



Penn Medicine



PATIENT SERVICES FOR  
LESBIAN, GAY, BISEXUAL AND TRANSGENDER  
**HEALTH**

CLIMATE | OUTREACH | HEALTH EDUCATION | RESEARCH | PATIENT CARE

## WHO WE ARE

The Penn Medicine Program for Lesbian, Gay, Bisexual, and Transgender (LGBT) Health works to improve the care of all LGBT people. The Program is part of Perelman School of Medicine at the University of Pennsylvania.



## OUR PROMISE TO YOU

We are committed to providing the best care for the LGBT community in a safe and friendly environment.

### ***As a Penn patient, LGBT individuals will be treated with the respect they deserve.***

The Penn Medicine Program for LGBT Health partners patients with compassionate and skilled providers across the health system that offer culturally competent care in a judgment-free setting.

#### **Penn patients have the right to:**

- Receive personalized and family-centered health care without discrimination based on sexual orientation and gender identity or expression
- Designate your partner or child as a visitor, regardless of legal recognition

To learn more about patient rights at Penn Medicine, please visit [PennMedicine.org/PatientRights](http://PennMedicine.org/PatientRights).



Penn Medicine has been designated as a "Leader in LGBT Healthcare Equality" by the Human Rights Campaign Foundation.



## IN THIS LGBT PATIENT SERVICES HANDBOOK, YOU WILL FIND:

- Penn Medicine providers who have self-identified as culturally competent in caring for LGBT patients
- Penn Medicine providers who regularly care for LGBT patients and have knowledge or special training in LGBT Health (LGBT Clinical Specialists)
- Recommendations on how to speak with your provider about your sexual orientation and/or gender identity
- Information about common health and wellness topics important to the LGBT community

The provider directory is not comprehensive and continues to grow. If you are a provider at Penn and would like to be listed, email [LGBTlth@med.upenn.edu](mailto:LGBTlth@med.upenn.edu) or call **215.573.8499**.

Visit us on the web at [PennMedicine.org/LGBT](http://PennMedicine.org/LGBT)  
Like us on Facebook at [Facebook.com/PennLGBT](https://www.facebook.com/PennLGBT).

#### **How to use this guide:**

- 🇹 - indicates providers experienced in transgender health care
- 🇵 - indicates providers who prescribe PrEP
- \* - indicates providers who are LGBT Clinical Specialists

**PRIMARY CARE**

**FAMILY MEDICINE**

**Penn Family and Community Health**

Penn Medicine University City  
3737 Market Street, 9th Floor  
Philadelphia, PA 19104  
215.662.8777

**Providers:**

Katherine Margo, MD\* **T P**  
Allison Myers, MD\* **T P**  
Joseph Teel, MD, FAAFP **T P**  
Meghan Fibbi, DO, MPH **T P**  
Joshua Thompson, MD **T P**  
Kevin Kline **T P**  
Renée M. Betancourt, MD **P**  
Judy Chertok, MD **P**  
James Becker, MD **P**

**Family Medicine University City**

4623 Spruce Street  
Philadelphia, PA 19139  
215.474.6100

**Providers:**

Aimee Ando, DO **T P**

**INTERNAL MEDICINE**

**Edward S. Cooper Internal Medicine**

3701 Market Street, Suite 640  
Philadelphia, PA 19104  
215.662.2250

**Providers:**

Andrew W. Maier, MD  
Eric J. Palecek, MD  
Marisa A. Rogers, MD, MPH, FACP **P**

**Delancy Internal Medicine**

Penn Medicine Washington Square  
800 Walnut Street, 17th Floor  
Philadelphia, PA 19107  
215.829.3523

**Providers:**

Caitlin Dougherty, CRNP **P**  
Hilary O'Neil Johnson, CRNP **P**  
Raphael Karkowsky, MD **P**  
Raza Ahmad, MD **P**

**Spruce Internal Medicine**

Penn Medicine Washington Square  
800 Walnut Street, 16th Floor  
Philadelphia, PA 19107  
215.829.0101

**Providers:**

Tamara Danilewitz, MD  
Laura Tucker Honig, PA-C **T P**  
Kathleen King, MD **P**  
Jennifer Nizen, MD  
Lori Noble, MD **P**  
Robert S. Rudenstein, MD **T P**  
Erica Wolf, MD **P**

**SPECIALTY CARE**

**CARDIOVASCULAR MEDICINE**

**Penn Heart and Vascular Center**

Perelman Center for Advanced Medicine  
East Pavilion, 2nd Floor  
3400 Civic Center Boulevard  
Philadelphia, PA 19104  
215.615.5455

**Provider:**

Rajat Deo, MD; Cardiac Electrophysiology, Arrhythmias

**Penn Heart and Vascular Testing**

Perelman Center for Advanced Medicine  
Atrium, Ground Floor  
3400 Civic Center Boulevard  
Philadelphia, PA 19104  
215.662.2912

**Provider:**

Victor A. Ferrari, MD; Cardiovascular Diseases, Non-Invasive Testing

**DERMATOLOGY**

**Penn Dermatology**

Perelman Center for Advanced Medicine  
South Pavilion, 1st Floor  
3400 Civic Center Boulevard  
Philadelphia, PA 19104  
215.662.2737

**Provider:**

Carrie L. Kovarik, MD\* **T**

**ENDOCRINOLOGY, DIABETES, AND METABOLISM**

**Penn Endocrinology**

Perelman Center for Advanced Medicine  
West Pavilion, 4th Floor  
3400 Civic Center Blvd  
Philadelphia, PA 19104  
215.662.2300

**Provider:**

Ilona Lorincz, MD; Endocrinology\* **T**

**GASTROENTEROLOGY**

**Penn Presbyterian Medical Center**

218 Wright Saunders Building  
51 N. 39th Street  
Philadelphia, PA 19104  
215.662.8900

**Providers:**

Mark Osterman, MD, MSCE; Endoscopy, Inflammatory Bowel Diseases  
Katherine Weyant, CRNP

**Pennsylvania Hospital**

Farm Journal Building, 4th Floor  
230 West Washington Square  
Philadelphia, PA 19106  
215.829.3561

**Providers:**

Manoj Shirodkar, MD; Endoscopy, General Gastroenterology Consultation

**GERIATRIC MEDICINE**

**Penn Memory Center**

Perelman Center For Advanced Medicine  
South Pavilion, 2nd Floor  
3615 Chestnut Street  
Philadelphia, PA 19104  
215.662.7810

**Provider:**

Jason Karlawish, MD; Cognitive Disorders

**HEMATOLOGY/ONCOLOGY**

**Abramson Cancer Center**

Perelman Center for Advanced Medicine  
West Pavilion  
3400 Civic Center Blvd  
Philadelphia, PA 19104  
215.615.5858

**Providers Lung Cancer:**

Charu Aggarwal, MD, MPH; Lung, Head, and Neck Malignancies  
Tracey Evans, MD; Thoracic Malignancies

**Providers Rena Rowan Breast Center:**

Amy Clark, MD  
Susan M. Domchek, MD

**Provider Melanoma and Pigmented Lesions:**

Tara C. Gangadhar, MD

**Provider Gastrointestinal Oncology:**

Arturo Loaiza-Bonilla, MD, FACP **T**

**Providers Hematology/Bone Marrow Transplant:**

Saar Gill, MD  
Jakub Svoboda, MD; Lymphoma

**Penn Radiation Oncology**

Pennsylvania Hospital  
Widener Ground Level  
800 Spruce Street  
Philadelphia, PA 19107  
215.829.3873

**Provider:**

Geoffrey Geiger, MD; Brain, head, neck and gynecologic cancer

**INFECTIOUS DISEASES/HIV/AIDS**

**Infectious Diseases**

Perelman Center for Advanced Medicine  
South Pavilion, 4th Floor  
3400 Civic Center Boulevard  
Philadelphia, PA 19104  
215.662.6932

**Providers:**

Neil Fishman, MD **P**  
Ian Frank, MD\* **P**  
Janet Hines, MD **P**  
Pablo Tebas, MD **P**

**Penn Community Practice**

Penn Presbyterian Medical Center  
3910 Powelton Ave, 2nd Floor  
Philadelphia, PA 19104  
215.662.9908

**Providers:**

Delisha Breen, CRNP  
Jody Gilmore, CRNP; Hepatitis  
Charitha Gowda, MD  
Brendan Kelly, MD  
Alysa Krain, MD  
Vin Lo Re, MD; Hepatitis  
Richard Maniglia, MD  
Carol McLaughlin, MD  
Anne Norris, MD  
Judy O'Donnell, MD  
William Short, MD\* **P**

**Penn Infectious Diseases & Travel Medicine**

Pennsylvania Hospital  
Garfield Duncan Building, Suite 1B  
301 South 8th Street  
215.829.5354

**Providers:**

Jason Bofinger, MD **P**  
Mike Brafman, MD **P**  
Leigh Kennedy, DO **P**  
John Stern, MD **P**

**NEUROLOGY**

**Penn Neurology**

Pennsylvania Hospital  
330 South 9th Street  
Philadelphia, PA 19107  
215.829.7512

**Provider:**

Andres Deik, MD; Movement Disorders

**OB/GYN AND FERTILITY CARE**

**Helen O. Dickens Center for Women's Health**

Hospital of the University of Pennsylvania  
1 West Gates  
3400 Spruce Street  
Philadelphia, PA 19104  
215.662-7366

**Providers:**

Rebecca W. Stephens, MSN, CRNP

**Penn OG/GYN Associates**

3701 Market St, Suite 371  
Philadelphia, PA 19104  
215.662.6035

**Providers:**

Lindsay Baukert, CRNP, MSN\* **T**  
Iliana Robinson, MD, MPH  
Peter Vasquez, MD\* **T P**  
Holly Cummings\* **T P**

# PROVIDER DIRECTORY

## Penn Fertility Care

Penn Medicine Washington Square  
800 Walnut Street, 10th Floor  
Philadelphia, PA 19104  
215.829.2345

### Providers:

Scott E. Edwards, MD; Infertility and Reproductive Endocrinology  
Suleena Kansal Kalra, MD, MSCE; Infertility and Reproductive Endocrinology; General Gynecology  
Puneet Masson, MD; Male Fertility, Andrology\* 

## Penn Fertility Care

3701 Market Street, 8th Floor  
Philadelphia, PA 19104  
215.662.6100

### Providers:

Kate O'Neill, MD  
Monica Mainigi, MD; Infertility and Reproductive Endocrinology  
Suneeta Senapati, MD, MSCE; Infertility and Reproductive Endocrinology  
Puneet Masson, MD; Male Reproductive Medicine\* 

## PULMONARY MEDICINE

### Harron Lung Center

Perelman Center for Advanced Medicine  
West Pavilion, 1st Floor  
3400 Civic Center Boulevard  
Philadelphia, PA 19104  
215.662.3202

### Provider:

C. Jessica Dine, MD, MSHP

### Harron Lung Center

Penn Medicine University City  
3737 Market Street, 10th Floor  
Philadelphia, PA 19104  
215.622.8766

### Provider:

Judd Flesch, MD

## RHEUMATOLOGY

Perelman Center for Advanced Medicine  
South Pavilion, 1st Floor  
3400 Civic Center Boulevard  
Philadelphia, PA 19104  
215.662.2454

### Provider:

Antoine G. Sreih, MD

## Penn Musculoskeletal Center

Penn Medicine University City, 8th Floor  
3737 Market Street  
Philadelphia, PA 19104  
215.662.2454

### Provider:

Antoine G. Sreih, MD

## SLEEP MEDICINE

Penn Sleep Center  
3624 Market Street  
Suite 201  
Philadelphia, PA 19104  
215.662.7772

### Providers:

Janice Biddle, CRNP  
Joyce Epelboim, MD  
Lisa Felkins, CRNP  
Indira Gurubhagavatula, MD, MPH  
Megin Myers, CRNP  
Sharon L. Schutte-Rodin, MD, DABSM, CBSM  
Sigrid Veasey, MD

### Penn Sleep Center

Penn Medicine Cherry Hill  
409 Route 70 East  
Cherry Hill, NJ 08034  
215.662.7772

### Providers:

Joyce Epelboim, MD  
Lisa Felkins, CRNP  
Ilene M. Rosen, MD, MSCE

## SURGERY

### Colon and Rectal Surgery

Penn Medicine Washington Square  
800 Walnut Street, 20th Floor  
Philadelphia, PA 19107  
215.829.5333

### Providers:

Joshua I.S. Bleier, MD  
Nicole Sauer, MD

Perelman Center for Advanced Medicine  
4th Floor West Pavilion  
3400 Civic Center Blvd.  
Philadelphia, PA 19104  
215.662.2078

### Providers:

Cary B. Aarons, MD  
Joshua I.S. Bleier, MD  
Najjia N. Mahmoud, MD

Penn Medicine University City  
3737 Market Street, 4th Floor  
Philadelphia, PA 19104  
215.662.8664

### Provider:

Skandan Shanmugan, MD

Penn Medicine at Radnor  
250 King of Prussia Road  
Radnor, PA 19087  
215.662.8664

### Provider:

Skandan Shanmugan, MD

# PROVIDER DIRECTORY

## Gastrointestinal Surgery

Penn Medicine Washington Square  
800 Walnut Street, 20th Floor  
Philadelphia, PA 19107  
215.829.3455

### Provider:

Allen H. Bar, MD

Perelman Center for Advanced Medicine  
West Pavilion, 4th Floor  
3400 Civic Center Boulevard  
Philadelphia, PA 19104  
215.662.2131

### Provider:

Jon B. Morris, MD

## Endocrine and Oncologic Surgery

Penn Medicine Washington Square  
800 Walnut Street, 20th Floor  
Philadelphia, PA 19107  
215.829.8461

### Providers:

Ari D. Brooks, MD; Breast, Thyroid, Parathyroid, and General Oncology Surgery

## Rena Rowan Breast Center: Abramson Cancer Center

Perelman Center for Advanced Medicine  
West Pavilion, 3rd Floor  
3400 Civic Center Boulevard  
Philadelphia, PA 19104  
215.615.5858

### Providers:

Carla Fisher, MD; Endocrine and Oncologic Surgery, Non-Cosmetic Breast Surgery

Abramson Cancer Center  
Perelman Center for Advanced Medicine  
West Pavilion, 4th Floor  
3400 Civic Center Boulevard  
Philadelphia, PA 19104  
215.662.2030


### Providers:

Rachel R Kelz, MD, MSCE, FACS

## Otolaryngology, Head and Neck Surgery

Perelman Center for Advanced Medicine  
South Pavilion, 3rd Floor  
3400 Civic Center Boulevard  
Philadelphia, PA 19104  
215.662.2979

### Providers:

Natasha Mirza, MD, FACS;  
Voice Gender Reassignment Surgery\* 

## Plastic Surgery

### Otorhinolaryngology: Head and Neck Surgery

Penn Medicine Washington Square  
800 Walnut Street, 18th Floor  
Philadelphia, PA 19107  
215.829.5180

### Provider:

Oren Friedman, MD; Cosmetic Facial Surgery, Rhinoplasty, Feminization/masculinization of nose, Facial Implants, Eyelid Surgery\* 

## Penn Plastic Surgery

Perelman Center for Advanced Medicine  
South Pavilion, 1st Floor  
3400 Civic Center Boulevard  
Philadelphia, PA 19104  
215.662.7300

### Providers:

Joshua Fosnot, MD; Reconstructive, cosmetic surgery, and microsurgery\*   
Joseph M. Serletti, MD, FACS; Reconstructive, cosmetic surgery, and microsurgery\* 

## Penn Plastic Surgery Bryn Mawr

Suite 219  
23 Morris Avenue  
Bryn Mawr, PA 19010  
215.662.7300

### Providers:

Joshua Fosnot, MD; Reconstructive, cosmetic surgery, and microsurgery\*   
Joseph M. Serletti, MD, FACS; Reconstructive, Cosmetic Surgery, and Microsurgery\* 

## UROLOGY

Penn Medicine Washington Square  
800 Walnut Street, 10th Floor  
Philadelphia, PA 19107  
215.829.3409

### Providers:

Victor Carpiello, MD  
R. Caleb Kovell, MD  
Ariana Smith, MD


Perelman Center for Advanced Medicine  
3rd Floor West Pavilion  
3400 Civic Center Blvd  
Philadelphia, PA 19104  
215.662.2891

### Providers:

William Jaffe, MD  
Laura Jennings, PA-C  
R. Caleb Kovell, MD  
Christopher Lorenc, PA-C   
Bernice McPherson, CRNP  
Ariana Smith, MD  
Alan J. Wein, MD, PhD (hon)

Penn Medicine University City  
3737 Market Street, 4th Floor  
Philadelphia, PA 19104  
215.662.8699

### Providers:

Eleanor Bevan, PA-C  
William Jaffe, MD  
Christopher Lorenc, PA-C  
Puneet Masson, MD; Male Reproductive Medicine; Surgery\* 

Penn Medicine at Radnor  
250 King of Prussia Road  
Radnor, PA 19087  
215.662.8699

**Providers:**


Eleanor Bevan, PA.C  
Puneet Masson, MD; Male Reproductive Medicine;  
Surgery\* 

**PSYCHIATRY/BEHAVIORAL HEALTH**

**Penn Psychiatry/Behavioral Health**

The Center for Couples and Adult Families  
3535 Market St, 4th Floor  
Philadelphia, PA 19104  
215.746.5900

**Providers:**

Jacqueline Hudak, Ph.D., LMFT;  
General Couple and Family Practice,  
Diverse Family Structures, LGBT Couples\* 

**Penn Center for Women’s Behavioral Wellness** 

3535 Market Street, Room 3079A  
Philadelphia, PA 19104  
215.573.8886

**Community Resources**

**The Attic Youth Center (Age 14.23)** 

255 South 16th Street  
Philadelphia, PA 19102  
215.545.4331 Ext. 118

**John F. Kennedy Behavioral Health Center**

112 North Broad Street, 7th floor  
Philadelphia, PA, 19102  
Medicaid: 215.568.0860 x3342  
Private Insurance: 215.568.0860 x3335

**Provider:**

Lisa Pozzi, MA, LPC 

**The Mazzoni Center** 

21 S. 12th Street, 8th floor  
Philadelphia, PA 19107  
215.563.0652

**Philadelphia LGBT Counseling**

1518 Walnut Street, Suite 303  
Philadelphia, PA 19102  
215.603.7336

**The Therapy Center of Philadelphia**

Women, Transgender,  
Gender Non-Conforming  
The Philadelphia Building  
1315 Walnut Street, Suite 1004  
Philadelphia, PA 19017  
215.567.1111

**Private Practice**

**Neil J. Bonavita, LCSW**

Couples and individual therapy, Managing life transitions, Diverse Family Structures  
Medical Arts Building  
1601 Walnut Street, Suite 808  
Philadelphia, PA 19102  
215.839.6062

**Edward T. Moon, PsyD, CAADC**

Sexual minorities, substance use disorders  
255 S. 17th St., Suite 2301  
Philadelphia, PA 19103  
484.200.7362

**Steven Marc Sokoll, MD**

Child, adolescent and adult psychiatry, College student psychiatry, Sexuality and gender issues  
320 Quarry Lane  
Haverford, PA 19041  
255 S. 17th Street, Suite 2601  
Philadelphia, PA 19103  
610. 649.4511



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**GENDER AND SEXUALITY DEVELOPMENT CLINIC AT THE CHILDREN’S HOSPITAL OF PHILADELPHIA**

Provides assessment, medical management, and other support for gender variant or transgender children and adolescents.

**Adolescent Medicine: Gender Clinic**

3550 Market Street 5th Floor  
Philadelphia, PA  
215.590.3537  
genderclinic@email.chop.edu

**Providers:**

Nadia Dowshen, MD\*   
Linda Hawkins, Ph.D., LPC\*   
Wilma C. Rossi, MD 



LGBT people have specific health needs. To receive the best care, it is helpful to tell your health care provider that you are LGBT.

The following tips can guide you in coming out to your provider.

- **Bring Support** - If you are feeling nervous about coming out, bring a partner, family member, or friend for support.
- **Be Comfortable** - Speak openly about your sexual orientation or gender identity when you feel most comfortable.
- **Be Direct and Honest** - You can say something like, “It is important that you know I am gay/lesbian/bisexual/ transgender. Now that you know this, is there anything about my health care and my sexual orientation/gender identity we should talk about?”
- **Be Open and Patient** - If your provider uses the wrong terms or pronoun when referring to you or your partner, allow them to know which terms you prefer.

References:

Gay and Lesbian Medical Association – Ten Things Gay Men, Lesbians, Bisexuals, and Transgender Persons Should Discuss with their Health Care Providers.

Centers for Disease Control and Prevention – Lesbian, Gay, Bisexual, and Transgender Health.

LGBT people can feel shame and bias. They may find it hard to receive good health care. They may also have less health care options. Many may feel that health care providers do not know their health needs. The list below gives information about common health and wellness topics within the LGBT community. While these may not affect everyone, these are important health concerns.



The Hospitals of the University of Pennsylvania - Penn Presbyterian are ranked among the top hospitals in the United States by U.S. News & World Report.

## CANCER

The LGBT community experiences some cancers more often. Lesbian women have a higher chance of getting breast cancer and some gynecological cancers. Gay and bisexual men have anal cancer more often, more so if HIV-infected. Tests can be done to check for cancer. Talk with a healthcare provider about how and when to check for cancer.

### Abramson Cancer Center

The Abramson Cancer Center provides a full range of cancer treatment. To locate a Penn cancer specialist or to schedule an appointment for cancer screening, call 800.789.PENN (7366) or visit [PennCancer.org](http://PennCancer.org)

## HEART HEALTH

LGBT individuals should take care of their heart health, particularly if they smoke or use certain hormones. Talk to your healthcare provider about ways to be heart healthy.

### Penn Heart and Vascular Care

Penn's heart and vascular services provides medical and surgical care. To schedule an appointment, call 800.789.PENN (7366) or visit [PennMedicine.org/Heart](http://PennMedicine.org/Heart)

## MENTAL HEALTH AND ADDICTION

Some LGBT individuals may experience depression; anxiety; heavy drinking; tobacco use, and drug use. If you are struggling with mental health concerns or addiction issues, there are resources to help.

### Penn Behavioral Health

Penn Behavioral Health offers treatment for many mental health concerns. For the program that best meets your needs, call 866.301.4724 or visit [PennMedicine.org/BehavioralHealth](http://PennMedicine.org/BehavioralHealth)

### Comprehensive Smoking Treatment Program at the Penn Lung Center

Penn's Comprehensive Smoking Treatment Program provides help for patients trying to quit smoking. To request an appointment call 888.PENN.STOP (888.736.6786) or visit [PennMedicine.org/SmokingCessation](http://PennMedicine.org/SmokingCessation)

### Addictions Assessment Center at Presbyterian Medical Center

The Addictions Assessment Center (AAC) at Penn Presbyterian Medical Center is open 365 days a year for evaluation of behavioral health needs. Assessment Counselors will determine which level and type of care best meets the needs of the patient. For more information about this service, please call 215.662.8747 or visit [PennMedicine.org/PPMCAAddictionsAssessment](http://PennMedicine.org/PPMCAAddictionsAssessment)

## RELATIONSHIPS AND FAMILY

Many LGBT individuals and couples across America are raising or want to have children. Services are available to help you start a family and deal with various relationship and family issues.

### Penn Fertility Care

Penn Fertility Care offers a variety of services including sperm insemination and egg donations. To request an appointment, call 800.789.PENN (7366) or visit [PennMedicine.org/LGBTfertility](http://PennMedicine.org/LGBTfertility)

### Center for Couples and Adult Families

Penn's Center for Couples and Adult Families provides counseling services and resources for individuals, couples, groups, and families. To make an appointment call 215.746.5900 or visit [med.upenn.edu/ccaf/index.html](http://med.upenn.edu/ccaf/index.html)

## PREVENTATIVE CARE

Preventative care is an important part of maintaining your health, and may include immunizations, vaccines, screenings, and regular check-ups. The Hepatitis A and Hepatitis B vaccines are recommended for most gay and bisexual men, while the Human Papillomavirus (HPV) vaccine is recommended for women and most gay and bisexual men through age 26. Speak to your provider about receiving these vaccinations.

### Penn Primary Care

Penn Primary Care physicians offer outstanding, personalized care, and will provide needed vaccinations for their patients. To request an appointment, call 800.789.PENN (7366) or visit [PennMedicine.org/PrimaryCare](http://PennMedicine.org/PrimaryCare).

## INFECTIOUS DISEASES – HIV, HEPATITIS, STIS

To reduce the risk of contracting HIV, STIs, certain types of hepatitis always practice safe sex by using condoms and dental dams.

Men who have sex with men, transgender women and bisexuals are at increased risk for viruses that cause Hepatitis, a serious liver disease. Talk to your provider about receiving the Hepatitis A and B vaccine and being screened for Hepatitis A, B and C. If you have Hepatitis C, there are new, effective treatments with fewer side effects.

Men who have sex with men are more likely to contract HIV than other groups. However, anyone who is sexually active is at risk and should be tested annually for HIV and other sexually transmitted infections (STIs). If you are HIV-infected, we can connect you with skilled providers. If you are in a relationship where one of you is HIV-infected, talk to your healthcare provider about options for HIV prevention. Talk to your provider about pre-exposure prophylaxis or PrEP, which prevents HIV infection if you are exposed to the virus. This is done by taking one pill every day. When taken every day, PrEP can greatly reduce the risk of HIV infection. Providers in our directory who prescribe PrEP have the letter P next to their name.

### Penn Infectious Diseases

Penn Infectious Diseases provides primary care for patients with HIV, Hepatitis B, Hepatitis C, STIs, and other infectious diseases. To schedule an appointment with a physician, call 800.789.PENN (7366) or visit [PennMedicine.org/Infectious](http://PennMedicine.org/Infectious).



The Transgender Patient Advocate Program is part of the Penn Medicine Program for LGBT Health and provides advocacy and support for trans-identified, gender non-conforming and gender queer patients at Penn Medicine. Transgender patient advocates assist patients in finding appropriate providers, making appointments and ensuring optimal patient care for transgender identified individuals at Penn Medicine.

All individuals, including those of non-conforming gender identities, are welcomed into this program. We use the word "transgender" or "trans" to refer to anyone identifying along – or outside of – the transgender spectrum.

## CONTACT US TODAY

If you are interested in working with one of our transgender patient advocates.

## FOR MORE INFORMATION

PLEASE CALL 215.573.8499

EMAIL [LGBTlth@med.upenn.edu](mailto:LGBTlth@med.upenn.edu)

LEARN MORE [PennMedicine.org/LGBT](http://PennMedicine.org/LGBT)



Penn Medicine

To learn more about the Penn Medicine Program for LGBT Health or to view a list of providers who regularly care for LGBT patients, visit [PennMedicine.org/LGBT](https://www.pennmedicine.org/LGBT) or call **800.789.PENN (7366)**.



Penn Medicine