
Office of Supportive Housing	141 N. Juniper Street	Philadelphia	PA	19107	Emergency Shelter	
Eliza Shirley House	1320 Arch Street	Philadelphia	PA	19107	Emergency Shelter	

Ridge Avenue Shelter	1360 Ridge Avenue	Philadelphia	PA	19107	Emergency Shelter
Mercy Hospice	334 South 13th Street	Philadelphia	PA	19107	Emergency Shelter
Traveler's Aid Society	121 N. Broad Street	Philadelphia	PA	19107	Emergency Shelter
Gateway Services Center	907 Hamilton Street	Philadelphia	PA	19107	Homeless Services
JCCs Klein Branch Senior Center and Russian Satellite	10100 Jamison Ave	Philadelphia	PA	19116	Senior Center
PHA Emlen Arms Satellite	6733 Emlen St	Philadelphia	PA	19119	Senior Center
Olney Senior Program	5900 North Fifth St	Philadelphia	PA	19120	Senior Center
The Salvation Army Citadel and Korean	5830 Rising Sun Ave	Philadelphia	PA	19120	Salvation Army Community Centers
Columbia North YMCA	1400 N. Broad St	Philadelphia	PA	19121	YMCA
Martin Luther King Older Adult Center	2101-35 West Cecil B. Moore Ave	Philadelphia	PA	19121	Senior Center
North Broad Street Senior Center	1438 North Broad St	Philadelphia	PA	19121	Senior Center
CSS Norris Square Senior Citizen Center	2121-37 North Howard St	Philadelphia	PA	19122	Senior Center
Spring Garden Center	1221 Spring Garden St	Philadelphia	PA	19123	Senior Center
Salvation Army HQ	701 North Broad Street	Philadelphia	PA	19123	Salvation Army Community Centers
The Salvation Army Developmental Disabilities Program	701 North Broad Street	Philadelphia	PA	19123	Salvation Army Community Centers
The Salvation Army Temple	1340 Brown Street	Philadelphia	PA	19123	Salvation Army Community Centers
The Salvation Army Emergency Disaster Services	701 N. Broad St.	Philadelphia	PA	19123	Salvation Army Community Centers
The Salvation Army Red Shield Family Residence	715 North Broad Street	Philadelphia	PA	19123	Salvation Army Community Centers

Covenant House	417 Callowhill Street	Philadelphia	PA	19123	Emergency Shelter
Peter Bressi N.E. Senior Center	4744-46 Frankford Ave	Philadelphia	PA	19124	Senior Center
CSS St. Anne's Senior Citizen Center	2607 East Cumberland St	Philadelphia	PA	19125	Senior Center
Lutheran Settlement House Senior Center	1340 Frankford Ave	Philadelphia	PA	19125	Senior Center
Brotherhood Mission	401 E. Girard Avenue	Philadelphia	PA	19125	Emergency Shelter
Roxborough YMCA	7201 Ridge Ave	Philadelphia	PA	19128	YMCA
The Center at Journey's Way	403 Rector St	Philadelphia	PA	19128	Senior Center
The Salvation Army Roxborough	6730 Ridge Avenue	Philadelphia	PA	19128	Salvation Army Community Centers
The Salvation Army Adult Rehabilitation Center	4555 Pechin Street	Philadelphia	PA	19128	Salvation Army Community Centers
The Salvation Army Ray and Joan Kroc Center	4200 Wissahickon Ave	Philadelphia	PA	19129	Salvation Army Community Centers
Outreach Coordination Center	1515 Fairmount Avenue	Philadelphia	PA	19130	Salvation Army Community Centers
Maternity Care Coalition	2000 Hamilton Street	Philadelphia	PA	19130	Salvation Army Community Centers
Youth Emergency Services	1526 Fairmount Avenue	Philadelphia	PA	19130	Emergency Shelter
Philadelphia Committee to End Homelessness	802 N. Broad Street	Philadelphia	PA	19130	Homelessness Services
The Salvation Army Ivy Residence Senior Housing	4051 Ford Road	Philadelphia	PA	19131	Salvation Army Community Centers
The Salvation Army Soups' On! Project	4050 Conshohocken State Rd.	Philadelphia	PA	19131	Salvation Army Culinary Job Training
Lehigh Senior Center	1701 West Lehigh Ave	Philadelphia	PA	19132	Senior Center
The Salvation Army Tabernacle	3150 N. Mascher St	Philadelphia	PA	19133	Salvation Army Community Centers

Juniata Park Older Adult Center	1251 East Sedgley Ave	Philadelphia	PA	19134	Senior Center
The Salvation Army Pioneer	1920 E Allegheny Ave	Philadelphia	PA	19134	Salvation Army Community Centers
West Oak Lane Senior Center	7210-18 Ogontz Ave	Philadelphia	PA	19138	Senior Center
West Philadelphia YMCA	5120 Chestnut Street	Philadelphia	PA	19139	YMCA
Haddington Multi-Services for Older Adults, Inc.	5331-41 Haverford Ave	Philadelphia	PA	19139	Senior Center
Older Adult Sunshine Center	137 South 58th St	Philadelphia	PA	19139	Senior Center
The Salvation Army - West Philadelphia	5501 Market St.	Philadelphia	PA	19139	Salvation Army Community Centers
The Salvation Army Booth Manor Residence Senior Housing	5522 Arch Street	Philadelphia	PA	19139	Salvation Army Community Centers
Mann Older Adult Center	3201 North 5th Street	Philadelphia	PA	19140	Senior Center
Philadelphia Senior Center - Tioga Branch	1531 West Tioga St	Philadelphia	PA	19140	Senior Center
Ontario St. Baptist Mission	114 W. Ontario St.	Philadelphia	PA	19140	Emergency Shelter
Nationalities Senior Program	11th & Rockland Streets	Philadelphia	PA	19141	Senior Center
Southwest Senior Center	6916 Elmwood Ave	Philadelphia	PA	19142	Senior Center
CSS Star Harbor Senior Center	4700 Springfield Ave	Philadelphia	PA	19143	Senior Center
Center in the Park	5818 Germantown Ave	Philadelphia	PA	19144	Senior Center
Wayne Hall	5200 Wayne Avenue	Philadelphia	PA	19144	Emergency Shelter
Whosoever Gospel Mission	101 E. Cheltenham Avenue	Philadelphia	PA	19144	Emergency Shelter
PHA Wilson Park Satellite	2508 Jackson St	Philadelphia	PA	19145	Senior Center
CSS St. Charles Senior Community Center	1941 Christian St	Philadelphia	PA	19146	Senior Center

PHA Cassie L. Holly Satellite	2100 Dickinson St	Philadelphia	PA	19146	Senior Center
Voyage House	1431 Lombard Street	Philadelphia	PA	19146	Emergency Shelter
Philadelphia Senior Center - Main Branch	509 South Broad St	Philadelphia	PA	19147	Senior Center
South Philadelphia Older Adult Center	1430 East Passyunk Ave	Philadelphia	PA	19147	Senior Center
Old Pine Community Center	401 Lombard Street	Philadelphia	PA	19147	Community Center
JCC's Stiffel Senior Center	604 West Porter St	Philadelphia	PA	19148	Senior Center
Marconi Senior Citizen Program/Samuel S. Fels South Philadelphia Community Center	2407 South Broad St	Philadelphia	PA	19148	Senior Center
JCCs Tabas House Satellite	2101 Strahle St	Philadelphia	PA	19152	Senior Center
Northeast Older Adult Center	8101 Bustleton Ave	Philadelphia	PA	19152	Senior Center

**PHILADELPHIA FOOD DISTRIBUTION (\*includes: Chain Supermarkets, Food Pantries, Farmers Markets)**

<b>Name</b>	<b>Address</b>					<b>Type</b>
Suburban Station	16th St Concourse	Philadelphia	PA	19102		Farmers Market/Farm Stand
Fitler Square Market	23rd and Pine St	Philadelphia	PA	19103		Farmers Market/Farm Stand
IBC Market	1901 Market St	Philadelphia	PA	19103		Farmers Market/Farm Stand
Rittenhouse	18th and Walnut St	Philadelphia	PA	19103		Farmers Market/Farm Stand
Schuylkill River Park Market	25th and Spruce	Philadelphia	PA	19103		Farmers Market/Farm Stand
Fitler Square	23rd Street & Pine Street	Philadelphia	PA	19103		Farmers Market/Farm Stand
St. Mark's Church	1625 Locust St.	Philadelphia	PA	19103		Food Pantry/Cupboard
Sidney Hillman Apts.	22 S. 22nd St. 1507	Philadelphia	PA	19103		Food Pantry/Cupboard
Trader Joe's Philadelphia	2121 Market St	Philadelphia	PA	19103		Grocery Store
Clark Park	43rd St and Baltimore Ave	Philadelphia	PA	19104		Farmers Market/Farm Stand
Drexel University	33rd and Market St	Philadelphia	PA	19104		Farmers Market/Farm Stand
Lancaster Ave	3700 Lancaster Ave	Philadelphia	PA	19104		Farmers Market/Farm Stand
The Porch	30th Street Station	Philadelphia	PA	19104		Farmers Market/Farm Stand
University Square	36th and Walnut St	Philadelphia	PA	19104		Farmers Market/Farm Stand
Drexel Farmers Market	3290 Chestnut Street	Philadelphia	PA	19104		Farmers Market/Farm Stand
Penn Campus	36th & Walnut Streets	Philadelphia	PA	19104		Farmers Market/Farm Stand
Penn University Farmers Market	3600 Walnut Street	Philadelphia	PA	19104		Farmers Market/Farm Stand
Pennypack Farm	43rd and Baltimore	Philadelphia	PA	19104		Farmers Market/Farm Stand
PRESTONS PARADISE	839 N PRESTON ST	Philadelphia	PA	19104		Farmers Market/Farm Stand
West Philadelphia Fresh Food Hub	38th & Lancaster Ave	Philadelphia	PA	19104		Farmers Market/Farm Stand
West Philadelphia WIC Office	4148 Lancaster Avenue	Philadelphia	PA	19104		WIC office
First African Presbyterian Church	4159 W. Girard Ave	Philadelphia	PA	19104		Food Pantry/Cupboard
One Day At A Time	4016 Lancaster Ave.	Philadelphia	PA	19104		Food Pantry/Cupboard
Chester Dionna Habitat	4086 Haverford Ave	Philadelphia	PA	19104		Food Pantry/Cupboard
Mantua Haverford Com'ty Center	631 N. 39th St	Philadelphia	PA	19104		Food Pantry/Cupboard
Mantua Family Center	3543 Fairmount Ave	Philadelphia	PA	19104		Food Pantry/Cupboard
Intercultural Family Services	4225 Chestnut St	Philadelphia	PA	19104		Food Pantry/Cupboard
Indomitable Spirit	437 N. 42nd Street	Philadelphia	PA	19104		Food Pantry/Cupboard
Holy Tabernacle Church	3835 Haverford Ave	Philadelphia	PA	19104		Food Pantry/Cupboard
Greater Love Chapel	437 N. 40th Street	Philadelphia	PA	19104		Food Pantry/Cupboard
Grace Evangelical Lutheran Church	3529 Haverford Ave.	Philadelphia	PA	19104		Food Pantry/Cupboard

Christian M. F. Baptist Church	533 N. 36th St, #35	Philadelphia	PA	19104	Food Pantry/Cupboard
40th Street Church of God	651 N. 40th Street	Philadelphia	PA	19104	Food Pantry/Cupboard
New Bethlehem Baptist Church	Preston & Aspen Sts.	Philadelphia	PA	19104	Food Pantry/Cupboard
Peoples Emergency Center	3902 Spring Garden St.	Philadelphia	PA	19104	Food Pantry/Cupboard
Mantua Scattered Site	3804 Mt. Vernon St	Philadelphia	PA	19104	Food Pantry/Cupboard
Community Church of God	42nd & Parrish St	Philadelphia	PA	19104	Food Pantry/Cupboard
Church of Hope & Faith Inc	662 N. 39th St.	Philadelphia	PA	19104	Food Pantry/Cupboard
Mercy Douglass Ctr. Shepard	642 N. 41st St	Philadelphia	PA	19104	Food Pantry/Cupboard
Interfaith Food Cupboard	3600 Baring St	Philadelphia	PA	19104	Food Pantry/Cupboard
Gate to Heaven Ministry	3415 Haverford Ave	Philadelphia	PA	19104	Food Pantry/Cupboard
Sarah Allen Seniors	4035 Parrish Street	Philadelphia	PA	19104	Food Pantry/Cupboard
Second Antioch Baptist Church	912 N. 41st St.	Philadelphia	PA	19104	Food Pantry/Cupboard
Victory Baptist Church	4238 Wallace Street	Philadelphia	PA	19104	Food Pantry/Cupboard
Metropolitan Church	3500 Baring St	Philadelphia	PA	19104	Food Pantry/Cupboard
St. John United Church of God	856 N. 40th Street	Philadelphia	PA	19104	Food Pantry/Cupboard
Sharing & Caring Center	500 N. 39th St.	Philadelphia	PA	19104	Food Pantry/Cupboard
St. Mary's Church	3916 Locust Walk	Philadelphia	PA	19104	Food Pantry/Cupboard
Caring About Sharing Inc.	3900 Spring Garden Street	Philadelphia	PA	19104	Food Pantry/Cupboard
United Emergency Action	1117-21 N. 40th Street	Philadelphia	PA	19104	Food Pantry/Cupboard
West Phila. SDA Church	4018 Fairmount Avenue	Philadelphia	PA	19104	Food Pantry/Cupboard
Ralston/Mercy Douglass House	3817 Market St	Philadelphia	PA	19104	Food Pantry/Cupboard
ALDI Philadelphia, PA	4421 Market St.	Philadelphia	PA	19104	Grocery Store
The Fresh Grocer	4001 Walnut St	Philadelphia	PA	19104	Grocery Store
Old St. Joseph's Church	321 Willings Alley	Philadelphia	PA	19106	Food Pantry/Cupboard
St. Peter's Church	313 Pine St.	Philadelphia	PA	19106	Food Pantry/Cupboard
Fillipino American Congress	251 Lawrence St	Philadelphia	PA	19106	Food Pantry/Cupboard
Super Fresh	309 S Fifth St.	Philadelphia	PA	19106	Grocery Store
Fair Food	Reading Terminal Market	Philadelphia	PA	19107	Farmers Market/Farm Stand
Jefferson	10th and Chestnut St	Philadelphia	PA	19107	Farmers Market/Farm Stand
SEPTA Farmstand	1234 Market St	Philadelphia	PA	19107	Farmers Market/Farm Stand
Mayor's Farmers Market	In Love Park, 15th and JFK	Philadelphia	PA	19107	Farmers Market/Farm Stand
Philadelphia Com'ty Health Alternatives	1201 Chestnut St., 3rd Fl	Philadelphia	PA	19107	Food Pantry/Cupboard
First Church of the Nazarene	1707 Shelmire Ave	Philadelphia	PA	19111	Food Pantry/Cupboard

Oxford Village Food Cupboard	6150 Algon Ave	Philadelphia	PA	19111	Food Pantry/Cupboard
Mt. Olive Church of God	7244 Rising Sun Avenue	Philadelphia	PA	19111	Food Pantry/Cupboard
ShopRite of Oxford & Levick	6301 Oxford Avenue	Philadelphia	PA	19111	Grocery Store
ACME	6640 Oxford Avenue	Philadelphia	PA	19111	Grocery Store
All Saints	9601 Frankford Ave	Philadelphia	PA	19114	Food Pantry/Cupboard
ALDI Philadelphia, PA	3320 Grant Avenue	Philadelphia	PA	19114	Grocery Store
Giant	2550 Grant Ave	Philadelphia	PA	19114	Grocery Store
ShopRite of Morrell Plaza	9910 Frankford Ave	Philadelphia	PA	19114	Grocery Store
ACME	3200-09 Red Lion Road	Philadelphia	PA	19114	Grocery Store
Memorial Church of St. Luke	1946 Welsh Rd	Philadelphia	PA	19115	Food Pantry/Cupboard
ACME	920 Red Lion Road	Philadelphia	PA	19115	Grocery Store
ShopRite of Roosevelt Blvd	11000 Roosevelt Blvd	Philadelphia	PA	19116	Grocery Store
	Winston Rd between Germantown Ave & Mermaid Lane	Philadelphia	PA	19118	Farmers Market/Farm Stand
Chestnut Hill Growers Market		Philadelphia	PA	19118	Farmers Market/Farm Stand
Weavers Way Community Programs Farm Stand	8424 Germantown Ave	Philadelphia	PA	19118	Farmers Market/Farm Stand
Chestnut Hill Flower & Garden	7639 Germantown Ave	Philadelphia	PA	19118	Farmers Market/Farm Stand
St. Paul's Church	22 E. Chestnut Hill Ave	Philadelphia	PA	19118	Food Pantry/Cupboard
Cliveden Park	Chew Ave and Johnson St	Philadelphia	PA	19119	Farmers Market/Farm Stand
Mt Airy (Weaver's Way)	Carpenter Lane & Greene St	Philadelphia	PA	19119	Farmers Market/Farm Stand
Germantown	6700 Germantown Avenue	Philadelphia	PA	19119	Farmers Market/Farm Stand
Germantown SDA Church	200 E. Cliveden St	Philadelphia	PA	19119	Food Pantry/Cupboard
ACME	7010 Germantown Avenue	Philadelphia	PA	19119	Grocery Store
Asian Social Services Center	4943 N. 5th St	Philadelphia	PA	19120	Food Pantry/Cupboard
Bethel Full Gospel	520 W. Roosevelt Blvd	Philadelphia	PA	19120	Food Pantry/Cupboard
Incarnation of Our Lord Church	5105 N. 5th St	Philadelphia	PA	19120	Food Pantry/Cupboard
Moriah Baptist Church	4815-17 N. Front St	Philadelphia	PA	19120	Food Pantry/Cupboard
Feltonville Presbyterian	214 E. Wyoming Ave	Philadelphia	PA	19120	Food Pantry/Cupboard
ShopRite of Front & Olney	101 East Olney Ave	Philadelphia	PA	19120	Grocery Store
33rd and Diamond	2140 North 33rd Street	Philadelphia	PA	19121	Farmers Market/Farm Stand
NEW GROWTH PROJECT	27TH & MASTER STREET	Philadelphia	PA	19121	Farmers Market/Farm Stand
City Health Center #5	1900 N. 20th Street	Philadelphia	PA	19121	WIC office
Faith Tabernacle Church of God	2431 W. Master Street	Philadelphia	PA	19121	Food Pantry/Cupboard
Christ Evangel. Lutheran Church	3006 W. Diamond St	Philadelphia	PA	19121	Food Pantry/Cupboard
Christian Love Baptist Church	1801 N. 32nd St	Philadelphia	PA	19121	Food Pantry/Cupboard



Church of the Advocate	2121 N. Gratz St.	Philadelphia	PA	19121	Food Pantry/Cupboard
Cornerstone Baptist Church	2117 N. 33rd St	Philadelphia	PA	19121	Food Pantry/Cupboard
Fair Havens Human Support	2343 Ridge Ave.	Philadelphia	PA	19121	Food Pantry/Cupboard
Johnson Concern & Care Cntr.	2229 W. Thompson St	Philadelphia	PA	19121	Food Pantry/Cupboard
Johnson Homes Tenant Council	2500 W. Norris St	Philadelphia	PA	19121	Food Pantry/Cupboard
Kelsey Keys	1756 N. 25th St.	Philadelphia	PA	19121	Food Pantry/Cupboard
Madeira Family Center	2123 N. Gratz St.	Philadelphia	PA	19121	Food Pantry/Cupboard
Mt. Olive Holy Temple	1469 N. Broad Street	Philadelphia	PA	19121	Food Pantry/Cupboard
Family Resource Center	2114 N. Gratz Street	Philadelphia	PA	19121	Food Pantry/Cupboard
Montgomery Townhouse	2002 W. Berks St	Philadelphia	PA	19121	Food Pantry/Cupboard
New Salem Baptist Church	1721-23 N. Croskey St	Philadelphia	PA	19121	Food Pantry/Cupboard
Senior Citizens Community	2124 Cecil B. Moore Ave	Philadelphia	PA	19121	Food Pantry/Cupboard
Special Needs	1632 N. 29th St	Philadelphia	PA	19121	Food Pantry/Cupboard
Susquehanna	1815 Susquehanna Ave	Philadelphia	PA	19121	Food Pantry/Cupboard
Deliverance Revival Temple	2000-02 N. 18th Street	Philadelphia	PA	19121	Food Pantry/Cupboard
Golden Star Baptist Church	1635-39 27th Street	Philadelphia	PA	19121	Food Pantry/Cupboard
Wayland Temple B.C.	2500 Cecil B. Moore Ave.	Philadelphia	PA	19121	Food Pantry/Cupboard
New Mt. Zion Pentacostal COGIC	1501 N. 20th Street	Philadelphia	PA	19121	Food Pantry/Cupboard
Cecil B Moore	Cecil B Moore Ave between Broad and 13th	Philadelphia	PA	19122	Farmers Market/Farm Stand
Norris Square Park	N Hancock St & Diamond St	Philadelphia	PA	19122	Farmers Market/Farm Stand
Norris Square	W Susquehanna Ave & Howard St	Philadelphia	PA	19122	Farmers Market/Farm Stand
New Greater Straightway	1705 N. 7th St	Philadelphia	PA	19122	Food Pantry/Cupboard
A.P.M. Assoc. Inc.	2147 N. 6th St	Philadelphia	PA	19122	Food Pantry/Cupboard
Berean Presbyterian Church	2101 N. Broad St.	Philadelphia	PA	19122	Food Pantry/Cupboard
Yorktown Community	1300 W. Jefferson St	Philadelphia	PA	19122	Food Pantry/Cupboard
Harris Plaza	1240 N. 10th St	Philadelphia	PA	19122	Food Pantry/Cupboard
Mt Olive Holy Temple	1469 N. Broad St	Philadelphia	PA	19122	Food Pantry/Cupboard
Norris Homes Tenant Council	1915 N. 11th St	Philadelphia	PA	19122	Food Pantry/Cupboard
Penrose Recreation Center	1101 W. Susquehanna St.	Philadelphia	PA	19122	Food Pantry/Cupboard
St. Boniface Church	174 W. Diamond St.	Philadelphia	PA	19122	Food Pantry/Cupboard
St. Malachy Church	1429 N. 11th Street	Philadelphia	PA	19122	Food Pantry/Cupboard
Lewis Temple Pentecostal Church	509-13 W. Diamond St	Philadelphia	PA	19122	Food Pantry/Cupboard
Ludlow Community	1437 N. 7th St.	Philadelphia	PA	19122	Food Pantry/Cupboard

The Fresh Grocer	1501 N Broad St	Philadelphia	PA	19122	Grocery Store
Farmers Market at the Piazza	1033 N 2nd St	Philadelphia	PA	19123	Farmers Market/Farm Stand
Federation of Neighborhood Centers TEENS 4 GOOD	8TH & POPLAR ST	Philadelphia	PA	19123	Farmers Market/Farm Stand
West Poplar	637 N. 13th St	Philadelphia	PA	19123	Food Pantry/Cupboard
St. Paul's Baptist Church	10th & Wallace St	Philadelphia	PA	19123	Food Pantry/Cupboard
Friends Neighborhood Guild	735 Fairmount Ave	Philadelphia	PA	19123	Food Pantry/Cupboard
Salvation Army Temple	1340 Brown St	Philadelphia	PA	19123	Food Pantry/Cupboard
Bebashi Inc.	1217 Spring Garden St	Philadelphia	PA	19123	Food Pantry/Cupboard
Women's Community Revitalization	411 Fairmount St	Philadelphia	PA	19123	Food Pantry/Cupboard
Old First Reformed Church	515 N. 4th Street	Philadelphia	PA	19123	Food Pantry/Cupboard
Super Fresh	180 West Girard Avenue	Philadelphia	PA	19123	Grocery Store
Frankford Transportation Center	Bridge St and Frankford Ave	Philadelphia	PA	19124	Farmers Market/Farm Stand
Frankford Avenue WIC Office	4806 Frankford Avenue	Philadelphia	PA	19124	WIC office
Faith Assembly of God	1926 Margaret Street #40	Philadelphia	PA	19124	Food Pantry/Cupboard
The Salvation Army	4344 Frankford Ave.	Philadelphia	PA	19124	Food Pantry/Cupboard
Triumph Baptist Church	1538 E. Wingohocking St	Philadelphia	PA	19124	Food Pantry/Cupboard
Second Baptist of Frankford	1801 Meadow St	Philadelphia	PA	19124	Food Pantry/Cupboard
Keep The Faith Ministry	1901 Harrison Street	Philadelphia	PA	19124	Food Pantry/Cupboard
ALDI Philadelphia, PA	4104 G. Street	Philadelphia	PA	19124	Grocery Store
Frankford and Berks	Frankford Ave and East Berks St	Philadelphia	PA	19125	Farmers Market/Farm Stand
Greensgrow Farm	2501 E Cumberland Ave	Philadelphia	PA	19125	Farmers Market/Farm Stand
Palmer Park Farmers Market	Frankford Avenue & East Palmer Street	Philadelphia	PA	19125	Farmers Market/Farm Stand
Lutheran Settlement House	1340 Frankford Avenue	Philadelphia	PA	19125	Food Pantry/Cupboard
Inner City Mission	2433 Kensington Ave	Philadelphia	PA	19125	Food Pantry/Cupboard
St. Michael's Food Bank	Trenton and Cumberland Streets	Philadelphia	PA	19125	Food Pantry/Cupboard
Brotherhood Mission	401 E. Girard Ave	Philadelphia	PA	19125	Food Pantry/Cupboard
Visitation BVM Church	2625 B Street	Philadelphia	PA	19125	Food Pantry/Cupboard
Union Tabernacle Presbyterian	2036 E. Cumberland St	Philadelphia	PA	19125	Food Pantry/Cupboard
Save-A-Lot	2132 East Lehigh Ave.	Philadelphia	PA	19125	Grocery Store
Save-A-Lot	5610 Lancaster Ave	Philadelphia	PA	19125	Grocery Store
Holy Temple of God	6709-11 Ogontz Ave	Philadelphia	PA	19126	Food Pantry/Cupboard
Feltonville Presbyterian Church	212 East Wyoming Avenue	Philadelphia	PA	19126	Food Pantry/Cupboard
New Galilee Baptist Church	6216 N. 7th Street	Philadelphia	PA	19126	Food Pantry/Cupboard

St. Mark's Lutheran Church	1420 Cheltenham Avenue	Philadelphia	PA	19126	Food Pantry/Cupboard
Asian American Cultural	2nd St. & 65th Ave.	Philadelphia	PA	19126	Food Pantry/Cupboard
North Light Com'ty Center	175 Green Lane	Philadelphia	PA	19127	Food Pantry/Cupboard
Gorgas Park	Ridge Ave at Acorn St	Philadelphia	PA	19128	Farmers Market/Farm Stand
Henry Got Crops	7100 Henry Ave	Philadelphia	PA	19128	Farmers Market/Farm Stand
Roxborough Health Center	5830 Henry Avenue	Philadelphia	PA	19128	WIC office
ShopRite of Roxborough	6901 Ridge Avenue	Philadelphia	PA	19128	Grocery Store
ACME	5927-59 Ridge Avenue	Philadelphia	PA	19128	Grocery Store
Super Fresh	7162 Ridge Ave	Philadelphia	PA	19128	Grocery Store
East Falls	Under Rt 1 overpass, Between Kelly Dr & Ridge Ave	Philadelphia	PA	19129	Farmers Market/Farm Stand
Share Food Program	2901 West Hunting Park Avenue	Philadelphia	PA	19129	Farmers Market/Farm Stand
Drug Task Force Ministry	3252 N. Etting Avenue	Philadelphia	PA	19129	Food Pantry/Cupboard
Fairmount Farmers Market	22nd St and Fairmont Ave	Philadelphia	PA	19130	Farmers Market/Farm Stand
Francisville	1400 Ridge Ave	Philadelphia	PA	19130	Farmers Market/Farm Stand
Girard and 27th Farm Stand	27th St and Girard Ave	Philadelphia	PA	19130	Farmers Market/Farm Stand
FRANCISVILLE FM	1400 RIDGE AVE	Philadelphia	PA	19130	Farmers Market/Farm Stand
Sals Produce Plus	676 North Broad Street	Philadelphia	PA	19130	Farmers Market/Farm Stand
Greater Philadelphia Coalition Against Hunger	1725 Fairmount Ave.	Philadelphia	PA	19130	
Mobile Unit	642 N. Broad Street	Philadelphia	PA	19130	WIC office
St. Francis Xavier	2321 Green St.	Philadelphia	PA	19130	Food Pantry/Cupboard
Trinity Baptist Church	2720 Poplar St.	Philadelphia	PA	19130	Food Pantry/Cupboard
United Methodist	804 N. Broad St.	Philadelphia	PA	19130	Food Pantry/Cupboard
Temple of Divine Love Church	1518-20 W. Girard Ave #20	Philadelphia	PA	19130	Food Pantry/Cupboard
Enon Baptist Church	19th and Green Streets	Philadelphia	PA	19130	Food Pantry/Cupboard
Baptist Women's Center Inc	1428 W. Poplar St	Philadelphia	PA	19130	Food Pantry/Cupboard
Multi-Life Service	829 N. Capitol Street	Philadelphia	PA	19130	Food Pantry/Cupboard
Whole Foods	2001 Pennsylvania Avenue	Philadelphia	PA	19130	Grocery Store
Urban Tree Harvest	53rd St Between Wyalusing and Poplar St	Philadelphia	PA	19131	Farmers Market/Farm Stand
MFSP Heritage Farm	4300 Monument Road	Philadelphia	PA	19131	Farmers Market/Farm Stand
NEIGHBORHOOD FOODS	53RD & WYALUSING	Philadelphia	PA	19131	Farmers Market/Farm Stand
Carroll Park Com'ty Council	5218 Master St	Philadelphia	PA	19131	Food Pantry/Cupboard
Pinn Memorial Baptist Church	2251 N. 54th St.	Philadelphia	PA	19131	Food Pantry/Cupboard
Freedom Develop. Corp.	4500 Westminster Ave.	Philadelphia	PA	19131	Food Pantry/Cupboard

Parkside Association	5180 Viola St	Philadelphia	PA	19131	Food Pantry/Cupboard
Resurrection Baptist Church	1610 N. 54th St	Philadelphia	PA	19131	Food Pantry/Cupboard
Wynnefield Presbyterian Church	2247 N. 54th St.	Philadelphia	PA	19131	Food Pantry/Cupboard
Camphor Memorial U.M. Church	5620 Wyalusing Ave	Philadelphia	PA	19131	Food Pantry/Cupboard
Simpson Fletcher Conestoga	5353 W. Master St	Philadelphia	PA	19131	Food Pantry/Cupboard
RHD Family House Now	1020 N. 46th Street	Philadelphia	PA	19131	Food Pantry/Cupboard
Laceys Day Care	1665 N. Wilton Street	Philadelphia	PA	19131	Food Pantry/Cupboard
ShopRite of Parkside	1575 North 52nd St	Philadelphia	PA	19131	Grocery Store
Shar-Nels	2211 N21st St	Philadelphia	PA	19132	Farmers Market/Farm Stand
North Penn Civic Assoc	29th & Chalmers Ave	Philadelphia	PA	19132	Food Pantry/Cupboard
One Day at a Time	2310 N. Broad St	Philadelphia	PA	19132	Food Pantry/Cupboard
James Spring Baptist Memorial Church	1845 W. Huntingdon Street	Philadelphia	PA	19132	Food Pantry/Cupboard
South Lehigh Action Council	2213 W. Sergeant St	Philadelphia	PA	19132	Food Pantry/Cupboard
North Penn Baptist Church	2419-23 N. 27th St	Philadelphia	PA	19132	Food Pantry/Cupboard
Morning Star COGIC	2326 N. 31st St.	Philadelphia	PA	19132	Food Pantry/Cupboard
Jubilee Commandment Keepers	2440 N.15th St.	Philadelphia	PA	19132	Food Pantry/Cupboard
Gather's The People House	3061 N. 15th Street	Philadelphia	PA	19132	Food Pantry/Cupboard
Fellowship Revival Church	2408 W. Lehigh Ave	Philadelphia	PA	19132	Food Pantry/Cupboard
Faithful Temple Church	3416-18 W. Allegheny Ave	Philadelphia	PA	19132	Food Pantry/Cupboard
Geiger Memorial Brethren Church	2543 W. Lehigh Ave.	Philadelphia	PA	19132	Food Pantry/Cupboard
Saint Martin de Porres	2340 W. Lehigh Ave.	Philadelphia	PA	19132	Food Pantry/Cupboard
Cathedral Baptist Church	1700 West Camber Street	Philadelphia	PA	19132	Food Pantry/Cupboard
Colorado Com'ty Program	2247 N. 20th St	Philadelphia	PA	19132	Food Pantry/Cupboard
Minute by Minute	2562 N. 18th Street	Philadelphia	PA	19132	Food Pantry/Cupboard
Little Gospel Temple Cupboard	2540 N. 25th Street	Philadelphia	PA	19132	Food Pantry/Cupboard
New Pond Baptist Church	3224-26 W. York Street	Philadelphia	PA	19132	Food Pantry/Cupboard
CASMI	2602 N. Corlies St.	Philadelphia	PA	19132	Food Pantry/Cupboard
City Temple Baptist Church	2512 N. Broad St	Philadelphia	PA	19132	Food Pantry/Cupboard
Save-A-Lot	2801 W Dauphin St	Philadelphia	PA	19132	Grocery Store
Fairhill Square	4th St and Lehigh Ave	Philadelphia	PA	19133	Farmers Market/Farm Stand
North Philadelphia WIC Office	3141 Germantown Avenue	Philadelphia	PA	19133	WIC office
Lehigh WIC Office	217-33 Lehigh Avenue	Philadelphia	PA	19133	WIC office
Operation Second Chance Rescue	507 York St	Philadelphia	PA	19133	Food Pantry/Cupboard

Davis Temple Bapt. Church	2261 Franklin St	Philadelphia	PA	19133	Food Pantry/Cupboard
Neighborhood Action Bureau	2565 Germantown Ave	Philadelphia	PA	19133	Food Pantry/Cupboard
Prim Iglesia Hispanic Alliance	810 W. Somerset Street	Philadelphia	PA	19133	Food Pantry/Cupboard
Salvation Army	3150 N. Mascher St	Philadelphia	PA	19133	Food Pantry/Cupboard
Southern Home Services	3149 Germantown Ave.	Philadelphia	PA	19133	Food Pantry/Cupboard
People United Together	1007 W. Lehigh Ave	Philadelphia	PA	19133	Food Pantry/Cupboard
Holy Cross Church/MLK Center	813 W. Lehigh Ave.	Philadelphia	PA	19133	Food Pantry/Cupboard
Germantown Salvation Army	2601 N. 11th St.	Philadelphia	PA	19133	Food Pantry/Cupboard
Hope Prison Ministry	508 W. Cumberland St.	Philadelphia	PA	19133	Food Pantry/Cupboard
Fairhill Tenant Council	2411 North 11th Street	Philadelphia	PA	19133	Food Pantry/Cupboard
The Lighthouse	152 W. Lehigh Ave.	Philadelphia	PA	19133	Food Pantry/Cupboard
Crossroads Com'y Center	2918 N. 6th St.	Philadelphia	PA	19133	Food Pantry/Cupboard
St. Mark Outreach Baptist Church	924 West Cambria Street	Philadelphia	PA	19133	Food Pantry/Cupboard
Congresso de Latinos	216 W. Somerset St.	Philadelphia	PA	19133	Food Pantry/Cupboard
Father House Of Prayer Mission	3040-44 Germantown Ave	Philadelphia	PA	19133	Food Pantry/Cupboard
PRODUCE CONNECTION	1812-14 E ALLEGHENY AVE	Philadelphia	PA	19134	Farmers Market/Farm Stand
Kensington WIC Office	3047 Kensington Avenue	Philadelphia	PA	19134	WIC office
Aramingo Avenue WIC Office	2401 E. Tioga Avenue	Philadelphia	PA	19134	WIC office
Kensington Neighborhood House	Frankford Avenue	Philadelphia	PA	19134	Food Pantry/Cupboard
St. Joan of Arc Church	2025 E. Atlantic St.	Philadelphia	PA	19134	Food Pantry/Cupboard
The Salvation Army Pioneer Corps	1920 E. Allegheny Ave	Philadelphia	PA	19134	Food Pantry/Cupboard
Kensington Assembly of God	Frankford Avenue	Philadelphia	PA	19134	Food Pantry/Cupboard
Divine Breath Baptist Church	428 E. Erie Ave	Philadelphia	PA	19134	Food Pantry/Cupboard
Free Church of St. John	3089 Emerald St.	Philadelphia	PA	19134	Food Pantry/Cupboard
ShopRite of Knorr Street	6725 Frankford Ave	Philadelphia	PA	19135	Grocery Store
St Jerome Church	Holme Ave & Stamford St	Philadelphia	PA	19136	Food Pantry/Cupboard
ShopRite of Aramingo Avenue	3745 Aramingo Avenue	Philadelphia	PA	19137	Grocery Store
Save-A-Lot	3801-03 Aramingo Ave	Philadelphia	PA	19137	Grocery Store
West Oak Lane	7200 Ogontz Ave	Philadelphia	PA	19138	Farmers Market/Farm Stand
Stenton Family Manor	1300 E Tulpehocken St	Philadelphia	PA	19138	Farmers Market/Farm Stand
St. Peter's Evangelical Lutheran Church	74th Avenue & Briar Road	Philadelphia	PA	19138	Food Pantry/Cupboard
Christian Church of Divine Truth	6065 E. Wister Street	Philadelphia	PA	19138	Food Pantry/Cupboard
Corinthian Baptist Church	6113 N. 21st St.	Philadelphia	PA	19138	Food Pantry/Cupboard

New Covenant Presbyterian Church	6329 Limekiln Pike	Philadelphia	PA	19138	Food Pantry/Cupboard
St. Luke's Food Cupboard	5421 Germantown Avenue	Philadelphia	PA	19138	Food Pantry/Cupboard
Pathway Evangelical Church	5604 Chew Ave.	Philadelphia	PA	19138	Food Pantry/Cupboard
Grace Community Baptist Church	6628 Limekiln Pike	Philadelphia	PA	19138	Food Pantry/Cupboard
St. Benedict	1940 E. Cheltenham Ave.	Philadelphia	PA	19138	Food Pantry/Cupboard
Harambe Baptist Church	5648 Chew Ave.	Philadelphia	PA	19138	Food Pantry/Cupboard
The Fresh Grocer	5301 Chew Ave	Philadelphia	PA	19138	Grocery Store
Haddington	52nd St and Haverford Ave	Philadelphia	PA	19139	Farmers Market/Farm Stand
Mill Creek Farm	4901 Brown Street	Philadelphia	PA	19139	Farmers Market/Farm Stand
Walnut Hill	4610 Market St	Philadelphia	PA	19139	Farmers Market/Farm Stand
Community Blessing Center	26 S. 57th Street	Philadelphia	PA	19139	Food Pantry/Cupboard
Mt. Olive	5501 Locust Street	Philadelphia	PA	19139	Food Pantry/Cupboard
Emmanuel A.M.E. Church	5917 Chestnut Street	Philadelphia	PA	19139	Food Pantry/Cupboard
Zion Hill Baptist Church	5301 Spruce St	Philadelphia	PA	19139	Food Pantry/Cupboard
Holy Temple Community Center	363 N. 60th St	Philadelphia	PA	19139	Food Pantry/Cupboard
Church of the Holy Apostles	260 S. 51st St.	Philadelphia	PA	19139	Food Pantry/Cupboard
Holy Temple of Lord	5116 Market Street	Philadelphia	PA	19139	Food Pantry/Cupboard
West Park Plaza	4600 Fairmount Ave	Philadelphia	PA	19139	Food Pantry/Cupboard
The Salvation Army	5501 Market St.	Philadelphia	PA	19139	Food Pantry/Cupboard
Tabernacle Lutheran Church	5843 Spruce St	Philadelphia	PA	19139	Food Pantry/Cupboard
Reeve Memorial Presbyterian Church	50th & Aspen St.	Philadelphia	PA	19139	Food Pantry/Cupboard
Our Lady of the Rosary Church	345 N. 63rd Street	Philadelphia	PA	19139	Food Pantry/Cupboard
Open Door Mission True Light Church	401 N. 52nd St.	Philadelphia	PA	19139	Food Pantry/Cupboard
Mt. Carmel Baptist Church	5732 Race St.	Philadelphia	PA	19139	Food Pantry/Cupboard
Holy Temple Church Community Center	363 N. 60th Street	Philadelphia	PA	19139	Food Pantry/Cupboard
The Fresh Grocer	5601 Chestnut St	Philadelphia	PA	19139	Grocery Store
Save-A-Lot	5601 Vine Street	Philadelphia	PA	19139	Grocery Store
Hunting Park	W Hunting Park Ave and Old York Road	Philadelphia	PA	19140	Farmers Market/Farm Stand
The Word In Action	1539 W. Courtland Street	Philadelphia	PA	19140	Food Pantry/Cupboard
H.E.R.O. Community Center	3439 N. 17th Street	Philadelphia	PA	19140	Food Pantry/Cupboard
Taylor Memorial Baptist Church	Shepherds Kitchen	Philadelphia	PA	19140	Food Pantry/Cupboard
Nicetown CDC/NAC	4414 Germantown Avenue	Philadelphia	PA	19140	Food Pantry/Cupboard
Worldwide Evangelistic Church	3919 N. 5th Street	Philadelphia	PA	19140	Food Pantry/Cupboard

Zion Community Center	3600 N. Broad Street	Philadelphia	PA	19140	Food Pantry/Cupboard
Our Lady of Hope	1907 W. Tioga Street	Philadelphia	PA	19140	Food Pantry/Cupboard
Bridgeway, Inc	1800 W. Ontario St	Philadelphia	PA	19140	Food Pantry/Cupboard
Casa del Carmen	4400 N. Reese St.	Philadelphia	PA	19140	Food Pantry/Cupboard
Christ Church & St. Ambrose	PO Box 38109	Philadelphia	PA	19140	Food Pantry/Cupboard
Fellowship Tabernacle Church	4541 N. Broad St	Philadelphia	PA	19140	Food Pantry/Cupboard
First Redemption Church	4400 N. Broad St	Philadelphia	PA	19140	Food Pantry/Cupboard
Harold O. Davis Baptist Church	4500 N. 10th Street	Philadelphia	PA	19140	Food Pantry/Cupboard
Hunting Park CDC	3961 N. 9th St.	Philadelphia	PA	19140	Food Pantry/Cupboard
Iglesia Pente, Rosa de Saron	3718 N. Randolph St.	Philadelphia	PA	19140	Food Pantry/Cupboard
Memorial Tabernacle Baptist Church	2249 W. Hunting Park Ave	Philadelphia	PA	19140	Food Pantry/Cupboard
Opportunity Towers	1717-27 W. Hunting Park Ave	Philadelphia	PA	19140	Food Pantry/Cupboard
Hunting Park	1044C Rising Sun Ave	Philadelphia	PA	19140	Food Pantry/Cupboard
People In Progress	4131 N. Broad St.	Philadelphia	PA	19140	Food Pantry/Cupboard
St. Hugh Catholic Church	145 W. Tioga St.	Philadelphia	PA	19140	Food Pantry/Cupboard
Zion Baptist Church	3601 N. Broad St	Philadelphia	PA	19140	Food Pantry/Cupboard
Olney Transportation Center	Broad St and Olney Ave	Philadelphia	PA	19141	Farmers Market/Farm Stand
Bible Believing Church	928 W. Duncannon Ave	Philadelphia	PA	19141	Food Pantry/Cupboard
Champlost Homes	1953 Nedro Avenue	Philadelphia	PA	19141	Food Pantry/Cupboard
Second Macedonia Baptist	1301 W. Ruscomb St	Philadelphia	PA	19141	Food Pantry/Cupboard
Our Lady of Hope	5200 N. Broad St.	Philadelphia	PA	19141	Food Pantry/Cupboard
Holy Rock Miss. Baptist	1980 Church Lane	Philadelphia	PA	19141	Food Pantry/Cupboard
Have Fun! Refund	1900 W. Logan St	Philadelphia	PA	19141	Food Pantry/Cupboard
Page Academy	1524 Champlost Avenue	Philadelphia	PA	19141	Food Pantry/Cupboard
Burning Bush Ministry	6037 Elmwood Avenue	Philadelphia	PA	19142	Food Pantry/Cupboard
Southwest Community Services	6424 Woodland Ave.	Philadelphia	PA	19142	Food Pantry/Cupboard
Catholic Social Services / Our Lady of Loreto Church	6214 Grays Avenue	Philadelphia	PA	19142	Food Pantry/Cupboard
58th and Chester	58th and Chester St	Philadelphia	PA	19143	Farmers Market/Farm Stand
Farm 51	51st St and Chester Ave	Philadelphia	PA	19143	Farmers Market/Farm Stand
48th & Baltimore Farmers Market	801 South 48th Street	Philadelphia	PA	19143	Farmers Market/Farm Stand
Firehouse FM	701 South 50th Street & Baltimore Avenue	Philadelphia	PA	19143	Farmers Market/Farm Stand
Woodland Avenue Health Center	1741 S. 54th Street	Philadelphia	PA	19143	WIC office
Paradise Emmanuel Church	4704-08 Woodland Ave.	Philadelphia	PA	19143	Food Pantry/Cupboard



St. Philip Lutheran Church	5210 Wylausing Avenue	Philadelphia	PA	19143	Food Pantry/Cupboard
New Spirit Presbyterian Church	5736 Chester Ave.	Philadelphia	PA	19143	Food Pantry/Cupboard
Allen Food Bank	5902 Addison St.	Philadelphia	PA	19143	Food Pantry/Cupboard
Black Concerned Citizens	5101 Pine St.	Philadelphia	PA	19143	Food Pantry/Cupboard
Concerned Parents Inc.	5407 Woodland Ave	Philadelphia	PA	19143	Food Pantry/Cupboard
Crusaders for Christ	1201 S. 47th St	Philadelphia	PA	19143	Food Pantry/Cupboard
59th Street Baptist Church	315 59th St	Philadelphia	PA	19143	Food Pantry/Cupboard
Bartram Village Tenant	5407 Bartram Drive	Philadelphia	PA	19143	Food Pantry/Cupboard
Mt Zion Baptist Church	5015 Woodland Ave	Philadelphia	PA	19143	Food Pantry/Cupboard
Southwest Com'ty Enrichment Center	1341 S. 46th St.	Philadelphia	PA	19143	Food Pantry/Cupboard
The People's Baptist Church	5039 Baltimore Ave.	Philadelphia	PA	19143	Food Pantry/Cupboard
Theresa Maxis Center @ Most Blessed Sacrament Church	5628 Chester Ave.	Philadelphia	PA	19143	Food Pantry/Cupboard
R.A.G.S. to Riches CDC	626 S. 60th Street	Philadelphia	PA	19143	Food Pantry/Cupboard
Judah House of Prayer	626 S. 60th Street	Philadelphia	PA	19143	Food Pantry/Cupboard
St. Cyprian Church	525 S. Cobbs Creek Parkway	Philadelphia	PA	19143	Food Pantry/Cupboard
The Fresh Grocer	5406 Chester Ave	Philadelphia	PA	19143	Grocery Store
Save-A-Lot	5800 Woodland Ave	Philadelphia	PA	19143	Grocery Store
Save-A-Lot	5740 Baltimore Ave	Philadelphia	PA	19143	Grocery Store
Germantown	6026 Germantown Ave	Philadelphia	PA	19144	Farmers Market/Farm Stand
Grumblethorpe House	5267 Germantown Ave	Philadelphia	PA	19144	Farmers Market/Farm Stand
GERMANTOWN KITCHEN GARDEN	215 E PENN ST	Philadelphia	PA	19144	Farmers Market/Farm Stand
Germantown WIC Office	Germantown and Mt. Pleasant Avenues	Philadelphia	PA	19144	WIC office
St. Matthew's First Baptist Church	634 E. Cheltenham Ave	Philadelphia	PA	19144	Food Pantry/Cupboard
Adoni Baptist Church	221 E. Logan St	Philadelphia	PA	19144	Food Pantry/Cupboard
Polite Temple Baptist Church	38 E. Price Street	Philadelphia	PA	19144	Food Pantry/Cupboard
Wister Townhouse	292 E. Ashmead St	Philadelphia	PA	19144	Food Pantry/Cupboard
Enon Tabernacle Baptist Church	230 W. Coulter St	Philadelphia	PA	19144	Food Pantry/Cupboard
Germantown Settlement	324 E. High St	Philadelphia	PA	19144	Food Pantry/Cupboard
Grace Com'ty Christian Center	29 W. Johnson St	Philadelphia	PA	19144	Food Pantry/Cupboard
Happy Hollow Advisory Council	4800 Wayne Ave	Philadelphia	PA	19144	Food Pantry/Cupboard
Queen Lane Apartments	301 W. Queen Lane, Apt. 405	Philadelphia	PA	19144	Food Pantry/Cupboard
St. Stephen's Memorial Baptist	15 W. Harvey St	Philadelphia	PA	19144	Food Pantry/Cupboard
St. Vincent De Paul Church	109 E. Price St.	Philadelphia	PA	19144	Food Pantry/Cupboard



Faith Chapel Church	108 E. Price St.	Philadelphia	PA	19144	Food Pantry/Cupboard
Wisdom Germantown Settlement	16 E. Wister St.	Philadelphia	PA	19144	Food Pantry/Cupboard
The Peace Factory	218 E. Haines Street	Philadelphia	PA	19144	Food Pantry/Cupboard
Youth Services, Inc	6325 Burbridge St	Philadelphia	PA	19144	Food Pantry/Cupboard
Zion Hill Church of God in Christ	529 E. Washington Lane	Philadelphia	PA	19144	Food Pantry/Cupboard
United Morton Homes Tenant	5842 Osceola Street	Philadelphia	PA	19144	Food Pantry/Cupboard
22nd and Tasker	22nd and Tasker St	Philadelphia	PA	19145	Farmers Market/Farm Stand
Broad and Snyder	Broad and Snyder St	Philadelphia	PA	19145	Farmers Market/Farm Stand
Pennsy Flea Market	1600 S Warfield St	Philadelphia	PA	19145	Farmers Market/Farm Stand
Produce Farmers Market & Deli	2043 West Oregon Avenue	Philadelphia	PA	19145	Farmers Market/Farm Stand
As the Holy Spirit Leads	1843 S. 22nd St	Philadelphia	PA	19145	Food Pantry/Cupboard
Chester Dionna Habitat for Children	2247 S. 15th Street	Philadelphia	PA	19145	Food Pantry/Cupboard
Tasker Homes	3103 Fernon St	Philadelphia	PA	19145	Food Pantry/Cupboard
Tasker St. Baptist Church	2018 Tasker St	Philadelphia	PA	19145	Food Pantry/Cupboard
Wilson Park	2500 Jackson St	Philadelphia	PA	19145	Food Pantry/Cupboard
Bibleway M.B. Church	1705 Point Breeze Ave.	Philadelphia	PA	19145	Food Pantry/Cupboard
ShopRite of Oregon Ave	24th St & Oregon Ave	Philadelphia	PA	19145	Grocery Store
Save-A-Lot	1300 Washington Ave.	Philadelphia	PA	19145	Grocery Store
Save-A-Lot	2201 Oregon Ave	Philadelphia	PA	19145	Grocery Store
29th and Wharton	29th and Wharton St	Philadelphia	PA	19146	Farmers Market/Farm Stand
Right Triangle Inc	1201 South 19th Street	Philadelphia	PA	19146	Farmers Market/Farm Stand
The Point Breeze	1529 South 22nd Street	Philadelphia	PA	19146	Farmers Market/Farm Stand
Older Adult	2319 Fitzwater Street	Philadelphia	PA	19146	Food Pantry/Cupboard
Zion Hill Memorial Baptist Church	2702 Ellsworth Street	Philadelphia	PA	19146	Food Pantry/Cupboard
First Pentecostal Church	1503-1507 S. 20th Street	Philadelphia	PA	19146	Food Pantry/Cupboard
New Light Beulah Baptist	1701 Bainbridge St	Philadelphia	PA	19146	Food Pantry/Cupboard
Catholic Social Services / St. Charles Borromeo Church	1941 Christian Street	Philadelphia	PA	19146	Food Pantry/Cupboard
Church of the Redeemer Baptist	1440 S. 24th St	Philadelphia	PA	19146	Food Pantry/Cupboard
Ebenezer Church	15th and Christian Sts.	Philadelphia	PA	19146	Food Pantry/Cupboard
Greater Faith Church	1101 S. 27th St	Philadelphia	PA	19146	Food Pantry/Cupboard
John Gloucester House	2147 Manton St	Philadelphia	PA	19146	Food Pantry/Cupboard
Salvation Army / Grays Ferry Corps	3225 Reed St.	Philadelphia	PA	19146	Food Pantry/Cupboard
Tindley Temple U.M. Church	762 S. Broad St.	Philadelphia	PA	19146	Food Pantry/Cupboard

Zion Hill Memorial Baptist	2702 Ellsworth St	Philadelphia	PA	19146	Food Pantry/Cupboard
St. Gabriel Parish	2917 Dickinson St	Philadelphia	PA	19146	Food Pantry/Cupboard
Broad and South	Broad and South St	Philadelphia	PA	19147	Farmers Market/Farm Stand
Fountain	11th and Tasker St	Philadelphia	PA	19147	Farmers Market/Farm Stand
Headhouse	2nd and Lombard St	Philadelphia	PA	19147	Farmers Market/Farm Stand
South and Passyunk	South St and Passyunk Ave	Philadelphia	PA	19147	Farmers Market/Farm Stand
Academy Fresh	400 Washington Avenue	Philadelphia	PA	19147	Farmers Market/Farm Stand
Bella Vista	9th & Montrose St	Philadelphia	PA	19147	Farmers Market/Farm Stand
South Philadelphia WIC Office	1536 S. Broad Street	Philadelphia	PA	19147	WIC office
One Day At A Time	425 South Broad St.	Philadelphia	PA	19147	Food Pantry/Cupboard
United Communities-Hawthorne	1100 Catherine St	Philadelphia	PA	19147	Food Pantry/Cupboard
Christ Presbyterian Church	1020 S. 10th Street	Philadelphia	PA	19147	Food Pantry/Cupboard
Whole Foods	929 South St	Philadelphia	PA	19147	Grocery Store
Super Fresh	1001 South St	Philadelphia	PA	19147	Grocery Store
Dickinson	E Moyamensing and Morris St	Philadelphia	PA	19148	Farmers Market/Farm Stand
Broad and Ritner	Broad and Ritner St	Philadelphia	PA	19148	Farmers Market/Farm Stand
Fountain Farmers Market	East Passyunk Avenue and Tasker Street	Philadelphia	PA	19148	Farmers Market/Farm Stand
Philabundance	3616 South Galloway Street	Philadelphia	PA	19148	
Southeast Asian Mutual Assoc	1622 S. 7th St	Philadelphia	PA	19148	Food Pantry/Cupboard
St. Paul's Episcopal Church	2611 S. Broad St	Philadelphia	PA	19148	Food Pantry/Cupboard
United Com'ty Houston	2029 S. 8th St	Philadelphia	PA	19148	Food Pantry/Cupboard
Renew In Christ Ministry	1734 South 5th Street	Philadelphia	PA	19148	Food Pantry/Cupboard
ALDI Philadelphia, PA	2603 S. Front Street	Philadelphia	PA	19148	Grocery Store
ShopRite of Snyder Plaza	29 Snyder Avenue	Philadelphia	PA	19148	Grocery Store
Super Fresh	1851 South Columbus Boulevard	Philadelphia	PA	19148	Grocery Store
Oxford Circle	900 East Howell St	Philadelphia	PA	19149	Farmers Market/Farm Stand
Dutch Country Farmers Market	2031 Cottman Avenue	Philadelphia	PA	19149	Farmers Market/Farm Stand
Temple Shalom Mitzvah	Large St. & Roosevelt Blvd.	Philadelphia	PA	19149	Food Pantry/Cupboard
ACME	6601 Roosevelt Blvd	Philadelphia	PA	19149	Grocery Store
Wadsworth	1555 Wadsworth Ave	Philadelphia	PA	19150	Farmers Market/Farm Stand
GROWING FOR GOOD	1552 WADSWORTH AVE	Philadelphia	PA	19150	Farmers Market/Farm Stand
Remmanil Church	7710-12 Ogontz Avenue	Philadelphia	PA	19150	Food Pantry/Cupboard
Phila Deliverance Taber. Church	7501 Ogontz Ave	Philadelphia	PA	19150	Food Pantry/Cupboard

ShopRite of Cheltenham Square	2385 W Cheltenham Avenue	Philadelphia	PA	19150	Grocery Store
Overbrook Farms	6376 City Ave	Philadelphia	PA	19151	Farmers Market/Farm Stand
St. Rose of Lima Church	1535 N. 59th Street	Philadelphia	PA	19151	Food Pantry/Cupboard
Asian American Com'ty Center	6218 Woodbine Ave	Philadelphia	PA	19151	Food Pantry/Cupboard
Calvin Presbyterian Church	1401 N. 60th St.	Philadelphia	PA	19151	Food Pantry/Cupboard
Children of the Light Mission	734 North 63rd St.	Philadelphia	PA	19151	Food Pantry/Cupboard
St. Barnabas Mission	6400 Haverford Ave.	Philadelphia	PA	19151	Food Pantry/Cupboard
Good Samaritan Baptist Church	6148 Lansdowne Ave.	Philadelphia	PA	19151	Food Pantry/Cupboard
ShopRite of Haverford	6710 Haverford	Philadelphia	PA	19151	Grocery Store
Northeast WIC Office	8570 Bustleton Avenue	Philadelphia	PA	19152	WIC office
New World Association	2218 Glendale Ave	Philadelphia	PA	19152	Food Pantry/Cupboard
ACME	8200 Roosevelt Blvd	Philadelphia	PA	19152	Grocery Store
Eastwick United Methodist Church	8321 Lindbergh Blvd.	Philadelphia	PA	19153	Food Pantry/Cupboard
ShopRite of Island Avenue	2946 Island Avenue	Philadelphia	PA	19153	Grocery Store
Holy Redeemer	12265 Townsend Rd	Philadelphia		19154	Food Pantry/Cupboard

## **APPENDIX G: COUNTY HEALTH RANKINGS**

**Appendix G. County Health Rankings & Roadmaps County Comparisons**

	Pennsylvania	Philadelphia (PH) x	Delaware (DL) x	Montgomery (MT) x
<b>Health Outcomes</b>		<b>67</b>	<b>39</b>	<b>6</b>
<b>Length of Life</b>		<b>65</b>	<b>37</b>	<b>4</b>
Premature death	6,926	10,151	7,063	5,087
<b>Quality of Life</b>		<b>66</b>	<b>45</b>	<b>10</b>
Poor or fair health	14%	20%	13%	10%
Poor physical health days	3.5	4.4	3.4	2.7
Poor mental health days	3.6	4.6	3.8	3.1
Low birthweight	8.3%	11.1%	8.5%	7.2%
<b>Health Factors</b>		<b>67</b>	<b>16</b>	<b>1</b>
<b>Health Behaviors</b>		<b>64</b>	<b>17</b>	<b>4</b>
Adult smoking	20%	23%	20%	15%
Adult obesity	29%	30%	26%	24%
Food environment index	7.7	6.3	7.8	8.5
Physical inactivity	24%	27%	21%	19%
Access to exercise opportunities	85%	100%	94%	95%
Excessive drinking	17%	17%	21%	17%
Alcohol-impaired driving deaths	34%	26%	31%	37%
Sexually transmitted infections	431	1,344	463	239
Teen births	28	54	22	13
<b>Clinical Care</b>		<b>63</b>	<b>11</b>	<b>2</b>

	<b>Pennsylvania</b>	<b>Philadelphia (PH) x</b>	<b>Delaware (DL) x</b>	<b>Montgomery (MT) x</b>
Uninsured	12%	16%	11%	8%
Primary care physicians	1,249:1	1,549:1	972:1	682:1
Dentists	1,600:1	1,532:1	1,191:1	1,085:1
Mental health providers	623:1	498:1	453:1	409:1
Preventable hospital stays	63	67	62	53
Diabetic monitoring	86%	83%	86%	87%
Mammography screening	63.4%	58.9%	64.3%	68.5%
Social & Economic Factors		67	26	1
High school graduation	85%	65%	88%	92%
Some college	61.9%	56.5%	68.5%	77.3%
Unemployment	7.4%	10.0%	7.5%	6.3%
Children in poverty	19%	36%	14%	8%
Income inequality	4.7	6.2	4.8	4.4
Children in single-parent households	33%	59%	33%	20%
Social associations	12.3	7.9	8.3	10.9
Violent crime	357	1,190	535	182
Injury deaths	66	83	67	55
Physical Environment		1	14	62
Air pollution - particulate matter	12.9	11.6	11.8	11.8

	<b>Pennsylvania</b>	<b>Philadelphia (PH) x</b>	<b>Delaware (DL) x</b>	<b>Montgomery (MT) x</b>
Drinking water violations	8%	0%	0%	34%
Severe housing problems	15%	24%	17%	14%
Driving alone to work	77%	50%	75%	79%
Long commute - driving alone	34%	48%	42%	42%

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